



SINGAPORE TAEKWONDO FEDERATION

CODE OF CONDUCT FOR ATHLETES

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The Singapore Taekwondo Federation (STF) is responsible for the promotion, sanctioning, expansion and strengthening of Taekwondo in Singapore.

The National Squad (NS) consists of athletes in National Development Squad (NDS), National Training Squad (NTS) and National Team (NT) who have been tiered in accordance with the STF National Programme Tiering System. These athletes are training to represent Singapore in World Taekwondo (WT) and International Olympics Committee (IOC) sanctioned competitions.

The purpose of this Code of Conduct is to safeguard the integrity, image and foundations of STF as the leading authority of Taekwondo in Singapore, by aligning athletes with the core values of the Federation, requiring them to act honestly, impartially, and to serve with passion, dedication and commitment, and subscribing to high standards of professional ethics and behaviour.

The athletes are expected to comply and discharge their duties in accordance with the Athletes' Agreement and Code of Conduct and in the best interests of the sport in general. The purpose of this Code of Conduct for Athletes is also to establish a consistent expectation of athletes' behaviour.

1. Effective Duration

1.1 The period of this agreement shall be in force upon the athlete signing this document.

2. Code of Conduct

- 2.1 Respect the spirit of fair play and non-violence and behave accordingly on the sporting arena. 'Fair play' is defined as much more than playing within the rules. It incorporates the concepts of friendship, respect for others and always playing within the right spirit. Fair play is defined as a way of thinking, not just a way of behaving. It incorporates issues concerned with the elimination of cheating, match-fixing and corruption, gamesmanship, anti-doping, violence (both physical and verbal), exploitation, unequal opportunities, excessive commercialisation (Source: Code of Sports Ethics, Council of Europe)
- 2.2 Athlete to conduct himself/herself according to the highest standards of honesty, respect, truth, fairness, ethical behaviour and sporting attitude in oral and written expressions.
- 2.3 For the duration of this Agreement period:
- a) Athlete shall adhere to all announced rules, policies and procedures of the STF.
 - b) Athlete shall not engage in any activities or conduct contrary to the laws of Singapore in any place where training or a competition is being held.
 - c) Athlete understands that if he/she behaves in an improper manner towards coaches, parents, media, venue owner/operators or any officials, athlete may be excluded from the NS and may not be considered for overseas training and competitions.
 - d) Athlete acknowledges that if he/she, or his/her representative, express himself/herself in an improper manner towards any officials regarding their decisions (including matters on athlete selection) or regarding the results of any competition, he/she, and/or his/her representative, may be suspended and/or excluded from further competitions.
 - e) Athlete shall exhibit good sportsmanship at all times. Athlete shall not argue with coaches, referees, judges, competitors or officials from Singapore or other countries. Athlete understands that protests may be lodged in accordance with STF and WT rules, only in writing after receiving permission to do so from STF.
 - f) Athlete or athlete's representative shall refrain from instigating or be involved in any type of altercation with any other athlete, spectator or other person, and shall not engage in abusive, abrasive or disorderly conduct.
 - g) Athlete shall abide by the Safe Sport Unified Code:

<https://www.safesport.sg/safe-sport-programme/unified-code/> and report to the relevant authorities when he/she is aware of such occurrences.

3. Anti-Doping

- 3.1 STF is committed to a drug-free sport and through WT and SportSG, has agreed to comply with the provisions of the World Anti-Doping Code.
- 3.2 It is athlete's responsibility to abide by the code from World Anti-Doping Agency (WADA), WT Anti-Doping rules and Anti-Doping Singapore (ADS) Anti-Doping policies (all referred to as "Anti-Doping Rules").
- 3.3 As a National Squad athlete and representative of Singapore, athlete shall ensure that:
 - a) He/she will not use or possess illegal drugs, or directly or indirectly participate or aid in illegal drug use or drug rule violations, cause damage to persons or property, or engage in illegal activity, recognising that all such activities bring disrepute to the sport of Taekwondo, STF, Singapore and the WT, and, in certain cases, may result in criminal charges, and STF or WT action against the athlete.
 - b) His/her prescription drugs or medications do not contain any substance prohibited by the Anti-Doping Rules and that any therapeutic use or other permitted medical exemptions are fully documented prior to use as laid out in the Anti- Doping Rules.
 - c) He/she will not consume prescription drugs or medication without the prior consent of a doctor before, during and after competition.
 - d) STF is fully informed of any and all drug-related offences in which an athlete may be involved.
 - e) He/she is available for testing in accordance with the Anti-Doping Rules as stipulated by WADA and the WT.
 - f) He/she supports drug-free and ethical practices and will participate in any educational programmes in relation to doping control and related matters as required by STF.
 - g) He/she will attend Anti-doping talks organised by STF, SportSG and/or ADS.

4. Social Media Platforms

- 4.1 Athlete shall be mindful of the content being posted on social media and clarify that they reflect athlete's personal opinions or views and are not representative of STF nor SportSG. The athlete understands that he/she is responsible for his/her posts and can be held liable for comments deemed defamatory, misrepresentative or obscene.
- 4.2 Athlete shall not disclose any confidential or private information.

- 4.3 Videos, photographs and audio recordings made during events shall be for personal use only and not for commercial gain. Consent to publish the pictures of other persons in photographs or videos must be obtained and these videos, photographs, audio recordings must not infringe on the confidentiality of persons, nor bring the reputation of the STF, SportSG and/or the sport of Taekwondo into disrepute.

5. Media, Publicity and Public Appearances

- 5.1 Any contact, interviews or appearances with the media, sponsors, sports, entertainment and other organisations must be channeled through STF and be conducted with STF's permission.
- 5.2 Any performances, exhibitions or shows of any kind that involve athletics in which athlete is participating as a representative of Singapore, STF or SportSG, must similarly be channeled through STF and be conducted with STF's permission.
- 5.3 The STF name or logo and the Team Singapore name or logo cannot be used without permission from STF and SportSG.
- 5.4 Athlete's views/opinions are not those of STF nor SportSG and therefore, athlete will not make any representation that he/she is making a statement on behalf of STF or SportSG.

6. Clothing, Equipment & Sponsorship

- 6.1 Athlete to obtain STF's prior approval before Sponsor logos (either personal or arranged by STF) are affixed to the athlete's team clothing, uniform or equipment which should also be in accordance with SNOC Sponsorship Guidelines and STF guidelines.
- 6.2 Athlete to be in the dress code such as uniform / clothes approved by the STF and in accordance with STF guidelines, including during any victory ceremony and / or lap of honour.
- 6.3 It is the athlete's responsibility to ensure clothing and equipment are well maintained and in accordance with STF and World Taekwondo (WT) guidelines for competition.
- 6.4 Athlete to adhere to 'black-out periods', specified by STF and in accordance with SNOC Sponsorship Guidelines before and during Major Games/ Meets.
- 6.5 Athlete to refrain from publicly and actively endorsing brands and/or products, other than those arranged for and approved by the STF and SNOC.

7 Intellectual Property

- 7.1 Intellectual Property and all rights in, attaching to or relating to STF, its programmes, events, initiatives and marketing and promotional materials are owned by STF. Athlete shall not use such Intellectual Property except when permitted by STF.

- 7.2 Athlete shall not use the trademarks / logo of STF or any Private or Commercial Sponsors in conjunction with any personal commercial arrangements of the Athlete without the prior written approval of STF.

8 Disclosure of Information

- 8.1 To permit the dissemination of personal information (including information related to race or ethnic origin and physical/mental health) to SportSG, SNOC and WT when required by STF and/or these governing bodies.

9 Breach of Code of Conduct

- 9.1 Any breach/violation of the Code of Conduct on athlete's part is determined also to be "misconduct". STF may suspend athlete for a specified period (to be determined by the STF Disciplinary Committee) and exclude athlete from all STF and WT events and activities during the term of suspension.
- 9.2 Athlete understands that all cases of disciplinary proceedings respecting misconduct shall be dealt with by the STF Disciplinary Committee, in consultation with the SportSG and the SNOC if deemed necessary.

ACCEPTANCE AND AGREEMENT BY ATHLETE

My acceptance as a member of Singapore Taekwondo Federation National Squad is conditional on me signing this Code of Conduct and observing its terms and the Athlete Agreement.

I should read this document carefully, understand all the requirements binding on me and the consequences of any breach of the Code of Conduct.

I will retain one copy of the Code of Conduct as a reference copy.

ATHLETE

Signature

Date

Name

**NRIC No.
(last 4 digits)**

PARENT (FOR ATHLETE BELOW 21 YEARS OLD)

Signature

Date

Name

NRIC No.