



OPEN SELECTIONS 2023 & SEAG 2023 SELECTIONS

Event : Open Selections 2023 & SEAG 2023 Selections
Date : 12 - 13 November 2022
Event Venue : National Training Center, 80 Lorong Limau, #04-191, Singapore 320080

As part of supporting the National Sporting Agenda, the Singapore Taekwondo Federation (STF) conducts annual Open Selection trials to identify promising athletes to participate in the national squad training as part of developing the pool of High Performance talents to prepare for international tournaments and championships.

This Open Selections 2023 is to recruit new members with the intent to participant in international games planned in 2023. All affiliates are invited to participate in the open trials for both Kyorugi and Poomsae events.

SELECTION TRIAL

All participants must be **SINGAPORE CITIZENS** and are STF Poom or Black belt holders.

All Athletes are required to complete and submit the attached forms in the Annexes and email to Secretariat at yingying@stf.org.sg by Wednesday, 9 November 2022, 6.00PM (GMT +8)

1. National Selection Trials (To be completed by Affiliates)
2. Athletes Undertaking Form (To be completed by Athlete)

The trials would only be open for observation by the registered accompanying coaches (**must be Level 2 qualified**).

Upon submission of the relevant forms, a Selections Trial Starter Pack will be send to you for further details of the technical and physical test components for your reference. In the event if you did not receive the documents, please reach out to the Secretariat at yingying@stf.org.sg or highperf@stf.org.sg.

Individuals who are unwell, on Leave of Absence, Stay-Home Notice or contagious diseases should not attend the event.

According to the Ministry of Health, vaccinated persons who received the Pfizer-BioNTech/Comirnaty or Moderna vaccines, in particular adolescents and young persons, are advised to avoid strenuous physical activities such as running, weightlifting, competitive sports, or playing ball games for two weeks after their first and second vaccination doses, as a precautionary measure.

All participants are to be fully vaccinated according the MOH requirements. Any athletes or Coaches not fully vaccinated will not be allowed into the venue. Singapore Taekwondo Federation have the rights to check the vaccination status of the participants before allowing entry to the venue. Participants certified to be ineligible for vaccination will have to attach a doctor's note.

Please note that no photography and video recording will be allowed.

PANEL OF SELECTORS

The panel of selectors will comprise any **5** of the following senior technical members. The number of selectors may be subjected to change on the actual day.

- Mr. Michael Ho
- Mr. Lee Thiam Huat
- Mr. Lee Thiam Poh
- Mr. Tan Kok Heng
- Mr. Tan Cheng Hui
- Mr. S. Sinnathurai
- Mr. Lai Han Seng
- Mr. Poh Tze Chap

EVENT DETAILS

The Open Selection Trials dates are as follows:

Date	Time	Event
12 November, 2022	8.30am to 12.30pm	Poomsae NDS Selections (Primary Assessment)
12 November, 2022	1.00pm onwards	Kyorugi NDS Selections (Primary Assessment)
13 November, 2022	8.30am to 12.30pm	Poomsae NDS Selections (Technical & Physical Assessment)
13 November, 2022	1.00pm onwards	Kyorugi NDS Selections (Technical & Physical Assessment)

Athletes who are selected at the Open Selection Trials shall be invited as members of the National Development Squad. Athletes will be banded according to their scores from the respective assessments. Banding is to be read in conjunction with the Funding Policy & Selection Policy.

With each competition, secondary closed selections may be conducted prior to each international championship to select the National Team representing Singapore. STF reserves the right not to send athletes for international competitions due to athletes' performances, conduct, or safety reasons.

SEAG 2023 SELECTIONS

In conjunction with the Open Selection 2023, the HPC will be conducting a concurrent assessment on shortlisted athletes who have been training with the NDS consistently through 2022 and has displayed performance levels that are satisfactory to be fielded for the SEA Games 2023 held in Cambodia.

Athletes who will be subjected to this concurrent assessment will be notified prior to event. The long list has been submitted by the National Coaches for both discipline and been reviewed by the HPC.