



OPEN SELECTIONS 2022

Event : Open Selections 2022
 Date : 7 & 8 May 2022
 Event Venue : National Training Center, 80 Lorong Limau, #04-191, Singapore 320080

As part of supporting the National Sporting Agenda, the Singapore Taekwondo Federation (STF) conducts annual Open Selection trials to identify promising athletes to participate in the national squad training as part of developing the pool of High Performance talents to prepare for international tournaments and championships.

This Open Selections 2022 is to recruit new members with the intent to participant in international games planned in 2022 and 2023. All affiliates are invited to participate in the open trials for both Kyorugi and Poomsae events.

Please find below a list of tentative games in 2022:

Kyorugi					
No.	Tournament / Championship / Game	Location	Category	Grade	Date
1.	Kimunhyong Memorial International Open Taekwondo Championship	Muju, Korea	Senior	G2	15 – 17 June 2022
2.	25 th Asian Taekwondo Championships	Chuncheon, Korea	Senior	G4	24 – 27 June 2022
3.	Chuncheon Korea Open	Chuncheon, Korea	Senior	G2	29 – 30 June 2022
			Cadet, Junior	N/A	2 – 4 July 2022
			Team	G2	4 – 5 July 2022
5.	Mongolia Open Taekwondo Championships	Ulaanbaatar, Mongolia	Senior	G2	22 August 2022
			Junior	N/A	23 August 2022
			Cadet	N/A	24 August 2022
6.	4 th Asian Cadet Taekwondo Championships	Ulaanbaatar, Mongolia	Cadet	N/A	28 – 29 August 2022
7.	11 th Asian Junior Taekwondo Championships	Ulaanbaatar, Mongolia	Junior	G-2	30 – 31 August 2022
8.	Wuxi 2022, World Taekwondo Grand Slam Champions Series	Wuxi, China	Senior	N/A	6 – 7 December 2022

Poomsae					
No.	Tournament / Championship / Game	Location	Category	Grade	Date
1.	Kimunhyong Memorial International Open Taekwondo Championship	Muju, Korea	Poomsae	G2	15 – 17 June 2022
2.	25 th Asian Taekwondo Poomsae Championships	Chuncheon, Korea	Poomsae	G4	23 June 2022
3.	Chuncheon Korea Open	Chuncheon, Korea	Poomsae	G2	1 July 2022
4.	Mongolia Open Taekwondo Championships	Ulaanbaatar, Mongolia	Poomsae	G2	22 August 2022
5.	4 th Asian Cadet Taekwondo Championships	Ulaanbaatar, Mongolia	Poomsae	N/A	27 August 2022
6.	6 th Asian Junior Taekwondo Championships	Ulaanbaatar, Mongolia	Poomsae	G-2	27 August 2022
7.	Hangzhou 2022 Asian Games	Hangzhou, China	Poomsae	G-4	13 – 17 September 2022
8.	Muju Taekwondowon 2022 World Taekwondo Poomsae Open Challenge Final	Online	Poomsae	G-6	October

SELECTION TRIAL

All participants must be **SINGAPORE CITIZENS** and are STF Poom or Black belt holders.

All Athletes are required to complete and submit the attached forms in the Annexes and email to Secretariat at opsmgr@stf.org.sg by Wednesday, 4 May 2022, 5.30PM (GMT +8)

1. National Selection Trials (To be completed by Affiliates)
2. Athletes Undertaking Form (To be completed by Athlete)

The trials would only be open for observation by the registered accompanying coaches (**must be Level 2 qualified**) only.

Upon submission of the relevant forms, a Selections Trial Starter Pack will be send to you for further details of the technical and physical test components for your reference. In the event if you did not receive the documents, please reach out to the Secretariat at opsmgr@stf.org.sg or highperf@stf.org.sg.

Standing Safe Management Measures will apply throughout the course of this event. Individuals who are unwell, on Leave of Absence, Stay-Home Notice should not attend the event.

According to the Ministry of Health, vaccinated persons who received the Pfizer-BioNTech/Comirnaty or Moderna vaccines, in particular adolescents and young persons, are advised to avoid strenuous physical activities such as running, weightlifting, competitive sports, or playing ball games for two weeks after their first and second vaccination doses, as a precautionary measure.

All participants are to be fully vaccinated according the MOH requirements. Any athletes or Coaches not fully vaccinated will not be allowed into the venue. Singapore Taekwondo Federation have the rights to check the vaccination status of the participants before allowing entry to the venue. Participants certified to be ineligible for vaccination will have to attach a doctor's note.

Please note that no photography and video recording will be allowed.

PANEL OF SELECTORS

The panel of selectors will comprise any 5 of the following senior technical members. The number of selectors may be subjected to change on the actual day.

- Mr. Michael Ho
- Mr. Lee Thiam Huat
- Mr. Lee Thiam Poh
- Mr. Tan Kok Heng
- Mr. Tan Cheng Hui
- Mr. S. Sinnathurai
- Mr. Lai Han Seng
- Mr. Poh Tze Chap

EVENT DETAILS

The Open Selection Trials dates are as follows:

7 May, 2022	8.30am to 12.30pm	Poomsae Team Selections (Technical Component)
8 May, 2022	8.30am onwards	Kyorugi Team Selections (Technical Component)
21 / 22 May 2022 (TBC)	8.30am onwards (TBC)	Physical Component (Kyorugi & Poomsae)

Athletes who are selected at the Open Selection Trials on 7 & 8 May 2022 shall be invited as members of the National Development Squad, subject to the completion and selection of the final Physical Component.

With each competition, secondary closed selections may be conducted prior to each international championship to select the National Team representing Singapore. STF reserves the right not to send athletes for international competitions due to athletes' performances, conduct, or safety reasons.