

37TH NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS

INFORMATION SHEET

1 SCHEDULE

- 1.1 Registration : 26 July 10 (Mon) to 6 Aug 10 (Fri) ,
9.30am to 12.00pm and 2.00pm to 4.00pm at the STF office
(except on Saturday & Sunday)
and
7 Aug 10 (Sat) from 2.30pm to 4.30pm at National Training Centre.
- 1.2 Briefing & Drawing of lots : 22 Aug 2010 (Sunday)
3.00 pm to 5.00 pm at National Training Centre
- 1.3 Preliminaries & Finals : 4 & 5 Sept 2010 (Saturday & Sunday)
11 & 12 Sept 2010 (Saturday & Sunday)
at Yishun Sports Hall

(The organising committee reserves the right to change the schedule as it deems fit)

2 ELIGIBILITY

- 1.1 Members of clubs affiliated to Singapore Taekwondo Federation (STF).
- 1.2 Red belt, poom belt and black belt holders (Grades obtained in **July 2010** or earlier).

3 CLASSIFICATIONS (FREE SPARRING)

- Young Junior (1) Division **10 years old and below**
(Born on or after year 2000)
- Young Junior (2) Division **13 to 11 years old**
(Born between year 1997 to 1999)
- Junior Division **14 to 17 years old**
(Born between year 1993 to 1996)
- Senior (1) Division **18 to 40 years old**
(Born between year 1970 to 1992)
- Senior (2) Division **41 years old and older**
(Born on or before year 1969)

(Details on the weight divisions are provided in the registration form)

4 NUMBER OF PARTICIPANTS

- 1.3 One player per weight category

5 UNIFORM

- 5.1 Contestants shall wear the official uniform of the STF. Those who fail to observe this rule will be barred from participation.

6 FIXTURES

- 6.1 The tournament fixtures will be ready on STF's web by 27 August 2010 (Fri).

7 WEIGH-IN

- 7.1 It is compulsory for all participants to undergo the official weigh-in on the event days.
- 7.2 Weigh-in shall be conducted once. Switching of weight categories after weigh-in will not be allowed.
- 7.3 During weigh-in a player shall wear T-shirt & short. However, weigh-in may be conducted in the nude if he or she wishes to do so in a private room.
- 7.4 No weigh allowance will be given. Players who are overweight or underweight shall be disqualified.

8 DRAWING OF LOTS

- 8.1 Only one representative per affiliate will be allowed to participate in draw which will be conducted on 22 August 2010 (Sunday) at 3.00pm.

9 CONTEST

- 9.1 **If there is only one contestant in any of the categories, the medal will also be counted in the overall tally for the team title.**

10 METHOD OF COMPETITION

- 10.1 Single elimination system.

11 RULES AND REGULATIONS

- 11.1 WTF and STF rules will apply.
- 11.2 Free sparring will be conducted in 3 rounds of **1.5 minutes** each with **30 seconds** rest in between rounds. The organising committee reserves the right to modify the duration.
- 11.3 Kicking to the head is prohibited for the **Young Junior & Junior Divisions**. The competitor who executes a kick to the head will be given a one-point (Gam-Jeom) deduction if there is no injury at all or an immediate disqualification if it results in any injury. Only one Gam-Jeom shall be given for head kick per match.

12 REGISTRATION

- 12.1 Registration for the championships will be open from 26 July 10 (Mon) to 6 Aug 10 (Fri) from 9.30am to 12.00pm and 2.00pm to 4.00pm at the STF office, except on Saturday & Sunday; and on 7 Aug 09 (Sat) from 2.30pm to 4.30pm at the National Training Centre.
- 12.2 **Photocopy and proofs** of participants' grades and ages (for those below 17 years old) are required for verification. Grading cards, blackbelt/poom certificates, birth certificates and passports are acceptable as documentary proofs.

12.3 Submission of in-complete registration form will constitute in disqualification of the participant. Submission **after 7 Aug 10@ 1700 hours** will not be accepted.

12.4 Registration Fee : **SS15.00** per contestants.

13 PROVISION OF REFEREE

13.1 **It is compulsory for all affiliates to provide the service of at least one qualified National Referee for the tournament.**

14 COMPETITION OFFICAL COACH PASS

14.1 All coaches are required to display their professional coach passes before entering the field of play.

14.2 Professional coach passes will be required for all tournaments organized or sanctioned by the Singapore Taekwondo Federation henceforth without exception.

15 EQUIPMENT

15.1 Participants are responsible for their own protective equipment.

15.2 All competitors will be required to wear the following protective equipment on entering the contest area :

Head gear , Trunk protector , Groin guard , Forearm guard , Shin guard , Gloves and Mouthpiece .

15.3 A female competitor will also be required to wear groin guard.

15.4 Equipment used for the competition must be approved by the STF.

16 AWARDS

16.1 The following prizes will be presented:

1 st place	: One Gold Medal
2 nd place	: One Silver Medal
3 rd place	: Two Bronze Medals

16.2 In addition to 16.1, 3 teams titles – overall champions, 1st runner-up and 2nd runner-up – will be awarded.

16.3 The titles will be based on, first, the number of gold medals won, followed by the number of silver medals won and finally the number of bronze medal collected. If there is still a tie, the number of participants fielded will decide the winner.

16.4 All medal winners must be present in FULL uniform to receive their prizes

16.5 **Special awards will also be presented, if there are suitable candidates for the following categories.**

- a. **Best Player (Male & Female)**
- b. **Best Referee (Male & Female)**
- c. **Best Coach**
- d. **Most Improved Team**
- e. **Best Cheer Team**
- f. **Best Fighting Spirit**
- g. **Most Active Team**

17 FOREIGN PARTICIPANTS

- 17.1 Each affiliate is allowed to field a maximum of 2 foreign players.
- 17.2 The medals won by the foreign participants will not be counted in the overall tally for the team title.
- 17.3 Documentary proofs of participants' grades and nationalities are required.

18 DECLARATION

- 18.1 Any previous training in other martial arts must be declared. (e.g. types of martial art ; level and years of training) ;
- 18.2 Affiliate representatives (Manager / Coaches) must ensure that parents of participants under 21 years old personally endorse the indemnity forms. They will be held responsible if the forms contain fake signatures.

19 RANDOM CHECK

- 19.1 Random checks on the participant's weight, grade and age will be conducted during the tournament . Contestants, who failed these requirements, shall be disqualified.

20 PROTEST

- 20.1 Any protest against a judgment shall be made on a prescribed form and submitted together with the fee of S\$150.00 to the Competition Supervisory Board within **15** minutes of the pertinent contest.

21 ENQUIRIES

- 21.1 For further clarification, please call: STF Secretariat at Tel: 6345 1491 or
Mr. Lee Thiam Poh (Tournament Chairman) at 9106 4421

GUIDELINES

CODE OF CONDUCT

The following guidelines are not intended to be exhaustive and include at the absolute minimum the code of conduct herein described.

1. The participants must at all times conduct and behave themselves in a manner befitting of a Taekwondo exponent and will take reasonable care to ensure that the good name of the Federation will not be tarnished by rowdy or bad behavior.
2. The decisions of all judges and referees are deemed final save that in the event of a genuine dispute or disagreement, the complainant must:
 - a) **Refrain from using of abusive language;**
 - b) **Channel his / her protest through the Team Manager or coach of his / her club to the Competition Supervisory Board.**
3. Disciplinary action shall be taken against those who attempt to discredit the officials, judges or referees.
4. No one, including the Team Manager or coach, is allowed to approach the RECORDER'S table.
5. Anyone previously disqualified is not allowed to participate without first seeking clearance from the Secretariat.
6. The Federation and / or its organisers reserve the right to vary or add to the above rules if and whenever necessary.

Arbitration and Sanction

The Competition Supervisory Board shall make corrections of misjudgments according to their decision regarding protests and take disciplinary action against the officials committing the misjudgment or any illegal behavior and the results of which shall be sent to the Secretariat of the STF. The Competition Supervisory Board shall also be entitled the Extraordinary Committee of Sanction concurrently at the competition for the matters in relation to competition management.

- 1) The STF President or Hon Secretary (in case of their absence, the Technical Delegate) may request the Extraordinary Committee of Sanction for deliberation when any of the following behaviors are committed by a coach or a contestant.
 - a) Interfering with the management of contest or stirring up the spectators for the same purpose.
 - b) Interfering with the operation of the competition conducted by the STF and the Organising Committee.
 - c) Spreading false rumor for the purpose of exerting an unwarranted influence on the judgement.
- 2) When judged reasonable, the Extraordinary Committee of Sanction shall deliberate over the matter and takes disciplinary action immediately. The result of deliberation shall be announced to the public and reported to the STF Secretariat afterwards.
- 3) The Extraordinary Committee of Sanction may summon the person concerned for confirmation of events.

Agreement

Our team agrees to abide by the guidelines.

CLUB

Full Name & Signature of Team Manager/Coach

Date

REGISTRATION FORM A - Young Junior (1)

37TH NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Date of Birth: _____ Age _____
(as at 2010)

NRIC/Passport No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

(Please X the appropriate box)

YOUNG JUNIOR (1) DIVISION (10 years old & Below) (born on or after year 2000)

CATEGORY	MALE		CATEGORY	FEMALE	
BELT	Red		BELT	Red	
	Poom			Poom	
SUPER FIN	22 kg & Under		SUPER FIN	22 kg & Under	
FIN	Over 22 – 25kg		FIN	Over 22 – 25kg	
FLY	Over 25 – 28kg		FLY	Over 25 – 28kg	
BANTAM	Over 28 – 31kg		BANTAM	Over 28 – 31kg	
FEATHER	Over 31 – 34kg		FEATHER	Over 31 – 34kg	
LIGHT	Over 34 – 37kg		LIGHT	Over 34 – 37kg	
WELTER	Over 37 – 40kg		WELTER	Over 37 – 40kg	
LT. MIDDLE	Over 40 – 43kg		LT. MIDDLE	Over 40 – 43kg	
MIDDLE	Over 43 – 46kg		MIDDLE	Over 43 – 46kg	
LT. HEAVY	Over 46 – 49kg		LT. HEAVY	Over 46 – 49kg	
HEAVY	Over 49 – 52kg		HEAVY	Over 49 – 52kg	
SUPER HEAVY	Over 52 kg		SUPER HEAVY	Over 52 kg	

Weight Record
Pl. Fill In

Official Use

Sign of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature

REGISTRATION FORM B - Young Junior (2)

37TH NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Date of Birth: _____ Age _____
(as at 2010)

NRIC/Passport No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

(Please X the appropriate box)

YOUNG JUNIOR (2) DIVISION (11 to 13 years old) (born between year 1997 to 1999)

CATEGORY	MALE		CATEGORY	FEMALE	
BELT	Red		BELT	Red	
	Poom			Poom	
SUPER FIN	24 kg & Under		SUPER FIN	24 kg & Under	
FIN	Over 24 – 27kg		FIN	Over 24 – 27kg	
FLY	Over 27 – 30kg		FLY	Over 27 – 30kg	
BANTAM	Over 30 – 33kg		BANTAM	Over 30 – 33kg	
FEATHER	Over 33 – 36kg		FEATHER	Over 33 – 36kg	
LIGHT	Over 36 – 39kg		LIGHT	Over 36 – 39kg	
WELTER	Over 39 – 42kg		WELTER	Over 39 – 42kg	
LT. MIDDLE	Over 42 – 45kg		LT. MIDDLE	Over 42 – 45kg	
MIDDLE	Over 45 – 48kg		MIDDLE	Over 45 – 48kg	
LT. HEAVY	Over 48 – 52kg		LT. HEAVY	Over 48 – 52kg	
HEAVY	Over 52 – 56kg		HEAVY	Over 52 – 56kg	
SUPER HEAVY	Over 56 kg		SUPER HEAVY	Over 56 kg	

Weight Record
Pl. Fill In

Official Use

Sign of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature

REGISTRATION FORM C

Junior

37TH NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Date of Birth: _____ Age _____
(as at 2010)

NRIC/Passport No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

(Please X the appropriate box)

JUNIOR DIVISION (14 to 17 years old) (born between year 1993 to 1996)

CATEGORY	MALE		CATEGORY	FEMALE	
BELT	Red		BELT	Red	
	Poom / Black			Poom / Black	
SUPER FIN	42 kg & Under		SUPER FIN	40 kg & Under	
FIN	Over 42 – 45kg		FIN	Over 40 – 42kg	
FLY	Over 45 – 48kg		FLY	Over 42 – 44kg	
BANTAM	Over 48 – 51kg		BANTAM	Over 44 – 46kg	
FEATHER	Over 51 – 55kg		FEATHER	Over 46 – 49kg	
LIGHT	Over 55 – 59kg		LIGHT	Over 49 – 52kg	
WELTER	Over 59 – 63kg		WELTER	Over 52 – 55kg	
LT. MIDDLE	Over 63 – 68kg		LT. MIDDLE	Over 55 – 59kg	
MIDDLE	Over 68 – 73kg		MIDDLE	Over 59 – 63kg	
LT. HEAVY	Over 73 – 78kg		LT. HEAVY	Over 63 – 68kg	
HEAVY	Over 78 – 83kg		HEAVY	Over 68 – 73kg	
SUPER HEAVY	Over 83 kg		SUPER HEAVY	Over 73 kg	

Weight Record
Pl. Fill In

Official Use

Sign of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature

REGISTRATION FORM D - Senior (1)

37TH NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Date of Birth: _____ Age _____
(as at 2010)

NRIC/Passport No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

(Please X the appropriate box)

SENIOR (1) DIVISION (18 to 40 years old) (born between year 1970 to 1992)

CATEGORY	MALE	
BELT	Red	
	Black	
SUPER FIN	50 kg & Under	
FIN	Over 50 – 54kg	
FLY	Over 54 – 58kg	
BANTAM	Over 58 – 63kg	
FEATHER	Over 63 – 68kg	
LIGHT	Over 68 – 74kg	
WELTER	Over 74 – 80kg	
MIDDLE	Over 80 – 86kg	
HEAVY	Over 86 – 92kg	
SUPER HEAVY	Over 92 kg	

CATEGORY	FEMALE	
BELT	Red	
	Black	
SUPER FIN	43 kg & Under	
FIN	Over 43 – 46kg	
FLY	Over 46 – 49kg	
BANTAM	Over 49 – 53kg	
FEATHER	Over 53 – 57kg	
LIGHT	Over 57 – 62kg	
WELTER	Over 62 – 67kg	
MIDDLE	Over 67 – 73kg	
HEAVY	Over 73 – 79kg	
SUPER HEAVY	Over 79 kg	

Weight Record
Pl. Fill In

Official Use

Sign of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

NRIC No.

Signature / HP

Name of Team Manager

NRIC No.

Signature

REGISTRATION FORM E - Senior (2)

37TH NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Date of Birth: _____ Age _____
(as at 2010)

NRIC/Passport No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

(Please X the appropriate box)

SENIOR (2) DIVISION (41 years old & Above) (On or before year 1969)

CATEGORY	MALE	
BELT	Red	
	Black	
SUPER FIN	50 kg & Under	
FIN	Over 50 – 54kg	
FLY	Over 54 – 58kg	
BANTAM	Over 58 – 63kg	
FEATHER	Over 63 – 68kg	
LIGHT	Over 68 – 74kg	
WELTER	Over 74 – 80kg	
MIDDLE	Over 80 – 86kg	
HEAVY	Over 86 – 92kg	
SUPER HEAVY	Over 92 kg	

CATEGORY	FEMALE	
BELT	Red	
	Black	
SUPER FIN	43 kg & Under	
FIN	Over 43 – 46kg	
FLY	Over 46 – 49kg	
BANTAM	Over 49 – 53kg	
FEATHER	Over 53 – 57kg	
LIGHT	Over 57 – 62kg	
WELTER	Over 62 – 67kg	
MIDDLE	Over 67 – 73kg	
HEAVY	Over 73 – 79kg	
SUPER HEAVY	Over 79 kg	

Weight Record
Pl. Fill In

Official Use

Sign of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Team Manager

NRIC No.

Signature

37TH NATIONAL TAEKWONDO KYORUGI CHAMPIONSHIPS

ENTRIES FOR AFFILIATE

(9 Pages)

Affiliate : _____

Head of Team : _____ **HP:** _____

Team Manager : _____ **HP:** _____

Name of coaches: 1) _____ 5) _____
(Professional Passes)

2) _____ 6) _____

3) _____ 7) _____

4) _____ 8) _____

Name of Referees : 1) _____ 5) _____

2) _____ 6) _____

3) _____ 7) _____

4) _____ 8) _____

YOUNG JUNIOR (1) DIVISON (10 years old & below)

Form A

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	SUPER FIN	22 kg & Under		
	Male	Red	FIN	Over 22 – 25kg		
	Male	Red	FLY	Over 25 – 28kg		
	Male	Red	BANTAM	Over 28 – 31kg		
	Male	Red	FEATHER	Over 31 – 34kg		
	Male	Red	LIGHT	Over 34 – 37kg		
	Male	Red	WELTER	Over 37 – 40kg		
	Male	Red	LT. MIDDLE	Over 40 – 43kg		
	Male	Red	MIDDLE	Over 43 – 46kg		
	Male	Red	LT. HEAVY	Over 46 – 49kg		
	Male	Red	HEAVY	Over 49 – 52kg		
	Male	Red	SUPER HEAVY	Over 52 kg		
	Male	Poom	SUPER FIN	22 kg & Under		
	Male	Poom	FIN	Over 22 – 25kg		
	Male	Poom	FLY	Over 25 – 28kg		
	Male	Poom	BANTAM	Over 28 – 31kg		

	Male	Poom	FEATHER	Over 31 – 34kg		
	Male	Poom	LIGHT	Over 34 – 37kg		
	Male	Poom	WELTER	Over 37 – 40kg		
	Male	Poom	LT. MIDDLE	Over 40 – 43kg		
	Male	Poom	MIDDLE	Over 43 – 46kg		
	Male	Poom	LT. HEAVY	Over 46 – 49kg		
	Male	Poom	HEAVY	Over 49 – 52kg		
	Male	Poom	SUPER HEAVY	Over 52 kg		
	Female	Red	SUPER FIN	22 kg & Under		
	Female	Red	FIN	Over 22 – 25kg		
	Female	Red	FLY	Over 25 – 28kg		
	Female	Red	BANTAM	Over 28 – 31kg		
	Female	Red	FEATHER	Over 31 – 34kg		
	Female	Red	LIGHT	Over 34 – 37kg		
	Female	Red	WELTER	Over 37 – 40kg		
	Female	Red	LT. MIDDLE	Over 40 – 43kg		
	Female	Red	MIDDLE	Over 43 – 46kg		
	Female	Red	LT. HEAVY	Over 46 – 49kg		
	Female	Red	HEAVY	Over 49 – 52kg		
	Female	Red	SUPER HEAVY	Over 52 kg		
	Female	Poom	SUPER FIN	22 kg & Under		
	Female	Poom	FIN	Over 22 – 25kg		
	Female	Poom	FLY	Over 25 – 28kg		
	Female	Poom	BANTAM	Over 28 – 31kg		
	Female	Poom	FEATHER	Over 31 – 34kg		
	Female	Poom	LIGHT	Over 34 – 37kg		
	Female	Poom	WELTER	Over 37 – 40kg		
	Female	Poom	LT. MIDDLE	Over 40 – 43kg		
	Female	Poom	MIDDLE	Over 43 – 46kg		
	Female	Poom	LT. HEAVY	Over 46 – 49kg		
	Female	Poom	HEAVY	Over 49 – 52kg		
	Female	Poom	SUPER HEAVY	Over 52 kg		

YOUNG JUNIOR (2) DIVISION (11 to 13 years old)
Form B

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	SUPER FIN	24 kg & Under		
	Male	Red	FIN	Over 24 – 27kg		
	Male	Red	FLY	Over 27 – 30kg		
	Male	Red	BANTAM	Over 30 – 33kg		
	Male	Red	FEATHER	Over 33 – 36kg		
	Male	Red	LIGHT	Over 36 – 39kg		
	Male	Red	WELTER	Over 39 – 42kg		
	Male	Red	LT. MIDDLE	Over 42 – 45kg		
	Male	Red	MIDDLE	Over 45 – 48kg		
	Male	Red	LT. HEAVY	Over 48 – 52kg		
	Male	Red	HEAVY	Over 52 – 56kg		
	Male	Red	SUPER HEAVY	Over 56 kg		
	Male	Poom	SUPER FIN	24 kg & Under		
	Male	Poom	FIN	Over 24 – 27kg		
	Male	Poom	FLY	Over 27 – 30kg		
	Male	Poom	BANTAM	Over 30 – 33kg		
	Male	Poom	FEATHER	Over 33 – 36kg		
	Male	Poom	LIGHT	Over 36 – 39kg		
	Male	Poom	WELTER	Over 39 – 42kg		
	Male	Poom	LT. MIDDLE	Over 42 – 45kg		
	Male	Poom	MIDDLE	Over 45 – 48kg		
	Male	Poom	LT. HEAVY	Over 48 – 52kg		
	Male	Poom	HEAVY	Over 52 – 56kg		
	Male	Poom	SUPER HEAVY	Over 56 kg		
	Female	Red	SUPER FIN	24 kg & Under		
	Female	Red	FIN	Over 24 – 27kg		
	Female	Red	FLY	Over 27 – 30kg		
	Female	Red	BANTAM	Over 30 – 33kg		
	Female	Red	FEATHER	Over 33 – 36kg		
	Female	Red	LIGHT	Over 36 – 39kg		
	Female	Red	WELTER	Over 39 – 42kg		

	Female	Red	LT. MIDDLE	Over 42 – 45kg		
	Female	Red	MIDDLE	Over 45 – 48kg		
	Female	Red	LT. HEAVY	Over 48 – 52kg		
	Female	Red	HEAVY	Over 52 – 56kg		
	Female	Red	SUPER HEAVY	Over 56 kg		
	Female	Poom	SUPER FIN	24 kg & Under		
	Female	Poom	FIN	Over 24 – 27kg		
	Female	Poom	FLY	Over 27 – 30kg		
	Female	Poom	BANTAM	Over 30 – 33kg		
	Female	Poom	FEATHER	Over 33 – 36kg		
	Female	Poom	LIGHT	Over 36 – 39kg		
	Female	Poom	WELTER	Over 39 – 42kg		
	Female	Poom	LT. MIDDLE	Over 42 – 45kg		
	Female	Poom	MIDDLE	Over 45 – 48kg		
	Female	Poom	LT. HEAVY	Over 48 – 52kg		
	Female	Poom	HEAVY	Over 52 – 56kg		
	Female	Poom	SUPER HEAVY	Over 56 kg		

JUNIOR DIVISION (14 to 17 years old)

Form C

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	SUPER FIN	42 kg & Under		
	Male	Red	FIN	Over 42 – 45kg		
	Male	Red	FLY	Over 45 – 48kg		
	Male	Red	BANTAM	Over 48 – 51kg		
	Male	Red	FEATHER	Over 51 – 55kg		
	Male	Red	LIGHT	Over 55 – 59kg		
	Male	Red	WELTER	Over 59 – 63kg		
	Male	Red	LT. MIDDLE	Over 63 – 68kg		
	Male	Red	MIDDLE	Over 68 – 73kg		
	Male	Red	LT. HEAVY	Over 73 – 78kg		
	Male	Red	HEAVY	Over 78 – 83kg		
	Male	Red	SUPER HEAVY	Over 83kg		
	Male	Poom/Black	SUPER FIN	42 kg & Under		
	Male	Poom/Black	FIN	Over 42 – 45kg		
	Male	Poom/Black	FLY	Over 45 – 48kg		
	Male	Poom/Black	BANTAM	Over 48 – 51kg		
	Male	Poom/Black	FEATHER	Over 51 – 55kg		
	Male	Poom/Black	LIGHT	Over 55 – 59kg		
	Male	Poom/Black	WELTER	Over 59 – 63kg		
	Male	Poom/Black	LT. MIDDLE	Over 63 – 68kg		
	Male	Poom/Black	MIDDLE	Over 68 – 73kg		
	Male	Poom/Black	LT. HEAVY	Over 73 – 78kg		
	Male	Poom/Black	HEAVY	Over 78 – 83kg		
	Male	Poom/Black	SUPER HEAVY	Over 83kg		
	Female	Red	SUPER FIN	40kg & Under		
	Female	Red	FIN	Over 40 – 42kg		
	Female	Red	FLY	Over 42 – 44kg		
	Female	Red	BANTAM	Over 44 – 46kg		
	Female	Red	FEATHER	Over 46 – 49kg		
	Female	Red	LIGHT	Over 49 – 52kg		
	Female	Red	WELTER	Over 52 – 55kg		
	Female	Red	LT. MIDDLE	Over 55 – 59kg		

	Female	Red	MIDDLE	Over 59 – 63kg		
	Female	Red	LT. HEAVY	Over 63 – 68kg		
	Female	Red	HEAVY	Over 68 – 73kg		
	Female	Red	SUPER HEAVY	Over 73kg		
	Female	Poom/Black	SUPER FIN	40kg & Under		
	Female	Poom/Black	FIN	Over 40 – 42kg		
	Female	Poom/Black	FLY	Over 42 – 44kg		
	Female	Poom/Black	BANTAM	Over 44 – 46kg		
	Female	Poom/Black	FEATHER	Over 46 – 49kg		
	Female	Poom/Black	LIGHT	Over 49 – 52kg		
	Female	Poom/Black	WELTER	Over 52 – 55kg		
	Female	Poom/Black	LT. MIDDLE	Over 55 – 59kg		
	Female	Poom/Black	MIDDLE	Over 59 – 63kg		
	Female	Poom/Black	LT. HEAVY	Over 63 – 68kg		
	Female	Poom/Black	HEAVY	Over 68 – 73kg		
	Female	Poom/Black	SUPER HEAVY	Over 73kg		

SENIOR (1) DIVISION (18 to 40 years old)

Form D

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	SUPER FIN	50kg & Under		
	Male	Red	FIN	Over 50 – 54kg		
	Male	Red	FLY	Over 54 – 58kg		
	Male	Red	BANTAM	Over 58 – 63kg		
	Male	Red	FEATHER	Over 63 – 68kg		
	Male	Red	LIGHT	Over 68 – 74kg		
	Male	Red	WELTER	Over 74 – 80kg		
	Male	Red	MIDDLE	Over 80 – 86kg		
	Male	Red	HEAVY	Over 86 – 92kg		
	Male	Red	SUPER HEAVY	Over 92kg		
	Male	Black	SUPER FIN	50kg & Under		
	Male	Black	FIN	Over 50 – 54kg		
	Male	Black	FLY	Over 54 – 58kg		
	Male	Black	BANTAM	Over 58 – 63kg		
	Male	Black	FEATHER	Over 63 – 68kg		
	Male	Black	LIGHT	Over 68 – 74kg		
	Male	Black	WELTER	Over 74 – 80kg		
	Male	Black	MIDDLE	Over 80 – 86kg		
	Male	Black	HEAVY	Over 86 – 92kg		
	Male	Black	SUPER HEAVY	Over 92kg		
	Female	Red	SUPER FIN	43kg & Under		
	Female	Red	FIN	Over 43 – 46kg		
	Female	Red	FLY	Over 46 – 49kg		
	Female	Red	BANTAM	Over 49 – 53kg		
	Female	Red	FEATHER	Over 53 – 57kg		
	Female	Red	LIGHT	Over 57 – 62kg		
	Female	Red	WELTER	Over 62 – 67kg		
	Female	Red	MIDDLE	Over 67 – 73kg		
	Female	Red	HEAVY	Over 73 – 79kg		
	Female	Red	SUPER HEAVY	Over 79kg		

	Female	Black	SUPER FIN	43kg & Under		
	Female	Black	FIN	Over 43 – 46kg		
	Female	Black	FLY	Over 46 – 49kg		
	Female	Black	BANTAM	Over 49 – 53kg		
	Female	Black	FEATHER	Over 53 – 57kg		
	Female	Black	LIGHT	Over 57 – 62kg		
	Female	Black	WELTER	Over 62 – 67kg		
	Female	Black	MIDDLE	Over 67 – 73kg		
	Female	Black	HEAVY	Over 73 – 79kg		
	Female	Black	SUPER HEAVY	Over 79kg		

SENIOR (2) DIVISION (41 and above)

Form E

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	SUPER FIN	50kg & Under		
	Male	Red	FIN	Over 50 – 54kg		
	Male	Red	FLY	Over 54 – 58kg		
	Male	Red	BANTAM	Over 58 – 63kg		
	Male	Red	FEATHER	Over 63 – 68kg		
	Male	Red	LIGHT	Over 68 – 74kg		
	Male	Red	WELTER	Over 74 – 80kg		
	Male	Red	MIDDLE	Over 80 – 86kg		
	Male	Red	HEAVY	Over 86 – 92kg		
	Male	Red	SUPER HEAVY	Over 92kg		
	Male	Black	SUPER FIN	50kg & Under		
	Male	Black	FIN	Over 50 – 54kg		
	Male	Black	FLY	Over 54 – 58kg		
	Male	Black	BANTAM	Over 58 – 63kg		
	Male	Black	FEATHER	Over 63 – 68kg		
	Male	Black	LIGHT	Over 68 – 74kg		
	Male	Black	WELTER	Over 74 – 80kg		
	Male	Black	MIDDLE	Over 80 – 86kg		
	Male	Black	HEAVY	Over 86 – 92kg		
	Male	Black	SUPER HEAVY	Over 92kg		
	Female	Red	SUPER FIN	43kg & Under		
	Female	Red	FIN	Over 43 – 46kg		
	Female	Red	FLY	Over 46 – 49kg		
	Female	Red	BANTAM	Over 49 – 53kg		
	Female	Red	FEATHER	Over 53 – 57kg		
	Female	Red	LIGHT	Over 57 – 62kg		
	Female	Red	WELTER	Over 62 – 67kg		
	Female	Red	MIDDLE	Over 67 – 73kg		
	Female	Red	HEAVY	Over 73 – 79kg		
	Female	Red	SUPER HEAVY	Over 79kg		

	Female	Black	SUPER FIN	43kg & Under	
	Female	Black	FIN	Over 43 – 46kg	
	Female	Black	FLY	Over 46 – 49kg	
	Female	Black	BANTAM	Over 49 – 53kg	
	Female	Black	FEATHER	Over 53 – 57kg	
	Female	Black	LIGHT	Over 57 – 62kg	
	Female	Black	WELTER	Over 62 – 67kg	
	Female	Black	MIDDLE	Over 67 – 73kg	
	Female	Black	HEAVY	Over 73 – 79kg	
	Female	Black	SUPER HEAVY	Over 79kg	

Total: _____ **Payment :** _____

Name & Signature of Team Manager / Coach

Receipt No : _____