PREAMBLE

This document outlines the rules and regulations for the conduct of and participation in the National School Games (NSG). These rules and regulations should be interpreted and implemented in alignment to the spirit of the SSSC’s Mission, Aspirations and Motto (Ref Annex A).

SECTION A – ADMINISTRATIVE RULES & REGULATIONS

1 ORGANISATION STRUCTURE AND GOVERNING BODIES

1.1 The National School Games (NSG) Taekwondo shall be conducted:

1.1.1 as governed by the General Rules and Regulations of the Singapore Schools Sports Council.

1.1.2 according to the laws/rules established by the respective International Federations (IFs) / governing bodies.

1.1.3 adhering to the Baseline Safety Standards for the NSG.

1.1.4 according to the World Taekwondo Federation (WF) rules adopted and modified by the Singapore Taekwondo Federation (STF) for safety/developmental reasons to suit the level of our school students.

1.1.5 In the absence of a set of recognised rules to govern the occurrence of situations during the competitions, the respective National School Games Organising Committee shall make a decision, with reference to the rules of the prevailing International Federations.

2 DIVISIONS

2.1 All students shall compete in their respective divisions according to their year of birth. They are as follow:

<table>
<thead>
<tr>
<th>Division</th>
<th>Date Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Division*</td>
<td>2 Jan 1999 --- 31 Dec 1999</td>
</tr>
<tr>
<td></td>
<td>1 Jan 2000 --- 31 Dec 2000</td>
</tr>
<tr>
<td></td>
<td>1 Jan 2001 --- 31 Dec 2001</td>
</tr>
<tr>
<td></td>
<td>1 Jan 2002 --- 31 Dec 2002</td>
</tr>
<tr>
<td></td>
<td>1 Jan 2003</td>
</tr>
</tbody>
</table>
* Subject to the following conditions:

- All students in the Junior Colleges and Centralised Institute must compete in the 'A' Division.
- Year 1 to Year 4 students in the Integrated Programme (i.e. Through-Train Programme) and International Baccalaureate Programme will compete in their respective age group. Those in Year 5 (equivalent to JC 1) and Year 6 (equivalent to JC 2) must compete in the 'A' Division.
- All students in Secondary Schools must compete in the 'B' or 'C' Division according to their year of birth.
- All students in Secondary Schools not born in the stipulated year for 'B' or 'C' Division must compete in the 'A' Division.

3 ENTRIES

3.1 Poomsae

3.1.1 For poomsae, each school may field a maximum of three male and three female performers per individual colour category, and one male and one female team per colour category.

3.1.2 A student may participate in only ONE individual (his/her current grade or up to two belt grade above) and/or TWO team events (his/her current grade up to Red 1).

3.1.3 Schools are allowed to have all registered athletes of the school team to be registered as reserves for the Poomsae Team Event, so long as they are registered for less than 2 Team Events. This is to ensure that the team can still compete in the event where the actual member(s) is unable to participate, without having to seek the TKD Organising Committee’s approval for substitution.

3.1.4 The number of Poomsae events are as follow:

- 10 colour-categories (Individual - Male)
- 10 colour-categories (Individual - Female)
- 10 colour-categories (Team – Male)
- 10 colour-categories (Team – Female)

3.2 Kyorugi

3.2.1 For Kyorugi, each school is allowed to submit a maximum of 2 players per weight category. They can only compete in their grade category.

3.2.2 The number of Kyorugi events are as follow:
- 12 weight categories (Individual – Male)
- 12 weight categories (Individual – Female)

3.3 All entries must be submitted through the e-Registration portal at https://nsg.moe.edu.sg/nis/#/login on or before the stipulated closing date. This includes details of participants along with the necessary supporting documents.

   a) Baseline Safety Standards Acknowledgement Form
   b) Supporting documents for Special/Transfer case student
   c) Other forms as determined by the TKD Organising Committee

4 REGISTRATION OF PARTICIPANTS

4.1 Only members with STF certification are allowed to register for the competition. The total number of participants to be registered shall not deviate from that stated in the Rules and Regulations of the NSG Taekwondo.

4.2 The date of posting in the Joint Admission Exercise (JAE) of students announced by MOE shall be the day in which a student would be deemed as a bona fide member of the school or JC or CI.

4.3 Students requesting for a transfer after the Joint Admission Exercise may not represent their new school until the transfer has been officially effected.

4.4 International students can only be registered to play for their school after they have been issued with the student passes from the Immigration and Checkpoints Authority (ICA).

4.5 If a school chooses not to register the maximum number of competitor(s) allowed by the sports/game, at the time of submitting the registration, the school shall not be permitted to register additional competitor(s) subsequently, except when these students are repeating their course of study after the release of national examination results.

4.6 International students who are in the schools/junior colleges/centralised institute on exchange programme are not allowed to represent the school.

4.7 Students granted Leave of Absence (LOA) by MOE will be allowed to represent the school.

4.8 Registration constitutes representation, that is, once a student is registered to play for a school/junior college/centralised institute, he or she is deemed to have represented his or her school/junior college/centralised institute. Hence, the student is not allowed to represent another school/junior college/centralised institute in the NSG Taekwondo in the same year.
SECTION B – COMPETITION RULES & REGULATIONS

5 COMPETITION FORMAT

5.1 Poomsae

5.1.1 For the competition in each category to be carried out officially, there must be a minimum of 3 participants in the individual event and a minimum of 3 teams from 3 different schools in the colour category. The event shall be cancelled if there are fewer than 3 participants in the individual event and the team event will be cancelled if there are fewer than 3 teams from 3 different schools in the colour category.

5.1.2 The cut-off system shall be used for the competition – for example, if there are more than 10 participants in the category, and 8 will be selected for the finals. And if there are fewer than 10 participants in the category, all will be direct for the finals.

5.1.3 The number of finalists may increase should there be participants having equal scores (For example, if there are more than one participant sharing the same score for the 8\textsuperscript{th} position, all the performers will move to the finals)

5.1.4 If there is a tie for any of the top four positions, the participants will have to compete again to break the tie.

5.1.5 The organiser reserves the right to modify the method of competition.

5.2 Kyorugi

5.2.1 There must be a minimum of 3 participants from 3 different schools for the competition in the weight category to be held. The event shall be cancelled if there are fewer than 3 participants from 3 different schools in the weight category.

5.2.2 The knockout system shall be used for the competition for 4 or more participants in a weight category. If there are 3 or 4 participants in a weight category, a round robin format shall be used.

5.2.3 Participants do not have to compete for the 3\textsuperscript{rd} and 4\textsuperscript{th} placing. Both players will automatically be awarded the bronze medal.

6 AWARD OF POINTS

6.1 The following point system shall apply for Senior Division:

- 5 points for each gold medal won
- 3 points for each silver medal won
- 1 point for each bronze medal won
- 1 additional point for every match won in the kyorugi competition
- 1 additional point for clearing each stage of the poomsae competition
7  PRIZES

7.1 The number of prizes to be awarded up shall be as follows:

- 3 individuals/teams: 2 prizes
- 4 individuals/teams: 3 prizes
- 5 or more teams: 4 prizes

7.2 Prize recipients shall collect their prizes either in their school track suits or taekwondo uniform.

8  REPORTING AND GRACE PERIOD

8.1 Fifteen minutes (15 min) grace is allowed. The Convenor or his/her representative may at his/her discretion extend this grace period if he/she thinks the extension of grace period is justifiable (e.g. in special cases when delay may be caused by traffic jams, etc). However, the team concerned must contact the Convenor or his/her representative at the venue concerned to inform him/her of the delay. Teams must abide by the decision of the Convenor or his/her representative.

9  POSTPONEMENT

9.1 The Convenor or his representative shall, at his/her discretion, decide to postpone a match if he thinks the venue is unfit for play, or for any other valid reasons for which he deems a postponement is in order. All participants must abide by the decision of the Convenor or his/her representative.

10  WITHDRAWAL AND /WALK-OVER

10.1 Any withdrawal or walkover is considered contrary to the spirit of the game.

10.2 Schools participating in the NSG should not withdraw or give walk-over unless it is a technical withdrawal or walk-over.

10.3 Technical withdrawal means that the player is outclassed in the match and technical walk-over happens when the player has to concede defeat because he or she is injured.

10.4 For each withdrawal or walk-over, a written explanation duly endorsed by the Principal shall be submitted to the Organising Chairman within two working days. A copy each is to be extended to the Advisors and the Technical Delegate.

10.5 For withdrawal or walk-over, a player or team will be disqualified from receiving any points, placing or medals. However, any merits earned by the participant will still be recognised for technical withdrawal or walkover.

11  ABANDONED GAME

11.1 The referee/umpire/match manager is required to submit a written report on an abandoned game within one (1) working day.
11.2 For decision on abandoned game, refer to Para 20 on disqualifications.

12 PROTEST

12.1 Any clarification on points of laws/rules, must be lodged immediately by the Team Manager (TM) to the referee/umpire/judge. The decision taken by the referee/umpire/judge will be final.

12.2 All protests shall be referred to the TKD Organising Committee. The protest(s) must reach the Committee within one (1) working day following the match to which it relates unless stipulated otherwise in the respective games rules. The protest must be in writing and duly signed by the principal. A protest fee of one hundred and fifty-dollars ($150)\(^1\) will be deducted from the protesting school's account, via IFAAS if the protest is overruled.

12.3 The TKD Organising Committee will deliberate on the protest within three (3) working days unless stipulated otherwise in the respective games rules. The decision will then be made known in writing to the school concerned by the next day.

12.4 If the protest is upheld, the protest fee will not be required. If it is overruled, the protest fee of $150 will be deducted from the protesting school's account, via IFAAS.

12.5 When there is any conflict of interest, the school(s) involved will not sit in the committee considering the protest.

13 APPEAL

13.1 Upon the release/disclosure of the decision of the TKD Organising Committee, only schools may appeal to the Council.

13.2 Notices of appeal shall be lodged with the Secretary / Secretariat of the Zone/Central Council within two (2) working days upon receiving the TKD Organising Committee’s Decision. An appeal fee of three hundred dollars ($300) will be deducted from the appealing school's account, via IFAAS if the appeal is overruled.

13.3 The Board of Appeal will deliberate on the appeal. The decision of the Board of Appeal shall be final (Please refer to Annex C).

14 SUSPENSION

14.1 A participants suspended by any one of the following bodies is barred from participating in the NSG for that sport for the period of suspension:

   a) The School
   b) The Zone Council
   c) The SSSC
   d) Singapore Taekwondo Federation

\(^1\) Amount is inclusive of GST.
15 TEAM MANAGER (TM)

15.1 Each participating team must be accompanied by a TM who shall remain with the team throughout the duration of play (Please refer to Annex D).

15.2 The TM shall be a teacher or School Adult Representative\(^2\) (SAR) appointed by the participating school. The appointment of an SAR as a TM should be based on the conditions and considerations given.

15.3 TMs are expected to conduct themselves with decorum during competitions.

15.4 TMs are not allowed to interfere with the final decision taken by the referee/umpire/judge/official on points of laws/rules after clarification has been sought. If such interference results in disruption of any match, a report shall be made by the Convenor and the matter brought to the attention of the NSGOC for appropriate action.

16 REFEREE / UMPIRE / JUDGE / OFFICIAL

16.1 Where required by the specific sports' rules and regulations, participating schools shall provide a referee/umpire/judge/official based on the requirements of the respective sports’ rules.

16.2 Education Officers, Contract Adjunct teachers, Flexi-adjunct teachers and Allied Educators can serve as officials.

16.3 Schools have to ensure that their referees/umpires/judges/officials are present to fulfil their duties as scheduled by the Convenor (Please refer to Annex A for officials’ oath).

17 COACHES

17.1 Coaches are expected to conduct themselves with decorum during competitions (Please refer to Annex E).

17.2 Coaches are not allowed to approach the officials to query their decisions. Only TMs are allowed to approach officials to seek clarifications.

17.3 Schools must ensure that their coaches adhere to the SSCS Rules and Regulations and the Code of Conduct (Please refer to Annex A for coaches’ oath).

18 SUPPORTERS

18.1 Schools sending supporters to any competition shall ensure that their students are in proper school uniform and that there is sufficient number of teachers on duty to maintain discipline.

18.2 All supporters are required to remain within the stipulated area for supporters throughout the competition. They are not allowed to be in the competition arena.

\(^2\) SAR option is only available for the following individual sports: Cross-Country, Fencing, Golf, Gymnastics, Judo, Sailing, Shooting, Swimming, Taekwondo, Tenpin Bowling, Track & Field and Wushu
18.3 Participating schools must ensure that their supporters and spectators attending the competition(s) conduct themselves properly (Refer to Annex A). In the event that unsportsmanlike behaviour is observed, the Convenor may, at his discretion, issue an eviction of the spectator from the training/competition venue.

19 BREACH OF CODE OF CONDUCT BY TMS / PARTICIPANTS / OFFICIALS / COACHES / COACHES

19.1 A Disciplinary Panel comprising members of the TKD Organising Committee will be formed to investigate the breach, presided by a Principal, who is the Chairman of the Discipline and Recognition Sub-Committee. The Panel may co-opt members outside the NSGOC, including personnel from the national sports association, to provide technical advice.

19.2 Appeal against the decision of the Disciplinary Panel may be submitted by the school (for participants, coaches, and TMs and/or the official, to the Council, whose decision shall be final (Please refer to Para 13 with regards to the Appeal process).

20 DISQUALIFICATION

20.1 A school will be disqualified if it commits any of the following:

   e) if it fields an ineligible participants who is:
      i. an overage participants
      ii. an underage participants
      iii. an unregistered participants
      iv. a suspended participants
      v. a participants without a valid student pass
      vi. a non-bona fide participants
   f) team/ participants not accompanied by a TM
   g) team/participants which caused the game/match to be abandoned

20.2 All results involving the team which has been disqualified will be considered null and void.

21 ATTIRE

21.1 All school athletes must be suitably attired in accordance with the requirement of the Singapore Taekwondo Federation. The attire should clearly bear the STF name on the back and STF logo on the left sleeve.

21.2 For safety reasons, Kyorugi athletes are to bring along compulsory personal fitting mouth guard and groin guard which are approved by WF or STF.

21.3 A performer will be barred from participating if he or she cannot fulfill this condition fully.
SECTION C – GAME RULES & REGULATIONS

22 POOMSAE

22.1 Students in the A, B and C Divisions holding at least a grade 9 (white with yellow tip) certification issued or endorsed by the STF. The grade shall be on or before 8 March 2019.

22.2 Colour Categories:

<table>
<thead>
<tr>
<th>Individual (Male &amp; Female)</th>
<th>Team of Three (Male &amp; Female)</th>
</tr>
</thead>
<tbody>
<tr>
<td>White 9</td>
<td>White 9</td>
</tr>
<tr>
<td>Yellow 8</td>
<td>Yellow 8</td>
</tr>
<tr>
<td>Yellow 7</td>
<td>Yellow 7</td>
</tr>
<tr>
<td>Green 6</td>
<td>Green 6</td>
</tr>
<tr>
<td>Green 5</td>
<td>Green 5</td>
</tr>
<tr>
<td>Blue 4</td>
<td>Blue 4</td>
</tr>
<tr>
<td>Blue 3</td>
<td>Blue 3</td>
</tr>
<tr>
<td>Red 2</td>
<td>Red 2</td>
</tr>
<tr>
<td>Red 1</td>
<td>Red 1</td>
</tr>
<tr>
<td>Poom/Black</td>
<td>Poom/ Black</td>
</tr>
</tbody>
</table>

22.3 Competition Poomsae for all stages:

<table>
<thead>
<tr>
<th>White 9</th>
<th>Preliminary Taegeuk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yellow 8</td>
<td>Taegeuk 1</td>
</tr>
<tr>
<td>Yellow 7</td>
<td>Taegeuk 2</td>
</tr>
<tr>
<td>Green 6</td>
<td>Taegeuk 3</td>
</tr>
<tr>
<td>Green 5</td>
<td>Taegeuk 4</td>
</tr>
<tr>
<td>Blue 4</td>
<td>Taegeuk 5</td>
</tr>
<tr>
<td>Blue 3</td>
<td>Taegeuk 6</td>
</tr>
<tr>
<td>Red 2</td>
<td>Taegeuk 7</td>
</tr>
<tr>
<td>Red 1</td>
<td>Taegeuk 8</td>
</tr>
<tr>
<td>Poom</td>
<td>Koryo</td>
</tr>
</tbody>
</table>

22.4 Performance Order: The sequence of performance for the competitor shall be as follows:

a) Individual (shall be decided by ballot)
b) Team of 3 (shall be decided by ballot)

22.5 It is compulsory for students to submit the Data Collation Form (Annex B) to schools with endorsement of the coach OR Taekwondo Club (Affiliated with Singapore Taekwondo Federation). The Data Collation form only serves to collate the information from participating students for registration by teacher-in-charge via the official eRegistration system.

22.6 Method of Poomsae Competition: Cut-off system
### KYORUGI

23.1 Students in the B and C Divisions holding red, poom or dan certification obtained on or before 8 March 2019 and issued or endorsed by the STF.

23.2 The weigh-in of players will be conducted at the competition day when they report to the competitor steward. Players who do not meet their weight categories will be disqualified.

23.3 The size of the arena shall be 7m x 7m.

23.4 The duration of the competition shall be 3 rounds of 1 minute each with 30 seconds break in between rounds. (The organising committee reserves the right to modify the duration & no. of rounds.)

23.5 Four points shall be given for points scored using back kick or 360 kick.

23.6 Kicking to the head is not allowed. The offender shall be declared loser by penalty.

23.7 Headgear and body protector will be provided by the organiser. The other mandatory protective equipment (e.g., shin and forearm guard, groin guard, mouth piece (fitting) and gloves etc) shall be the responsibility of participants. Participants may use their own headgear and body protector. All equipment must be STF-approved.

23.8 Method of Kyorugi Competition: Single-elimination system

23.9 Divisions: **B DIVISION**

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 36 kg</td>
<td>Not exceeding 36 kg</td>
</tr>
<tr>
<td>Under 40 kg</td>
<td>Over 36 kg but not exceeding 40 kg</td>
</tr>
<tr>
<td>Under 44 kg</td>
<td>Over 40 kg but not exceeding 44 kg</td>
</tr>
<tr>
<td>Under 48 kg</td>
<td>Over 44 kg but not exceeding 48 kg</td>
</tr>
<tr>
<td>Under 52 kg</td>
<td>Over 48 kg but not exceeding 52 kg</td>
</tr>
<tr>
<td>Under 56 kg</td>
<td>Over 52 kg but not exceeding 56 kg</td>
</tr>
<tr>
<td>Under 60 kg</td>
<td>Over 56 kg but not exceeding 60 kg</td>
</tr>
<tr>
<td>Under 64 kg</td>
<td>Over 60 kg but not exceeding 64 kg</td>
</tr>
<tr>
<td>Under 68 kg</td>
<td>Over 64 kg but not exceeding 68 kg</td>
</tr>
<tr>
<td>Under 72 kg</td>
<td>Over 68 kg but not exceeding 72 kg</td>
</tr>
<tr>
<td>Under 76 kg</td>
<td>Over 72 kg but not exceeding 76 kg</td>
</tr>
<tr>
<td>Over 76 kg</td>
<td>Over 76 kg</td>
</tr>
</tbody>
</table>

**C DIVISION**

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 34 kg</td>
<td>Not exceeding 34 kg</td>
</tr>
<tr>
<td>Under 38 kg</td>
<td>Over 34 kg but not exceeding 38 kg</td>
</tr>
<tr>
<td>Under 42 kg</td>
<td>Over 38 kg but not exceeding 42 kg</td>
</tr>
<tr>
<td>Under 46 kg</td>
<td>Over 42 kg but not exceeding 46 kg</td>
</tr>
<tr>
<td>Under 50 kg</td>
<td>Over 46 kg but not exceeding 50 kg</td>
</tr>
</tbody>
</table>
Under 54 kg  Over 50 kg but not exceeding 54 kg
Under 58 kg  Over 54 kg but not exceeding 58 kg
Under 62 kg  Over 58 kg but not exceeding 62 kg
Under 66 kg  Over 62 kg but not exceeding 66 kg
Under 70 kg  Over 66 kg but not exceeding 70 kg
Under 74 kg  Over 70 kg but not exceeding 74 kg
Over 74 kg    Over 74 kg

23.10 It is compulsory for students to submit the Data Collation Form (Annex B) to schools with endorsement of the coach OR Taekwondo Club (Affiliated with Singapore Taekwondo Federation). The Data Collation form only serves to collate the information from participating students for registration by teacher-in-charge via the official eRegistration system.

24  PROCEDURE

24.1 All participants must be ready to report to the competitor stewards for arrangement or inspection when their names are called. This will be at least half an hour before they are due to compete.

24.2 Poomsae performers must wear the uniform and the belt colour for the category they are competing in.

24.3 Those who fail to be ready for the performance or contest or fail to appear within two minutes before the scheduled start of their performance or contest shall be deemed as having withdrawn from the competition. No grace period shall be given unless there is a calamity which affects a good number of participants.

24.4 Each participant must be accompanied onto the competition arena by a coach with a professional pass. A participant will not be allowed to compete without a coach.

24.5 All participants shall abide by the general rules and regulations governed by the Singapore Schools Sports Council of the competition and accept the decisions of the judges or the Competition Supervisory Board graciously.
SECTION D – AMENDMENTS AND MATTERS NOT PROVIDED FOR

25  MATTERS NOT PROVIDED FOR

25.1 All matters not provided for in these Rules and Regulations shall be dealt with by the TKD Organising Committee.

26  AMENDMENTS

26.1 The Singapore Schools Sports Council shall have the right to delete, add or amend the rules and regulations laid down herein.
Annex A

SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL (SPSSC)  
AND SINGAPORE SCHOOLS SPORTS COUNCIL (SSSC)  
Mission, Motto and Aspirations

Mission Statement
“To provide quality competition experience to our school athletes to support character development through the pursuit of sporting excellence”

Motto
“Character in Sporting Excellence”

ATHLETES’ OATH

“In the name of all competitors
we promise that we shall take part
in these National School Games,
respecting and abiding by the rules which govern them,
committing ourselves to the true spirit of sportsmanship,
without doping and without drugs,
for the glory of sport
and the honour of our team.”

(Revised version 2015; Adapted from the Olympic Athletes’ Oath, 1909)

Character in Sporting Excellence

Aspiration 1: Every athlete an honourable sportsman

Guiding Principle:
The athlete abides by the rules of the game, gives his best in training and competitions, wins humbly and loses graciously. He participates actively and is committed to the skills development in his sport. He respects his opponents, teammates, coaches, teachers and officials, and displays exemplary conduct both on and off court.
Aspiration 2: Every teacher and coach an inspiring role model and mentor

Guiding Principle:

The teacher/coach endeavours to develop each athlete to his fullest potential. He focuses on student-centric and values-driven coaching. He maintains a professional relationship with the athletes and ensures their safety and well-being at all times. As a positive role model, he inspires and motivates the athletes towards greater heights.

**COACHES’ OATH**

In the name of all the coaches, we promise to respect all athletes, officials and coaches in these National School Games. We shall act in the best interest of the athletes and schools, without doping and without drugs. We commit ourselves to ensure that the spirit of sportsmanship and fair play is fully adhered to and upheld always.”

(Revised 2016; Adapted from the Olympic Coaches’ Oath, 2012)

**Character in Sporting Excellence**
Aspiration 3: Every official a fair, respectable and competent authority

Guiding Principle:

The official is well-versed in the rules of the sport, and enforces the laws of the game with impartiality. He is alert and acts decisively when required. He ensures safety for all athletes and explains the rules when required. He upholds the professionalism of the sport.

Aspiration 4: Every parent a supportive partner

Guiding Principle:

The parent takes interest in his child’s training and competitions. He ensures proper nutrition and rest, and actively enquires on his child’s progress and development. He works with the teacher and coach, attends games and respects the referee’s decisions.
**Aspiration 5: Every spectator a respectful, responsible and caring motivator**

**Guiding Principle:**

The spectator makes the effort to applaud excellence and fair play. The spectator shows appreciation for the efforts of all athletes, teachers, coaches, officials and organisers. He should cheer to encourage and motivate as well as care for the athletes’ well-being. The parent takes interest in his child’s training and competitions. He is responsible and keeps the venue safe and comfortable for all.

**Spectators’ Creed**

- **Be a Respectful Supporter**
  - Applaud excellence and fair play
  - Appreciate the efforts of all athletes, teachers, coaches, officials and organisers

- **Be a Caring Motivator**
  - Cheer to encourage and motivate
  - Care for athletes’ well-being

- **Be a Responsible Spectator**
  - Keep the venue safe and comfortable for all
  - Keep the venue clean

**Character in Sporting Excellence**

**Aspiration 6: Every game a safe and enriching learning experience**

**Guiding Principle:**

The format of competition is developmental and age-appropriate. The games provide athletes with the opportunity to display their sporting prowess, and be recognised for their achievements. Athletes enjoy the competitions, which are conducted under safe and conducive environments.
ANNEX B

NATIONAL SCHOOL GAMES TAEKWONDO CHAMPIONSHIPS 2019
DATA COLLATION FORM
(FOR SECONDARY SCHOOLS AND JUNIOR COLLEGES)

Note:
- It is **compulsory** for students to submit this form to schools with endorsement of the coach OR Taekwondo Club (Affiliated with Singapore Taekwondo Federation)
- This form only serves to collate the information from participating students for registration by teacher-in-charge via the official eRegistration system
- Submission of form to teacher-in-charge **does not constitute registration**. School will make the final decision on the students to be officially registered for the competition.
- Student athletes should be accompanied by his/her qualified coach on competition day.

Registration Rules

1) Kyorugi
   Each school is allowed to submit a maximum of 2 players per weight category (for B & C Division only).

2) Poomsae
   Each school may field a maximum of three male and three female performers per individual colour category and one male and one female team per colour category.

3) Poomsae
   A student may participate in only **ONE** individual (his/her current grade up or up to two belt grade above) and/or **TWO** team events (his/her current grade up to Red 1).

---

School

Type of Competition: Kyorugi / Poomsae*

Division: C / B / A*

Name of Student
(as in BC/NRIC/Passport):

Class: ____________________________ Gender: F / M*

NRIC: ____________________________ Date of Birth: ____________ (dd/mm/yyyy)

Weight: ____________ (to the nearest 1 decimal place)

<table>
<thead>
<tr>
<th>Highest Belt / Grade Attained:</th>
<th>White 9</th>
<th>Yellow 8</th>
<th>Yellow 7 (Green Stripe)</th>
<th>Green 6</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>☐ Red 2</td>
<td>☐</td>
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<tr>
<td>☐ Red 1 (Black Stripe)</td>
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<tr>
<td>☐ Poom/Black</td>
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</table>

For Kyorugi, only students with these Belt/Grade are eligible

Date Highest Belt/Grade Attained: ________________ (dd/mm/yyyy)
<table>
<thead>
<tr>
<th>Participating Category (applicable only for Poomsae)</th>
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</thead>
<tbody>
<tr>
<td><strong>Individual (max 2 categories)</strong></td>
</tr>
<tr>
<td>□ White 9</td>
</tr>
<tr>
<td>□ Yellow 8</td>
</tr>
<tr>
<td>□ Yellow 7 (Green Stripe)</td>
</tr>
<tr>
<td>□ Green 6</td>
</tr>
<tr>
<td>□ Green 5 (Blue Stripe)</td>
</tr>
<tr>
<td>□ Blue 4</td>
</tr>
<tr>
<td>□ Blue 3 (Red Stripe)</td>
</tr>
<tr>
<td>□ Red 2</td>
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<tr>
<td>□ Red 1 (Black Stripe)</td>
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<tr>
<td>□ Poom/Black</td>
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</tbody>
</table>

 DETAILS AND ENDORSEMENT BY COACH / TAEKWONDO CLUB (STF AFFILIATED)

Club (if any):  

Name of Coach  
(as in NRIC/Passport):  

Coach Pass No.  
Coaching Qualification:  2 / 3*  

Signature  
Date  
Contact number  


SSSC PROCEDURE FOR APPEALS
WORKFLOW

<table>
<thead>
<tr>
<th>STAGE 1</th>
<th>SCHOOL MAKES AN APPEAL IN WRITING TO SECRETARIAT/SSSC and THE APPEAL MUST COMPLY WITH THE SSSC GENERAL RULES AND REGULATIONS PARA. 12</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>This must be done <strong>within two working days</strong> upon receiving the NSGOC’s Decision.</td>
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</table>

<table>
<thead>
<tr>
<th>STAGE 2</th>
<th>PART 1 - ACKNOWLEDGEMENT OF LETTER OF APPEAL</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Upon receiving the official Letter of Appeal, SSSC Secretariat will acknowledge the date and time the letter is received.</td>
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<table>
<thead>
<tr>
<th>STAGE 2</th>
<th>PART 2 - SUSPENSION/RESUMPTION OF CHAMPIONSHIPS</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Communication will be made by National Convenor to all stakeholders.</td>
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</table>

<table>
<thead>
<tr>
<th>STAGE 3</th>
<th>FORMATION OF SSSC BOARD OF APPEAL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Chairman/SSSC Discipline &amp; Appeals Sub-Committee to convene a Board of Appeal (BoA) to look into the matter and also provide a timeline for completion.</td>
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<td></td>
<td>(Refer to suggested timeline for completion)</td>
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<tr>
<th>STAGE 4</th>
<th>OUTCOME AND CLOSURE OF SSSC BOARD OF APPEAL</th>
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<tr>
<td></td>
<td>BoA Secretariat will arrange for a meeting with appellant (school) and all relevant parties to inform decision and explain process. An appeal fee of three hundred dollars ($300) will be deducted from the appealing school’s account, via IFAAS if the appeal is overruled</td>
</tr>
</tbody>
</table>

As in accordance with the SSSC General Rules and Regulations under rule 13.4, the decision of the Board of Appeal or the Standing Committee shall be final.
SINGAPORE PRIMARY SCHOOLS SPORTS COUNCIL

Role of The Team Manager

The team manager(TM) will represent the school on all matters pertaining to the administration and organisation of the competition. He/she must be good role models for the participants and are expected to conduct themselves well in carrying out their duties. He/she will do the following:

<table>
<thead>
<tr>
<th>Terms of Reference</th>
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<td>16</td>
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</table>
Code of Conduct for Coaches

1) Coaches must be good role models for the student athletes and are expected to conduct themselves well in carrying out their duties.

2) They are to observe the rules and regulations of the National School Games and honour the Coaches’ Oath.

3) They should not replace the role of the team manager.

4) They are to prepare the training schedule for the team, in consultation with the Principal and the teacher in-charge (i.e. 30-week programme)

5) They are not allowed into the competition area except where the rule of the sport requires the presence of the coach e.g. Softball and Gymnastics.

6) They cannot represent the school in any matter.

7) They must not interfere with the organisation of the competition.

8) They are not allowed to approach the game officials to query their decisions. Only team managers are allowed to approach game officials to seek clarifications.

9) Coaches violating the rules will be asked to leave the competition arena.

10) Action will be taken against the school if the coaches fail to comply with the competition rules.

11) The onus is on the coaches to adhere to the rules and to be well versed with the competition rules amended to meet the needs of the student athletes lies with the school concerned.

12) They must ensure that the student athletes have adequate rest and given water breaks.

13) Coaches should refrain from using foul language or in a tone not becoming of proper behaviour.