

TAEKWONDO RESILIENCE ONLINE POOMSAE CHAMPIONSHIPS 2021



SANCTIONED BY SINGAPORE TAEKWONDO FEDERATION

The Taekwondo Resilience Online Poomsae Championships 2021 is for young poomsae athletes (30 years and below) in Singapore and invited countries to test their mettle against each other! Let's fight COVID-19 in the most positive way possible by keeping fit and sharp!

**REGISTER
EARLY
FROM
8 MAR!**

Registration: 15th - 19th Mar 2021

Video Submission Period: 22nd - 26th Mar 2021

Championships Proper: 9th - 11th Apr 2021

Register @

<http://frcombat.com/views.php?idmatch=124>

Championships will be pre-judged and published on Facebook.

Get the latest update @

<https://www.facebook.com/hanacademypteltd>

