



## OUTLINE

### Online 2021 ATU Club Poomsae OPEN Championships

#### 1. Promoter & Organizer: Asian Taekwondo Union

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Address: 1E-3, 215, Tancheon-ro, Bundang-gu, Seongnam-si, Gyeonggi-do, Korea

Tel: +82-31-708-9994

Fax: +82-31-709-9994

E-mail: [admin@wtasia.org](mailto:admin@wtasia.org)

Website: [www.wtasia.org](http://www.wtasia.org)

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#### 2. Date [Korean Standard Time, KST]

- Nov. 25<sup>th</sup>: Release of the Preliminary Results
- Nov. 30<sup>th</sup>: Release of the Semi-final Results
- Dec. 22<sup>nd</sup> - 24<sup>th</sup>: Broadcast of the Final Match

#### 3. Registration

- Period: Oct. 25<sup>th</sup> 13:00 to Nov. 2<sup>nd</sup>, 2021 17:00, KST
- Entry Registration: [atupoomsae-open.com](http://atupoomsae-open.com)
- Drawing of lots: Random draw by the Organizing Committee
- Online Head of Team Meeting (Drawing of Lots): Nov. 3<sup>rd</sup>, 2021 15:30 – 16:30, KST  
The Zoom invitation link will be released via email once the registration is closed.
- For Color belt Individual, it is required to submit the certificate of identification.
- For Family Division (Pair, Team), it is required to submit the family relationship certificate. (It is available to submit the certificate written in your own national language, not in English.)
- The head of team and coach who have registered during the registration period can download the certificate of participation on the website after the Championships.

**- Before registration, it is highly recommended to check and follow Participation Guideline, Video Recording Guideline and Manual for Uploading Video.**



### ► Video Uploading

- Period: Nov. 8<sup>th</sup> to Nov. 17<sup>th</sup>, 2021 17:00, KST

## 4. Online Platform Supplier

- KPNP

## 5. Qualification of Contestant

5.1 Open to all

5.2 In case of Family Division (Pair & Team), open to all age groups among family members

5.2.1 Family Pair (6 divisions): Two (2) family members or two (2) generation of direct family members regardless of gender and belt color

(Sibling / Couple / Father and Son / Father and Daughter / Mother and Son / Mother and Daughter)

5.2.2 Family Team (2 divisions): Three (3) family members of two (2) or three (3) generations of direct family members regardless of gender and belt color

(Family Team A: 3 Family members, 2 Generations / Family Team B: 3 Family members, 3 Generations)

## 6. Competition Rules

6.1 WT Poomsae Competition Rules in force as of May 14<sup>th</sup>, 2019 shall apply.

6.2 The video will be scored in accordance with the Online Scoring Criteria.

6.3 The first and the second Poomsae must be performed in accordance with 8.2, 8.3 and 8.4

6.4 **The videos of the first and the second Poomsae should be recorded and uploaded separately. While recording each video, the contestant must be on the screen till he/she finishes his/her first and second Poomsae.**

6.5 Any video editing will be disqualified.

6.6 Any violation of the video registration method and video recording guideline provided by ATU will result in disqualification.

6.7 As there is a possibility that the server may be overloaded at the end of video uploading period, **it is highly recommended to upload video in advance.**



6.8 **Two (2) days of self-inspection period of uploaded video will be given right after video uploading period. Items of self-inspection are as follows:**

6.8.1 Prohibition of wearing mask

6.8.2 Order of uploading the first and second video

6.8.3 Correct Poomsae according to the paper and mission comment

6.8.4 Playing of uploaded video without any problems

6.9 The participation of the holder of the Kukkiwon Poom or Dan certificate in Color belt division and the participation of the holder of Geup in Black belt division will be disqualified. When it turns out it is not true, he/she will be disqualified and the next lower rank will move up.

6.10 The participation composed not of family members in Family Division will be disqualified. When it turns out it is not true, he/she will be disqualified and the next lower rank will move up.

## 7. Method of Competition

### <Recognized Poomsae>

#### 7.1 Cut-off System

7.1.1 **Preliminaries:** In case twenty (20) or more contestants are participating, the competition shall start from preliminary round with division of groups. (It can be adjusted according to the number of contestants.)

The top half of each group shall advance to semi-final based on the points.

7.1.2 **Semi-final:** In case nine (9) to nineteen (19) contestants are participating, competition shall start from semi-final. Top eight (8) contestants shall advance to final based on the points.

7.1.3 **Final:** In case eight (8) or less contestants are participating, competition shall start from final round. Top four (4) contestants shall be awarded based on the points. Bronze medals shall be given to the 3<sup>rd</sup> and the 4<sup>th</sup> contestants.

7.1.4 Duration of contest: Up to 90 seconds



## <Free Style Poomsae>

7.2 Free Style Poomsae is the performance based on Taekwondo techniques with composition of music and choreography.

7.3 Composition of Free Style Poomsae

7.3.1 Yeon-mu line, music and choreography shall be choice of the contestant. (The contestants are personally responsible for the copyright violation stealing music or choreography.)

7.3.2 Performed techniques must be within boundary of Taekwondo. The definition of Taekwondo techniques shall be determined by WT Poomsae Committee.

7.3.3 Music (sound without words) should not contain any political, social and religious and any contents that may harm, discriminate or offend others.

7.4 All techniques shall be performed in the camera angle.

7.5 All techniques shall be performed on the mat for the safety.

7.6 Required to use the non-copyright music for performance of Free Style Poomsae, or teams need to have approval on use of copyrighted music.

7.7 Cut-off system

7.7.1 **Preliminaries:** In case twenty (20) or more contestants are participating, the competition shall start from preliminary round with division of groups. (It can be adjusted according to the number of contestants.)

7.7.2 **Semi-final:** In case nine (9) to nineteen (19) contestants are participating, competition shall start from semi-final. Top eight (8) contestants shall advance to final based on the points.

7.7.3 **Final:** In case eight (8) or less contestants are participating, competition shall start from final round. Top four (4) contestants shall be awarded based on the points. Bronze medals shall be given to the 3<sup>rd</sup> and the 4<sup>th</sup> contestants.

7.7.4 Duration of Contest: from 90 to 100 seconds



## 8. Classifications and Divisions

### 8.1 Classifications

- Black belt individual (Male & Female)
- Color belt individual (Male & Female)
- Family Pair
  - Sibling
  - Couple
  - Father + Son
  - Father + Daughter
  - Mother + Son
  - Mother + Daughter
- Family Team
  - Family Team A (3 Family members, 2 Generations)
  - Family Team B (3 Family members, 3 Generations)
- Recognized Poomsae (Black belt & Color belt) / Free Style Poomsae
- Open to all
- The age limits are based on the year, not on the date, when the Online Championships are held
- In case of Free Style Poomsae, Open to only Senior Division (Over 17, 18 and up) and Black belt

<b>Recognized Poomsae</b>	
<b>Black belt Individual</b>	<b>Color belt Individual</b>
Children 1: Jan. 1 <sup>st</sup> , 2013~Dec. 31 <sup>st</sup> , 2015	
Children 2: Jan. 1 <sup>st</sup> , 2010~Dec. 31 <sup>st</sup> , 2012	
Cadet: Jan. 1 <sup>st</sup> , 2007~Dec. 31 <sup>st</sup> , 2009	
Junior: Jan. 1 <sup>st</sup> , 2004~Dec. 31 <sup>st</sup> , 2006	Under Junior: Born after Jan. 1 <sup>st</sup> , 2007
Under 30: Jan. 1 <sup>st</sup> , 1991~Dec. 31 <sup>st</sup> , 2003	Junior: Jan. 1 <sup>st</sup> , 2004~Dec. 31 <sup>st</sup> , 2006
Under 40: Jan. 1 <sup>st</sup> , 1981~Dec. 31 <sup>st</sup> , 1990	Under 30: Jan. 1 <sup>st</sup> , 1991~Dec. 31 <sup>st</sup> , 2003
Under 50: Jan. 1 <sup>st</sup> , 1971~Dec. 31 <sup>st</sup> , 1980	Over 30: Born before Dec. 31 <sup>st</sup> , 1990
Under 60: Jan. 1 <sup>st</sup> , 1961~Dec. 31 <sup>st</sup> , 1970	
Under 65: Jan. 1 <sup>st</sup> , 1956~Dec. 31 <sup>st</sup> , 1960	
Over 65: Born before Dec. 31 <sup>st</sup> , 1955	



Family Division	
Pair (6 divisions)	Team (2 divisions)
- Two (2) family members or two (2) generation of direct family members  (Sibling / Couple / Father and Son / Father and Daughter / Mother and Son / Mother and Daughter)	- Three (3) family members of two (2) or three (3) generations of direct family members  Family Team A: - 3 Family members, 2 Generations Family Team B: - 3 Family members, 3 Generations
Free Style Poomsae Individual	
Born before Jan. 1 <sup>st</sup> , 2004	

## 8.2 List of Poomsae to be performed for Recognized Poomsae – **Black belt**

: Contestants can freely select and perform Poomsae according to the division that they belong to. However, the first and second Poomsae must be different.  
 (※ **Number of Poomsae to be performed is 6 in total, which is 2 in preliminary, 2 in semi-final and 2 in the final.**)

Division	Compulsory Poomsae	
	First Poomsae	Second Poomsae
<b>Children 1</b>	Taegeuk 3, 4, 5, 6, 7, 8 Jang, Koryo	Taegeuk 7, 8 Jang, Koryo
<b>Children 2</b>		
<b>Cadet</b>	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang	Taegeuk 7, 8 Jang, Koryo, Keumgang
<b>Junior</b>	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taeback	Taegeuk 8 Jang, Koryo, Keumgang, Taeback
<b>Under 30</b>	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
<b>Under 40</b>		
<b>Under 50</b>		
<b>Under 60</b>		
<b>Under 65</b>		
<b>Over 65</b>		



### 8.3 List of Poomsae to be performed for Recognized Poomsae – **Color belt**

: Contestants can freely select and perform any Poomsae from Taegeuk 1 Jang and Taegeuk 8 Jang. However, the first and second Poomsae must be different.  
 (※ Number of Poomsae to be performed is 4 in total, which is 2 in preliminary & semi-final and 2 in the final).

Division	Compulsory Poomsae	
	First Poomsae	Second Poomsae
Under Junior	Any Poomsae from Taegeuk 1 Jang to Taegeuk 8 Jang	Any Poomsae from Taegeuk 1 Jang to Taegeuk 8 Jang <b>except first Poomsae</b>
Junior		
Under 30		
Over 30		

### 8.4 List of Poomsae to be Performed for Family – **Pair & Team**

: Contestants can freely select and perform any Poomsae between Taegeuk 1 Jang and Taegeuk 8 Jang. However, the first and second Poomsae must be different.  
 (※ Number of Poomsae to be performed is 4 in total, which is 2 in preliminary & semi-final and 2 in the final).

Division		Compulsory Poomsae	
		First Poomsae	Second Poomsae
Pair	Sibling	Any Poomsae from Taegeuk 1 Jang to Taegeuk 8 Jang	Any Poomsae from Taegeuk 1 Jang to Taegeuk 8 Jang <b>except first Poomsae</b>
	Couple		
	Father + Son		
	Father + Daughter		
	Mother + Son		
	Mother + Daughter		
Team	Family Team A		
	Family Team B		



## 9. Entry Fee

Color Belt, Black Belt & Free Style Poomsae Individual: \$30 per athlete

Family Pair: \$30 per pair

Family Team: \$30 per team

(FREE registration for all refugee contestants)

## 10. Awards

10.1 Medals & Certificates:

10.1.1 Individual

- 1<sup>st</sup> place: Gold medal and Certificate
- 2<sup>nd</sup> place: Silver medal and Certificate
- 3<sup>rd</sup> place and 4<sup>th</sup> place: Bronze medal and Certificate

10.1.2 Pair

- 1<sup>st</sup> place: A trophy, Certificate for a group and Certificate for each member
- 2<sup>nd</sup> place: A trophy, Certificate for a group and Certificate for each member
- 3<sup>rd</sup> place and 4<sup>th</sup> place: A trophy, Certificate for a group and Certificate for each member

10.1.3 Team

- 1<sup>st</sup> place: A trophy, Certificate for a group and Certificate for each member
- 2<sup>nd</sup> place: A trophy, Certificate for a group and Certificate for each member
- 3<sup>rd</sup> place and 4<sup>th</sup> place: A trophy, Certificate for a group and Certificate for each member

10.2 Participation Online Certificate: All Participants

## 11. International Referees

11.1 The ATU will appoint the required number of Poomsae International Referees.

11.2 Appointed referee should attend IR training and meeting for online competition in designated day.

## 12. Uniform

Poomsae competition uniform: All contestants may wear WT-approved Poomsae competition uniform. If contestants don't have WT-approved Poomsae competition uniform, contestants are able to wear any white colored uniform.

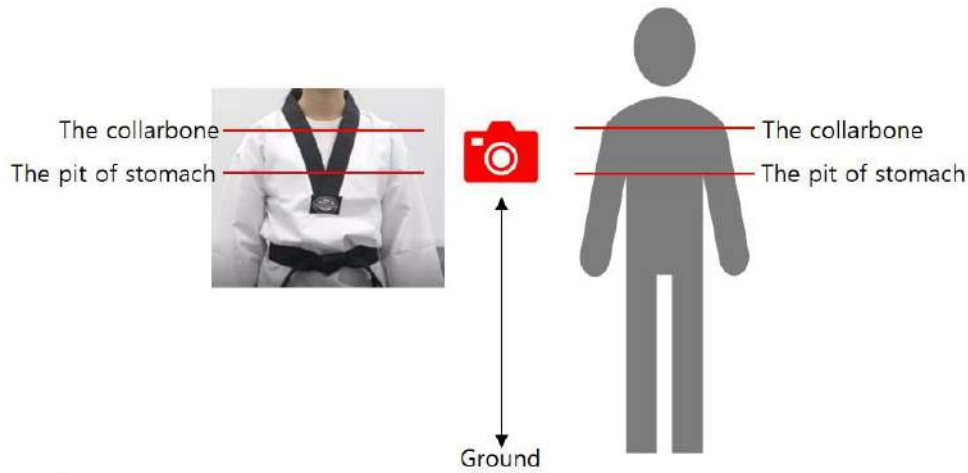
(\* Dojang or Club logo is allowed.)



### 13. Guidelines for Video Recording (It might be changed or added later.)

13.1 When the contestant performs Poomsae,

13.1.1 Install the camera 6 - 7m apart from the contestant (recommended), and between the collarbone and the pit of stomach height of the contestant.



13.1.2 Available to move the camera to either side within the limit of 3m on the mat so that the whole body of the contestant can be seen in the camera angle

13.1.3 Not allowed to edit or manipulate the video

13.1.4 Must record the video to be seen the front of the contestant without zooming in or out the image

13.1.5 Setting the camera frame as below

- Android: FHD 16:9
- iPhone: 1080p HD, 30fps

13.2 The video can be recorded regardless of time and place. Please strictly observe the guidelines of the local and national health authorities when you go out to record video. Any political, economic, cultural and social issues involved in the video means automatic disqualification.

13.3 All contestants must always be inside the camera. Using substitutes means automatic disqualification.

13.4 **All contestants must take off the mask during the video recording, in order to verify contestants' identification.**

13.5 Points will be deducted as follows:

13.5.1 When any part of the body is cut-off by the video frame, 0.3 points



deduction will apply for every Poom movement each time.

13.5.2 When whole body is cut-off by the video frame, 0.6 points deduction will apply for every Poom movement in each time.

13.6 You can display the IOC-approved flag as a background or use the flag as an emoji.

13.7 Protective equipment, and shoes cannot be worn when recording video.

13.8 Do not leave the video angle from the preparation to the end of performance.

13.9 Any sound other than Kihap should not be heard during the performance.

13.10 Before performing, you should hold the paper and make comments containing the information below:

**On the paper:** Title of championships, Division, Phase, Title of Poomsae, Country, Contestant's name in order

Ex) Online 2021 ATU Club Poomsae Open Championships, Recognized Poomsae, Individual Male – Color belt, Under 30, Preliminary & Semi-final 1, Taegeuk 4 Jang, Korea, Gil Dong HONG

**Mission comment:** ATU, Contestants' name from Country, Title of Poomsae in order

Ex) ATU, Gil Dong HONG from Korea, Taegeuk 4 Jang



## Event Schedule

[Korean Standard Time]

Date	Events
Oct. 25 <sup>th</sup> 13:00 – Nov. 2 <sup>nd</sup> 17:00	Registration
Nov. 3 <sup>rd</sup> 15:30 – 16:30	Head of Team Meeting (Drawing of Lots)
Nov. 3 <sup>rd</sup> 17:00 – 19:00	Referee Meeting
Nov. 8 <sup>th</sup> 10:00 – Nov. 17 <sup>th</sup> 17:00	Video Uploading
Nov. 17 <sup>th</sup> 18:00 – Nov. 19 <sup>th</sup> 17:00	Self-inspection of Uploaded Videos
Nov. 25 <sup>th</sup>	Release of Preliminary Results
Nov. 30 <sup>th</sup>	Release of Semi-final Results
Dec. 22 <sup>nd</sup> – Dec. 24 <sup>th</sup>	Broadcast of the Final Match

*It may be subject to change.*