14th National Poomsae Championships Ambassador Cup 2021

Procedures for Video Submission

General Rules:

- All video submission should be in the .mp4 format. All other video formats will not be accepted.
- Videos taken should have a minimum resolution of 720p.
- No editing of videos is allowed. The entire performance should be done in one take.
- The entire body of the competitor should be captured inside the video.

 Deductions will be awarded if the competitor performs out of frame or there are parts being cut out (e.g. leg out of frame when performing a kick.)
- Prior to the performance, the competitor must show to the video recorder on a
 piece of paper, the following details: Category, Division, Belt Level, Name of
 participant, Name of Club. For example, refer to Appendix A.

Submission:

- All videos are to be submitted to the organizing committee latest by 27 August 2021 (Friday). Any late submission will not be accepted.
- Videos should be uploaded and only the link should be sent to the organising committee. Dropbox, google drive and other cloud services are acceptable.
 Please ensure that the privacy settings are set such that the organizing committee can access it..
- For the name of each video, please use the following format: CAT_DIV_BELT_FULL NAME_CLUB (e.g. INDV_C_Y7_NAME_ABC TKD CLUB)
 - For the categories, the following conventions can be used: INDV for Individual, PR for Pair and TM for Team.
- All videos should be submitted to the following email address: national.poomsae2021@gmail.com

INDIVIDUAL, C DIVISON BELT LEVEL

NAME IN FULL

(CLUB)