



48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023
9,10, 16 and 17 September 2023 at Toa Payoh Sports Hall

INFORMATION SHEET

1. COMPETITION JURISDICTION

- 1.1 The Team Managers and Coaches are responsible for the proper control and good conduct of their participants and supporters. If an appeal is made to any of the above persons to maintain proper conduct and it is not heeded, the Organiser reserves the rights to take disciplinary action against them.
- 1.2 The Organiser may, at any time, deal with any matters pertaining to inquiries, appeals, others etc. The decision of the Organiser on all matters brought before it shall be final.
- 1.3 The Organiser reserves the right to interpret the said rules and regulations as they deem fit. In the event of any questions or matters arising out of any point which has not been expressly provided for in any of the rules governing this competition, the decision of the Organiser shall be final.
- 1.4 The rules and regulations as depicted in this documents are current at the time of printing. The Organiser reserves the right to add, delete and/or vary the said rules and regulations at any time as it deems fit.
- 1.5 The Organiser reserves the right to disqualify participants / team at its discretion as dictated by STF competition Rules & Regulation Article 23.
- 1.6 Disciplinary actions issued by Competition Supervisory Board/Extraordinary Sanction Board may vary according to the degree of the violation. The following sanctions may be given:
 - 1.6.1 Disqualification of the athlete
 - 1.6.2 Warning and order to issue official apology
 - 1.6.3 Removal of accreditation
 - 1.6.4 Total ban from the competition
 - 1.6.5 Revoke the results and all related merits
 - 1.6.6 Suspension of individual athlete, coach, or/and team officials from all STF activities.
 - 1.6.6.1 6 months Suspension
 - 1.6.6.2 1 year Suspension
 - 1.6.6.3 2 years Suspension
 - 1.6.6.4 3 years Suspension
 - 1.6.6.5 4 years Suspension
 - 1.6.7 Suspension of STF affiliated clubs from participating in the STF organised and/or sanctioned championship as follows:
 - 1.6.7.1 Specified championship.
 - 1.6.7.2 All championships for a specified period of time up to four (4) years.
 - 1.6.8 Monetary fine of between SGD \$100 to \$5,000 dollars per violation.

The Competition Supervisory Board/Extraordinary Sanction Board may recommend additional disciplinary actions be taken against the members involved, including but not limited to longer-term suspension, lifetime and, and/or additional monetary fines.

2 SCHEDULE

- 2.1 Registration: 1 August 2023 (Tuesday) to 17 August 2023 (Thursday), 4pm
Opening hours are 9.30am to 12.30pm and 2.00pm to 5.00pm
Monday to Friday, STF office, 35 Joo Chiat Place.
- 2.2 Team Manager's Briefing:
& Drawing of lots 3 September 2023 (Sunday)
5.00 pm to 7.00 pm, STF National Training Centre
80 Lor Limau, #04-191
- 2.3 Preliminaries & Finals: 9 & 10 September 2023 (Saturday & Sunday); and
16 & 17 September 2023 (Saturday & Sunday)
Toa Payoh Sports Hall
- 2.4 The Organiser reserves the rights to change the schedule as it deems fit.

3 ELIGIBILITY

- 3.1 Members of Clubs affiliated to Singapore Taekwondo Federation (STF).
3.2 Red belt, poom belt and black belt holders (Grades obtained on or before 09 Aug 2023).

4 CLASSIFICATIONS (FREE SPARRING)

Young (1) Category	9 years old and below (Born on or after year 2014)
Young (2) Category	10 to 11 years old (Born between year 2012 to 2013)
Cadet (1) Category (Non-Head Kick)	12 to 14 years old (Born between year 2009 to 2011)
Cadet (2) Category (Head Kick)	12 to 14 years old (Born between year 2009 to 2011)
Junior (1) Category (Non-Head Kick)	15 to 17 years old (Born between year 2006 to 2008)
Junior (2) Category (Head Kick)	15 to 17 years old (Born between year 2006 to 2008)
Senior (1) Category	18 to 30 years old (Born between year 1993 to 2005)
Senior (2) Category	31 to 40 years old (Born between year 1983 to 1992)
Master (1) Category	41 to 50 years old (Born between year 1973 to 1982)
Master (2) Category	51 years old and older (Born on or before year 1972)

Details on the weight divisions are provided in the registration form.

5 NUMBER OF PARTICIPANTS

5.1 No limit to number of players per weight category.

6 UNIFORM

6.1 Participants shall wear the official uniform of the STF. Those who fail to observe this rule will be barred from participation.

7 FIXTURES

7.1 The tournament fixtures will be ready on STF's website by 5 September 2023.

8 WEIGH-IN

8.1 It is compulsory for all participants to undergo the official weigh-in on the event days.

8.2 Weigh-in shall be conducted once. Switching of weight categories after drawing of lots will not be allowed.

8.3 During Weigh-in, participants shall wear T-shirt & short.

8.4 No weight allowance given. Participants who are over-weight or under-weight shall be disqualified.

9 TEAM MANAGER BRIEFING & DRAWING OF LOTS

9.1 One representative per affiliate will be allowed to participate in the balloting which will be conducted on 3 September 2023 at 5.00pm.

10 METHOD OF COMPETITION

10.1 Single elimination system.

11 RULES AND REGULATIONS

11.1 WT and STF rules will apply.

11.2 Free sparring will be conducted in 2 or 3 rounds of 1.0 minutes or 1.5 minutes each with **30 seconds** rest in between rounds. The Organiser reserves the rights to modify the duration.

11.3 Introduction of Head Kick Category, in addition to the Non-head Kick Category for cadets (Aged 12 to 14) and juniors (Aged 15 to 17) is to provide them the opportunity to optimise their skill development. The cadet and junior participants can choose to participate in either a) Head Kick Category or b) Non-kick Category. Participants must wear headgear with protective face shield to compete in the Head Kick Category.

11.4 Kicking to the head is prohibited for the **Young, Cadet 1 (Non-head Kick) & Junior 1 (Non-head Kick) Category**. Participants in these categories who execute a kick to the head will be disqualified immediately.

11.5 Past and / or current national athletes are defined as athletes who have been selected by Singapore Taekwondo Federation to represent the country to compete in international Non- G/G1/G2/G4/

G8/G12/G20 Taekwondo Championships. These national athletes will only be allowed to compete in the Open Category.

- 11.6 Other Dan grade participants are allowed to compete in the Open Category, but they may only choose to participate in one individual category (i.e. only Open Category or Senior Category).
- 11.7 Non-STF Dan grade certificate holders from STF affiliates (World Taekwondo/Kukkiwon recognised certificates – must be under respective National Sports Association [NSA]) & invited parties are able to participate in the Open Category.

12 REGISTRATION

- 12.1 Registration for the championships will be from 1 August 2023 (Tuesday) to 17 August 2023 (Thursday) 1600hrs (4pm). Late charges will be imposed for registration from 18 August to 21 August 2023 1600hrs (4pm).
- 12.2 Photocopy of participants' grades and proofs of participants' ages (for those below 17 years old) are required for verification. Grading cards, black belt/poom certificates, birth certificates and passports are acceptable as documentary proofs.
- 12.3 Doctor's clearance will be required for those with pre-existing medical conditions.
- 12.4 Submission of incomplete registration form(s) will constitute in disqualification of participants.
- 12.5 **It is strictly not allowed to field athletes under other clubs.**
- 12.6 Registration Fees: All fees inclusive of GST

On or before 17 August 2023, 1600hrs, 4pm: S\$ 43.20 per participant

18 August to 21 August 2023, 1600hrs, 4pm: S\$ 64.80 per participant

13 PROVISION OF REFEREE AND VOLUNTER

- 13.1 **Compulsory for all participating teams or clubs to provide sufficient qualified National Referees for the tournament. Based on one Referee for every 50 participants per club.**
- 13.2 All participating teams or clubs are compulsory to provide one volunteer (Junior or Senior, minimum 15 years old, Full day) for the tournament.

14 COMPETITION OFFICIAL COACH.

- 14.1 Coaches must hold a minimum of level 2 qualification.
- 14.2 Strictly not allowed to employ coaches from other clubs to coach their members during the competitions.
- 14.3 All coaches are required to display their professional coach passes before entering the field of play and for the full duration of the match.
- 14.4 Professional coach passes will be required for all tournaments organised or sanctioned by the Singapore Taekwondo Federation henceforth without exception.
- 14.5 Clubs must produce sufficient coaches to take care of their own athletes during the competition. Athletes must be accompanied by their coaches to the arena to compete or else the athletes shall be **disqualified** without the accompaniment of their coaches. There will be four (4) courts and

competition will be conducted concurrently. It is unacceptable to cite the athlete's coach is at another court as the competition have to proceed and cannot be delayed.

15 EQUIPMENT

- 15.1 All competitors will be required to wear the following protective equipment on entering the competition arena:
Headgear with face shield (Blue or Red only) or E- Headgear, Trunk protector, E-Socks, Groin guard, Forearm guard, Shin guard, Gloves and Mouthpiece (option for headgear with face shield).
- 15.2 A female competitor will also be required to wear groin guard.
- 15.3 Equipment used for the competition must be approved by the STF.
- 15.4 **PSS system in use:** KPNP system, Headgear & Trunk protector will be provided.
- 15.5 **KPNP E-socks will NOT be provided, athletes have to have their own e-socks.**

16 AWARDS

- 16.1 The following prizes will be presented:

1 st place	: One Gold Medal
2 nd place	: One Silver Medal
3 rd place	: Two Bronze Medals

- 16.2 All medal winners must be present in FULL uniform to receive their prizes. No further claim after the event.

17 FOREIGN PARTICIPANTS

- 17.1 Each affiliate is allowed to field a maximum of **4 foreign Red/Poom Belt** players.
- 17.2 Documentary proofs of participants' grades and nationalities are required.
- 17.3 Non-ST Dan grade certificate holders (World Taekwondo/Kukkiwon recognised certificates – must be under respective National Sports Association [NSA]) from STF affiliates & invited parties are able to participate in the Open Category.

18 DECLARATION

- 18.1 Any previous training in other martial arts must be declared. (e.g. types of martial art ; level and years of training);
- 18.2 Affiliate representatives (Manager / Coaches) must ensure that parents of participants under 21 years old personally endorse the indemnity forms. They will be held responsible if the forms contain fake signatures.
- 18.3 **Team manager / Coaches to ensure that their athletes are prepared and fit for the competition. They should withdraw any athlete who is not feeling well on the day of the competition. Doctor's clearance will be required for those with pre-existing medical conditions.**

18.4 All teams and participants shall be responsible to ensure their own medical coverage, including first aid and personal accident insurance.

19 RANDOM CHECK

19.1 Random weight checks and participant's grade and ages checks will be conducted during the tournament. Contestants who fail their requirement, shall be disqualified.

20 PROTEST

20.1 Any protest against a judgment shall be made on a prescribed form and submitted together with the fee of \$324.00 (GST inclusive) to the Competition Supervisory Board within 10 minutes of the pertinent contest.

21 ENQUIRIES

21.1 For further enquiries, please email stkdf@mail.com

GUIDELINES

CODE OF CONDUCT

The following guidelines are not intended to be exhaustive and include at the absolute minimum the code of conduct herein described.

1. The participants must at all times conduct and behave themselves in a manner befitting of a Taekwondo exponent and will take reasonable care to ensure that the good name of the Federation will not be tarnished by rowdy or bad behavior.
2. The decisions of all judges and referees are deemed final save that in the event of a genuine dispute or disagreement, the complainant must:
 - a) **Refrain from use of abusive language;**
 - b) **Channel his / her protest through the Team Manager or coach of his / her club to an authorised official of the Federation on the day of the event.**
3. Any attempts to discredit any officials, judges, and referees without good cause subjects those participants to disciplinary actions.
4. No one, including the Team Manager or coach is allowed to step beyond the boundary line of the RECORDER'S table.
5. Anyone previously disqualified is not allowed to participate without first seeking clearance from the Organiser.
6. The STF and / or its Organiser reserve the rights to vary or add to the above rules if and whenever necessary.

Arbitration and Sanction

The Competition Supervisory Board shall make corrections of misjudgments according to their decision regarding protests and take disciplinary action against the officials committing the misjudgment or any illegal behavior and the results of which shall be sent to the Secretariat of the STF. The Competition Supervisory Board shall also be entitled the Extraordinary Committee of Sanction concurrently at the competition for the matters in relation to competition management.

- 1) The STF President or Secretary General (in their absence, the Technical Delegate) may request the Extraordinary Committee of Sanction for deliberation when any of the following behaviors are committed by a coach or a participant.
 - a) Interfering with the management of competition or stirring up spectators for the same purpose.
 - b) Interfering with the operation of the competition conducted by the STF and the Organiser.
 - c) Spreading rumors for the purpose of exerting an unwarranted influence on the judgement.
- 2) When judged reasonable, the Extraordinary Committee of Sanction shall deliberate over the matter and takes disciplinary action immediately. The result of deliberation shall be announced to the public and reported to the STF Board.
- 3) The Extraordinary Committee of Sanction may summon the person concerned for confirmation of events.

Agreement

Our team agrees to abide by the guidelines.

CLUB

Full Name & Signature of Team Manager / Coach

Date

REGISTRATION FORM A - Young (1)

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Year of Birth:_____ Age_____ (as at 2023)

Emergency Contact No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art: _____ Level: _____ Years there: _____

Medical condition (if any) : _____ Years : _____

(Please X the appropriate box)

YOUNG (1) CATEGORY (9 years old & Below) (born on or after year 2014)

DIVISION	MALE		DIVISION	FEMALE	
BELT	Red		BELT	Red	
	Poom			Poom	
Under 22 kg	22 kg & Under		Under 22 kg	22 kg & Under	
Under 25 kg	Over 22 – 25 kg		Under 25 kg	Over 22 – 25 kg	
Under 28 kg	Over 25 – 28 kg		Under 28 kg	Over 25 – 28 kg	
Under 31 kg	Over 28 – 31 kg		Under 31 kg	Over 28 – 31 kg	
Under 34 kg	Over 31 – 34 kg		Under 34 kg	Over 31 – 34 kg	
Under 37 kg	Over 34 – 37 kg		Under 37 kg	Over 34 – 37 kg	
Under 40 kg	Over 37 – 40 kg		Under 40 kg	Over 37 – 40 kg	
Under 43 kg	Over 40 – 43kg		Under 43 kg	Over 40 – 43kg	
Under 46 kg	Over 43 – 46 kg		Under 46 kg	Over 43 – 46 kg	
Under 49 kg	Over 46 – 49 kg		Under 49 kg	Over 46 – 49 kg	
Under 52 kg	Over 49 – 52 kg		Under 52 kg	Over 49 – 52 kg	
Under 55 kg	Over 52 – 55 kg		Under 55 kg	Over 52 – 55 kg	
Under 58 kg	Over 55 – 58 kg		Under 58 kg	Over 55 – 58 kg	
Under 61 kg	Over 58 – 61 kg		Under 61 kg	Over 58 – 61 kg	
Over 61 kg	Over 61 kg		Over 61 kg	Over 61 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, *Mr/Mrs/Ms _____, the *parent / guardian of _____ consent to *his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of *his / her participation in the event.

Name of *Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Email Address.

Signature / Date

REGISTRATION FORM B - Young (2)

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Year of Birth:_____ Age _____
(as at 2023)

Emergency Contact No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art: _____ Level:_____ Years there:_____

Medical condition (if any) : _____ Years : _____

(Please X the appropriate box)

YOUNG (2) CATEGORY (10 to 11 years old) (born between year 2012 to 2013)

DIVISION	MALE		DIVISION	FEMALE	
BELT	Red		BELT	Red	
	Poom			Poom	
Under 24 kg	24 kg & Under		Under 24 kg	24 kg & Under	
Under 27 kg	Over 24 – 27 kg		Under 27 kg	Over 24 – 27 kg	
Under 30 kg	Over 27 – 30 kg		Under 30 kg	Over 27 – 30 kg	
Under 33 kg	Over 30 – 33 kg		Under 33 kg	Over 30 – 33 kg	
Under 36 kg	Over 33 – 36 kg		Under 36 kg	Over 33 – 36 kg	
Under 39 kg	Over 36 – 39 kg		Under 39 kg	Over 36 – 39 kg	
Under 42 kg	Over 39 – 42 kg		Under 42 kg	Over 39 – 42 kg	
Under 45 kg	Over 42 – 45 kg		Under 45 kg	Over 42 – 45 kg	
Under 48 kg	Over 45 – 48 kg		Under 48 kg	Over 45 – 48 kg	
Under 51 kg	Over 48 – 51 kg		Under 51 kg	Over 48 – 51 kg	
Under 54 kg	Over 51 – 54 kg		Under 54 kg	Over 51 – 54 kg	
Under 57 kg	Over 54 – 57 kg		Under 57 kg	Over 54 – 57 kg	
Under 60 kg	Over 57 – 60 kg		Under 60 kg	Over 57 – 60 kg	
Under 63 kg	Over 60 – 63 kg		Under 63 kg	Over 60 – 63 kg	
Over 63 kg	Over 63 kg		Over 63 kg	Over 63 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, *Mr/Mrs/Ms _____, the *parent / guardian of _____ consent to *his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of *his / her participation in the event.

Name of *Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Email Address

Signature / Date

REGISTRATION FORM C - Cadet 1 (Non-Head Kick)

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Year of Birth: _____ Age _____
(as at 2023)

Emergency Contact No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

Medical condition (if any) : _____ Years: _____

(Please X the appropriate box)

CADET 1 CATEGORY (12 to 14 years old) (born between year 2009 to 2011)

DIVISION	MALE		DIVISION	FEMALE	
BELT	Red		BELT	Red	
	Poom			Poom	
Under 24 kg	24 kg & Under		Under 23 kg	23 kg & Under	
Under 27 kg	Over 24 – 27 kg		Under 26 kg	Over 23 – 26 kg	
Under 30 kg	Over 27 – 30 kg		Under 29 kg	Over 26 – 29 kg	
Under 33 kg	Over 30 – 33 kg		Under 33 kg	Over 29 – 33 kg	
Under 37 kg	Over 33 – 37 kg		Under 37 kg	Over 33 – 37 kg	
Under 41 kg	Over 37 – 41 kg		Under 41 kg	Over 37 – 41 kg	
Under 45 kg	Over 41 – 45 kg		Under 44 kg	Over 41 – 44 kg	
Under 49 kg	Over 45 – 49 kg		Under 47 kg	Over 44 – 47 kg	
Under 53 kg	Over 49 – 53 kg		Under 51 kg	Over 47 – 51 kg	
Under 57 kg	Over 53 – 57 kg		Under 55 kg	Over 51 – 55 kg	
Under 61 kg	Over 57 – 61 kg		Under 59 kg	Over 55 – 59 kg	
Under 65 kg	Over 61 – 65 kg		Under 63 kg	Over 59 – 63 kg	
Under 70 kg	Over 65 – 70 kg		Under 67 kg	Over 63 – 67 kg	
Under 75 kg	Over 70 – 75 kg		Under 72 kg	Over 67 – 72 kg	
Over 75 kg	Over 75 kg		Over 72 kg	Over 72 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, *Mr/Mrs/Ms _____, the *parent / guardian of _____ consent to *his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of *his / her participation in the event.

Name of *Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Email Address

Signature / Date

REGISTRATION FORM D - Cadet 2 (Head Kick)

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Year of Birth:_____ Age _____
(as at 2023)

Emergency Contact No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art: _____ Level:_____ Years there:_____

Medical condition (if any) : _____ Years:_____

(Please X the appropriate box)

CADET 2 CATEGORY (12 to 14 years old) (born between year 2009 to 2011)

DIVISION	MALE	
BELT	Red	
	Poom	
Under 24 kg	24 kg & Under	
Under 27 kg	Over 24 – 27 kg	
Under 30 kg	Over 27 – 30 kg	
Under 33 kg	Over 30 – 33 kg	
Under 37 kg	Over 33 – 37 kg	
Under 41 kg	Over 37 – 41 kg	
Under 45 kg	Over 41 – 45 kg	
Under 49 kg	Over 45 – 49 kg	
Under 53 kg	Over 49 – 53 kg	
Under 57 kg	Over 53 – 57 kg	
Under 61 kg	Over 57 – 61 kg	
Under 65 kg	Over 61 – 65 kg	
Under 70 kg	Over 65 – 70 kg	
Under 75 kg	Over 70 – 75 kg	
Over 75 kg	Over 75 kg	

DIVISION	FEMALE	
BELT	Red	
	Poom	
Under 23 kg	23 kg & Under	
Under 26 kg	Over 23 – 26 kg	
Under 29 kg	Over 26 – 29 kg	
Under 33 kg	Over 29 – 33 kg	
Under 37 kg	Over 33 – 37 kg	
Under 41 kg	Over 37 – 41 kg	
Under 44 kg	Over 41 – 44 kg	
Under 47 kg	Over 44 – 47 kg	
Under 51 kg	Over 47 – 51 kg	
Under 55 kg	Over 51 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 67 kg	Over 63 – 67 kg	
Under 72 kg	Over 67 – 72 kg	
Over 72 kg	Over 72 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, *Mr/Mrs/Ms _____, the *parent / guardian of _____ consent to *his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of *his / her participation in the event.

Name of *Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Email Address

Signature / Date

REGISTRATION FORM E - Junior 1 (Non-Head Kick)

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Year of Birth:_____ Age _____
(as at 2023)

Emergency Contact No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art: _____ Level: _____ Years there: _____

Medical condition (if any) : _____ Years: _____

(Please X the appropriate box)

JUNIOR 1 CATEGORY (15 to 17 years old) (born between year 2006 to 2008)

DIVISION	MALE		DIVISION	FEMALE	
BELT	Red		BELT	Red	
	Black			Black	
Under 33 kg	33 kg & Under		Under 33 kg	33 kg & Under	
Under 36 kg	Over 33 – 36 kg		Under 36 kg	Over 34 – 36 kg	
Under 39 kg	Over 36 – 39 kg		Under 39 kg	Over 36 – 39 kg	
Under 42 kg	Over 39 – 42 kg		Under 42 kg	Over 39 – 42 kg	
Under 45 kg	Over 42 – 45 kg		Under 44 kg	Over 42 – 44 kg	
Under 48 kg	Over 45 – 48 kg		Under 46 kg	Over 44 – 46 kg	
Under 51 kg	Over 48 – 51 kg		Under 49 kg	Over 46 – 49 kg	
Under 55 kg	Over 51 – 55 kg		Under 52 kg	Over 49 – 52 kg	
Under 59 kg	Over 55 – 59 kg		Under 55 kg	Over 52 – 55 kg	
Under 63 kg	Over 59 – 63 kg		Under 59 kg	Over 55 – 59 kg	
Under 68 kg	Over 63 – 68 kg		Under 63 kg	Over 59 – 63 kg	
Under 73 kg	Over 68 – 73 kg		Under 68 kg	Over 63 – 68 kg	
Under 78 kg	Over 73 – 78 kg		Under 73 kg	Over 68 – 73 kg	
Under 83 kg	Over 78 – 83 kg		Under 78 kg	Over 73 – 78 kg	
Over 83 kg	Over 83 kg		Over 78 kg	Over 78 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, *Mr/Mrs/Ms _____, the *parent / guardian of _____ consent to *his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of *his / her participation in the event.

Name of *Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Email Address

Signature / Date

REGISTRATION FORM F - Junior 2 (Head Kick)

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Year of Birth:_____ Age_____ (as at 2023)

Emergency Contact No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art:_____ Level:_____ Years there:_____

Medical condition (if any) :_____ Years:_____

(Please X the appropriate box)

JUNIOR 2 CATEGORY (15 to 17 years old) (born between year 2006 to 2008)

DIVISION	MALE	
BELT	Red	
	Black	
Under 33 kg	33 kg & Under	
Under 36 kg	Over 33 – 36 kg	
Under 39 kg	Over 36 – 39 kg	
Under 42 kg	Over 39 – 42 kg	
Under 45 kg	Over 42 – 45 kg	
Under 48 kg	Over 45 – 48 kg	
Under 51 kg	Over 48 – 51 kg	
Under 55 kg	Over 51 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 68 kg	Over 63 – 68 kg	
Under 73 kg	Over 68 – 73 kg	
Under 78 kg	Over 73 – 78 kg	
Under 83 kg	Over 78 – 83 kg	
Over 83 kg	Over 83 kg	

DIVISION	FEMALE	
BELT	Red	
	Black	
Under 33 kg	33 kg & Under	
Under 36 kg	Over 33 – 36 kg	
Under 39 kg	Over 36 – 39 kg	
Under 42 kg	Over 39 – 42 kg	
Under 44 kg	Over 42 – 44 kg	
Under 46 kg	Over 44 – 46 kg	
Under 49 kg	Over 46 – 49 kg	
Under 52 kg	Over 49 – 52 kg	
Under 55 kg	Over 52 – 55 kg	
Under 59 kg	Over 55 – 59 kg	
Under 63 kg	Over 59 – 63 kg	
Under 68 kg	Over 63 – 68 kg	
Under 73 kg	Over 68 – 73 kg	
Under 78 kg	Over 73 – 78 kg	
Over 78 kg	Over 78 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I, *Mr/Mrs/Ms _____, the *parent / guardian of _____ consent to *his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of *his / her participation in the event.

Name of *Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Email Address

Signature / Date

REGISTRATION FORM G - Senior (1)

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full)_____ Sex:_____ Year of Birth:_____ Age _____
(as at 2023)

Emergency Contact No:_____ Tel:_____ H/P:_____

Address:_____ (S)_____

Grade:_____ Date Obtained:_____ Name of Coach:_____ HP:_____

AFFILIATE:_____ Name of Manager:_____ HP:_____

Others Martial Art: _____ Level:_____ Years there:_____

Medical condition (if any) : _____ Years:_____

(Please X the appropriate box)

SENIOR (1) CATEGORY (18 to 30 years old) (born between year 1993 to 2005)

DIVISION	MALE		DIVISION	FEMALE	
BELT	Red		BELT	Red	
	Black			Black	
Under 42 kg	42 kg & Under		Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg		Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg		Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg		Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg		Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg		Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg		Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg		Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg		Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg		Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg		Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg		Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg		Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg		Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg		Over 94 kg	Over 94 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

(To be completed by parent / guardian of participant below 21 years old)

I,* Mr/Mrs/Ms _____, the *parent / guardian of _____ consent to *his / her participating in the championships and undertake to indemnify and keep indemnified the Federation against all claims arising out of injury, damage or loss suffered or caused in the course of *his / her participation in the event.

Name of *Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Email Address.

Signature / Date

REGISTRATION FORM H - Senior (2)

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Year of Birth: _____ Age _____
(as at 2023)

Emergency Contact No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

Medical condition (if any) : _____ Years: _____

(Please X the appropriate box)

SENIOR (2) CATEGORY (31 to 40 years old) (born between year 1983 to 1992)

DIVISION	MALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

DIVISION	FEMALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

I, _____ consent to the participation of the above named applicant. and confirm that all the information provided herein is true and ratify the Medical Declaration .

Name of Team Manager

Email Address.

Signature / Date

REGISTRATION FORM J - Master (1)

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Year of Birth: _____ Age _____
(as at 2023)

Emergency Contact No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

Medical condition (if any) : _____ Years: _____

(Please X the appropriate box)

MASTER (1) CATEGORY (41 to 50 years old) (born between year 1973 to 1982)

DIVISION	MALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

DIVISION	FEMALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

I, _____ consent to the participation of the above named applicant. and confirm that all the information provided herein is true and ratify the Medical Declaration .

Name of Team Manager

Email Address

Signature / Date

REGISTRATION FORM K - Master (2)

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Year of Birth: _____ Age _____
(as at 2023)

Emergency Contact No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

Medical condition (if any) : _____ Years: _____

(Please X the appropriate box)

MASTER (2) CATEGORY (51 years old & older) (born on or before year 1972)

DIVISION	MALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

DIVISION	FEMALE	
BELT	Red	
	Black	
Under 42 kg	42 kg & Under	
Under 46 kg	Over 42 – 46 kg	
Under 50 kg	Over 46 – 50 kg	
Under 54 kg	Over 50 – 54 kg	
Under 58 kg	Over 54 – 58 kg	
Under 62 kg	Over 58 – 62 kg	
Under 66 kg	Over 62 – 66 kg	
Under 70 kg	Over 66 – 70 kg	
Under 74 kg	Over 70 – 74 kg	
Under 78 kg	Over 74 – 78 kg	
Under 82 kg	Over 78 – 82 kg	
Under 86 kg	Over 82 – 86 kg	
Under 90 kg	Over 86 – 90 kg	
Under 94 kg	Over 90 – 94 kg	
Over 94 kg	Over 94 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

I, _____ consent to the participation of the above named applicant. and confirm that all the information provided herein is true and ratify the Medical Declaration .

Name of Team Manager

Email Address.

Signature /Date

REGISTRATION FORM L - Open Category

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

NAME:(in full) _____ Sex: _____ Year of Birth: _____ Age _____
(as at 2023)

Emergency Contact No: _____ Tel: _____ H/P: _____

Address: _____ (S) _____

Grade: _____ Date Obtained: _____ Name of Coach: _____ HP: _____

AFFILIATE: _____ Name of Manager: _____ HP: _____

Others Martial Art: _____ Level: _____ Years there: _____

Medical condition (if any) : _____ Years: _____

(Please **X** the appropriate box)

OPEN CATEGORY (18 years old & older) (born on or before year 2005)

DIVISION	MALE	
BELT	Black	
Under 54 kg	54 kg & Under	
Under 58 kg	Over 54 – 58 kg	
Under 63 kg	Over 58 – 63 kg	
Under 68 kg	Over 63 – 68 kg	
Under 74 kg	Over 68 – 74 kg	
Under 80 kg	Over 74 – 80 kg	
Under 87 kg	Over 80 – 87 kg	
Over 87 kg	Over 87 kg	

DIVISION	FEMALE	
BELT	Black	
Under 46 kg	Not exceeding 46kg	
Under 49 kg	Over 46 – 49 kg	
Under 53 kg	Over 49 – 53 kg	
Under 57 kg	Over 53 – 57 kg	
Under 62 kg	Over 57 – 62 kg	
Under 67 kg	Over 62 – 67 kg	
Under 73 kg	Over 67 – 73 kg	
Over 73 kg	Over 73 kg	

Actual Weight
Pl. Fill In

Official Use

Signature of Participant

I, _____ consent to the participation of the above named applicant. and confirm that all the information provided herein is true and ratify the Medical Declaration .

Name of Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Email Address.

Signature /Date

48th NATIONAL TAEKWONDO KYORUGI AMBASSADOR CHAMPIONSHIPS 2023

ENTRIES FOR AFFILIATE

Affiliate : _____

Head of Team : _____ **HP:** _____

Team Manager : _____ **HP:** _____

Name of Coaches: 1) _____ 5) _____
(Professional Passes)

2) _____ 6) _____

3) _____ 7) _____

4) _____ 8) _____

Name of Referees: 1) _____ 4) _____

2) _____ 5) _____

3) _____ 6) _____

Name of Volunteers: 1) _____ 3) _____

2) _____ 4) _____

YOUNG (1) CATEGORY (9 years old & below)
Form A

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 22 kg	22 kg & Under		
	Male	Red	Under 25 kg	Over 22 – 25 kg		
	Male	Red	Under 28 kg	Over 25 – 28 kg		
	Male	Red	Under 31 kg	Over 28 – 31 kg		
	Male	Red	Under 34 kg	Over 31 – 34 kg		
	Male	Red	Under 37 kg	Over 34 – 37 kg		
	Male	Red	Under 40 kg	Over 37 – 40 kg		
	Male	Red	Under 43 kg	Over 40 – 43kg		
	Male	Red	Under 46 kg	Over 43 – 46 kg		
	Male	Red	Under 49 kg	Over 46 – 49 kg		
	Male	Red	Under 52 kg	Over 49 – 52 kg		
	Male	Red	Under 55 kg	Over 52 – 55 kg		
	Male	Red	Under 58 kg	Over 55 – 58 kg		
	Male	Red	Under 61 kg	Over 58 – 61 kg		
	Male	Red	Over 61 kg	Over 61 kg		
	Male	Poom	Under 22 kg	22 kg & Under		
	Male	Poom	Under 25 kg	Over 22 – 25 kg		
	Male	Poom	Under 28 kg	Over 25 – 28 kg		
	Male	Poom	Under 31 kg	Over 28 – 31 kg		
	Male	Poom	Under 34 kg	Over 31 – 34 kg		
	Male	Poom	Under 37 kg	Over 34 – 37 kg		
	Male	Poom	Under 40 kg	Over 37 – 40 kg		
	Male	Poom	Under 43 kg	Over 40 – 43kg		
	Male	Poom	Under 46 kg	Over 43 – 46 kg		
	Male	Poom	Under 49 kg	Over 46 – 49 kg		
	Male	Poom	Under 52 kg	Over 49 – 52 kg		
	Male	Poom	Under 55 kg	Over 52 – 55 kg		
	Male	Poom	Under 58 kg	Over 55 – 58 kg		
	Male	Poom	Under 61 kg	Over 58 – 61 kg		

	Male	Poom	Over 61 kg	Over 61 kg		
	Female	Red	Under 22 kg	22 kg & Under		
	Female	Red	Under 25 kg	Over 22 – 25 kg		
	Female	Red	Under 28 kg	Over 25 – 28 kg		
	Female	Red	Under 31 kg	Over 28 – 31 kg		
	Female	Red	Under 34 kg	Over 31 – 34 kg		
	Female	Red	Under 37 kg	Over 34 – 37 kg		
	Female	Red	Under 40 kg	Over 37 – 40 kg		
	Female	Red	Under 43 kg	Over 40 – 43kg		
	Female	Red	Under 46 kg	Over 43 – 46 kg		
	Female	Red	Under 49 kg	Over 46 – 49 kg		
	Female	Red	Under 52 kg	Over 49 – 52 kg		
	Female	Red	Under 55 kg	Over 52 – 55 kg		
	Female	Red	Under 58 kg	Over 55 – 58 kg		
	Female	Red	Under 61 kg	Over 58 – 61 kg		
	Female	Red	Over 61 kg	Over 61 kg		
	Female	Poom	Under 22 kg	22 kg & Under		
	Female	Poom	Under 25 kg	Over 22 – 25 kg		
	Female	Poom	Under 28 kg	Over 25 – 28 kg		
	Female	Poom	Under 31 kg	Over 28 – 31 kg		
	Female	Poom	Under 34 kg	Over 31 – 34 kg		
	Female	Poom	Under 37 kg	Over 34 – 37 kg		
	Female	Poom	Under 40 kg	Over 37 – 40 kg		
	Female	Poom	Under 43 kg	Over 40 – 43kg		
	Female	Poom	Under 46 kg	Over 43 – 46 kg		
	Female	Poom	Under 49 kg	Over 46 – 49 kg		
	Female	Poom	Under 52 kg	Over 49 – 52 kg		
	Female	Poom	Under 55 kg	Over 52 – 55 kg		
	Female	Poom	Under 58 kg	Over 55 – 58 kg		

	Female	Poom	Under 61 kg	Over 58 – 61 kg		
	Female	Poom	Over 61 kg	Over 61 kg		

YOUNG (2) CATEGORY (10 to 11 years old)
Form B

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 24 kg	24 kg & Under		
	Male	Red	Under 27 kg	Over 24 – 27 kg		
	Male	Red	Under 30 kg	Over 27 – 30 kg		
	Male	Red	Under 33 kg	Over 30 – 33 kg		
	Male	Red	Under 36 kg	Over 33 – 36 kg		
	Male	Red	Under 39 kg	Over 36 – 39 kg		
	Male	Red	Under 42 kg	Over 39 – 42 kg		
	Male	Red	Under 45 kg	Over 42 – 45 kg		
	Male	Red	Under 48 kg	Over 45 – 48 kg		
	Male	Red	Under 51 kg	Over 48 – 51 kg		
	Male	Red	Under 54 kg	Over 51 – 54 kg		
	Male	Red	Under 57 kg	Over 54 – 57 kg		
	Male	Red	Under 60 kg	Over 57 – 60 kg		
	Male	Red	Under 63 kg	Over 60 – 63 kg		
	Male	Red	Over 63 kg	Over 63 kg		
	Male	Poom	Under 24 kg	24 kg & Under		
	Male	Poom	Under 27 kg	Over 24 – 27 kg		
	Male	Poom	Under 30 kg	Over 27 – 30 kg		
	Male	Poom	Under 33 kg	Over 30 – 33 kg		
	Male	Poom	Under 36 kg	Over 33 – 36 kg		
	Male	Poom	Under 39 kg	Over 36 – 39 kg		
	Male	Poom	Under 42 kg	Over 39 – 42 kg		
	Male	Poom	Under 45 kg	Over 42 – 45 kg		
	Male	Poom	Under 48 kg	Over 45 – 48 kg		
	Male	Poom	Under 51 kg	Over 48 – 51 kg		
	Male	Poom	Under 54 kg	Over 51 – 54 kg		
	Male	Poom	Under 57 kg	Over 54 – 57 kg		
	Male	Poom	Under 60 kg	Over 57 – 60 kg		

	Male	Poom	Under 63 kg	Over 60 – 63 kg		
	Male	Poom	Over 63 kg	Over 63 kg		
	Female	Red	Under 24 kg	24 kg & Under		
	Female	Red	Under 27 kg	Over 24 – 27 kg		
	Female	Red	Under 30 kg	Over 27 – 30 kg		
	Female	Red	Under 33 kg	Over 30 – 33 kg		
	Female	Red	Under 36 kg	Over 33 – 36 kg		
	Female	Red	Under 39 kg	Over 36 – 39 kg		
	Female	Red	Under 42 kg	Over 39 – 42 kg		
	Female	Red	Under 45 kg	Over 42 – 45 kg		
	Female	Red	Under 48 kg	Over 45 – 48 kg		
	Female	Red	Under 51 kg	Over 48 – 51 kg		
	Female	Red	Under 54 kg	Over 51 – 54 kg		
	Female	Red	Under 57 kg	Over 54 – 57 kg		
	Female	Red	Under 60 kg	Over 57 – 60 kg		
	Female	Red	Under 63 kg	Over 60 – 63 kg		
	Female	Red	Over 63 kg	Over 63 kg		
	Female	Poom	Under 24 kg	24 kg & Under		
	Female	Poom	Under 27 kg	Over 24 – 27 kg		
	Female	Poom	Under 30 kg	Over 27 – 30 kg		
	Female	Poom	Under 33 kg	Over 30 – 33 kg		
	Female	Poom	Under 36 kg	Over 33 – 36 kg		
	Female	Poom	Under 39 kg	Over 36 – 39 kg		
	Female	Poom	Under 42 kg	Over 39 – 42 kg		
	Female	Poom	Under 45 kg	Over 42 – 45 kg		
	Female	Poom	Under 48 kg	Over 45 – 48 kg		
	Female	Poom	Under 51 kg	Over 48 – 51 kg		
	Female	Poom	Under 54 kg	Over 51 – 54 kg		
	Female	Poom	Under 57 kg	Over 54 – 57 kg		

	Female	Poom	Under 60 kg	Over 57 – 60 kg		
	Female	Poom	Under 63 kg	Over 60 – 63 kg		
	Female	Poom	Over 63 kg	Over 63 kg		

CADET 1 CATEGORY (12 to 14 years old) (Non Head Kick)
Form C

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 24 kg	24 kg & Under		
	Male	Red	Under 27 kg	Over 24 – 27 kg		
	Male	Red	Under 30 kg	Over 27 – 30 kg		
	Male	Red	Under 33 kg	Over 30 – 33 kg		
	Male	Red	Under 37 kg	Over 33 – 37 kg		
	Male	Red	Under 41 kg	Over 37 – 41 kg		
	Male	Red	Under 45 kg	Over 41 – 45 kg		
	Male	Red	Under 49 kg	Over 45 – 49 kg		
	Male	Red	Under 53 kg	Over 49 – 53 kg		
	Male	Red	Under 57 kg	Over 53 – 57 kg		
	Male	Red	Under 61 kg	Over 57 – 61 kg		
	Male	Red	Under 65 kg	Over 61 – 65 kg		
	Male	Red	Under 70 kg	Over 65 – 70 kg		
	Male	Red	Under 75 kg	Over 70 – 75 kg		
	Male	Red	Over 75 kg	Over 75 kg		
	Male	Poom	Under 24 kg	24 kg & Under		
	Male	Poom	Under 27 kg	Over 24 – 27 kg		
	Male	Poom	Under 30 kg	Over 27 – 30 kg		
	Male	Poom	Under 33 kg	Over 30 – 33 kg		
	Male	Poom	Under 37 kg	Over 33 – 37 kg		
	Male	Poom	Under 41 kg	Over 37 – 41 kg		
	Male	Poom	Under 45 kg	Over 41 – 45 kg		
	Male	Poom	Under 49 kg	Over 45 – 49 kg		
	Male	Poom	Under 53 kg	Over 49 – 53 kg		
	Male	Poom	Under 57 kg	Over 53 – 57 kg		
	Male	Poom	Under 61 kg	Over 57 – 61 kg		
	Male	Poom	Under 65 kg	Over 61 – 65 kg		
	Male	Poom	Under 70 kg	Over 65 – 70 kg		

	Male	Poom	Under 75 kg	Over 70 – 75 kg		
	Male	Poom	Over 75 kg	Over 75 kg		
	Female	Red	Under 23 kg	23 kg & Under		
	Female	Red	Under 26 kg	Over 23 – 26 kg		
	Female	Red	Under 29 kg	Over 26 – 29 kg		
	Female	Red	Under 33 kg	Over 29 – 33 kg		
	Female	Red	Under 37 kg	Over 33 – 37 kg		
	Female	Red	Under 41 kg	Over 37 – 41 kg		
	Female	Red	Under 44 kg	Over 41 – 44 kg		
	Female	Red	Under 47 kg	Over 44 – 47 kg		
	Female	Red	Under 51 kg	Over 47 – 51 kg		
	Female	Red	Under 55 kg	Over 51 – 55 kg		
	Female	Red	Under 59 kg	Over 55 – 59 kg		
	Female	Red	Under 63 kg	Over 59 – 63 kg		
	Female	Red	Under 67 kg	Over 63 – 67 kg		
	Female	Red	Under 72 kg	Over 67 – 72 kg		
	Female	Red	Over 72 kg	Over 72 kg		
	Female	Poom	Under 23 kg	23 kg & Under		
	Female	Poom	Under 26 kg	Over 23 – 26 kg		
	Female	Poom	Under 29 kg	Over 26 – 29 kg		
	Female	Poom	Under 33 kg	Over 29 – 33 kg		
	Female	Poom	Under 37 kg	Over 33 – 37 kg		
	Female	Poom	Under 41 kg	Over 37 – 41 kg		
	Female	Poom	Under 44 kg	Over 41 – 44 kg		
	Female	Poom	Under 47 kg	Over 44 – 47 kg		
	Female	Poom	Under 51 kg	Over 47 – 51 kg		
	Female	Poom	Under 55 kg	Over 51 – 55 kg		
	Female	Poom	Under 59 kg	Over 55 – 59 kg		
	Female	Poom	Under 63 kg	Over 59 – 63 kg		

	Female	Poom	Under 67 kg	Over 63 – 67 kg		
	Female	Poom	Under 72 kg	Over 67 – 72 kg		
	Female	Poom	Over 72 kg	Over 72 kg		

CADET 2 CATEGORY (12 to 14 years old) (Head Kick)

Form D

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 24 kg	24 kg & Under		
	Male	Red	Under 27 kg	Over 24 – 27 kg		
	Male	Red	Under 30 kg	Over 27 – 30 kg		
	Male	Red	Under 33 kg	Over 30 – 33 kg		
	Male	Red	Under 37 kg	Over 33 – 37 kg		
	Male	Red	Under 41 kg	Over 37 – 41 kg		
	Male	Red	Under 45 kg	Over 41 – 45 kg		
	Male	Red	Under 49 kg	Over 45 – 49 kg		
	Male	Red	Under 53 kg	Over 49 – 53 kg		
	Male	Red	Under 57 kg	Over 53 – 57 kg		
	Male	Red	Under 61 kg	Over 57 – 61 kg		
	Male	Red	Under 65 kg	Over 61 – 65 kg		
	Male	Red	Under 70 kg	Over 65 – 70 kg		
	Male	Red	Under 75 kg	Over 70 – 75 kg		
	Male	Red	Over 75 kg	Over 75 kg		
	Male	Poom	Under 24 kg	24 kg & Under		
	Male	Poom	Under 27 kg	Over 24 – 27 kg		
	Male	Poom	Under 30 kg	Over 27 – 30 kg		
	Male	Poom	Under 33 kg	Over 30 – 33 kg		
	Male	Poom	Under 37 kg	Over 33 – 37 kg		
	Male	Poom	Under 41 kg	Over 37 – 41 kg		
	Male	Poom	Under 45 kg	Over 41 – 45 kg		
	Male	Poom	Under 49 kg	Over 45 – 49 kg		
	Male	Poom	Under 53 kg	Over 49 – 53 kg		
	Male	Poom	Under 57 kg	Over 53 – 57 kg		
	Male	Poom	Under 61 kg	Over 57 – 61 kg		
	Male	Poom	Under 65 kg	Over 61 – 65 kg		
	Male	Poom	Under 70 kg	Over 65 – 70 kg		

	Male	Poom	Under 75 kg	Over 70 – 75 kg		
	Male	Poom	Over 75 kg	Over 75 kg		
	Female	Red	Under 23 kg	23 kg & Under		
	Female	Red	Under 26 kg	Over 23 – 26 kg		
	Female	Red	Under 29 kg	Over 26 – 29 kg		
	Female	Red	Under 33 kg	Over 29 – 33 kg		
	Female	Red	Under 37 kg	Over 33 – 37 kg		
	Female	Red	Under 41 kg	Over 37 – 41 kg		
	Female	Red	Under 44 kg	Over 41 – 44 kg		
	Female	Red	Under 47 kg	Over 44 – 47 kg		
	Female	Red	Under 51 kg	Over 47 – 51 kg		
	Female	Red	Under 55 kg	Over 51 – 55 kg		
	Female	Red	Under 59 kg	Over 55 – 59 kg		
	Female	Red	Under 63 kg	Over 59 – 63 kg		
	Female	Red	Under 67 kg	Over 63 – 67 kg		
	Female	Red	Under 72 kg	Over 67 – 72 kg		
	Female	Red	Over 72 kg	Over 72 kg		
	Female	Poom	Under 23 kg	23 kg & Under		
	Female	Poom	Under 26 kg	Over 23 – 26 kg		
	Female	Poom	Under 29 kg	Over 26 – 29 kg		
	Female	Poom	Under 33 kg	Over 29 – 33 kg		
	Female	Poom	Under 37 kg	Over 33 – 37 kg		
	Female	Poom	Under 41 kg	Over 37 – 41 kg		
	Female	Poom	Under 44 kg	Over 41 – 44 kg		
	Female	Poom	Under 47 kg	Over 44 – 47 kg		
	Female	Poom	Under 51 kg	Over 47 – 51 kg		
	Female	Poom	Under 55 kg	Over 51 – 55 kg		
	Female	Poom	Under 59 kg	Over 55 – 59 kg		
	Female	Poom	Under 63 kg	Over 59 – 63 kg		

	Female	Poom	Under 67 kg	Over 63 – 67 kg		
	Female	Poom	Under 72 kg	Over 67 – 72 kg		
	Female	Poom	Over 72 kg	Over 72 kg		

JUNIOR 1 CATEGORY 1 (15 to 17 years old) (Non Head Kick)

Form E

s/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 33 kg	33 kg & Under		
	Male	Red	Under 36 kg	Over 33 – 36 kg		
	Male	Red	Under 39 kg	Over 36 – 39 kg		
	Male	Red	Under 42 kg	Over 39 – 42 kg		
	Male	Red	Under 45 kg	Over 42 – 45 kg		
	Male	Red	Under 48 kg	Over 45 – 48 kg		
	Male	Red	Under 51 kg	Over 48 – 51 kg		
	Male	Red	Under 55 kg	Over 51 – 55 kg		
	Male	Red	Under 59 kg	Over 55 – 59 kg		
	Male	Red	Under 63 kg	Over 59 – 63 kg		
	Male	Red	Under 68 kg	Over 63 – 68 kg		
	Male	Red	Under 73 kg	Over 68 – 73 kg		
	Male	Red	Under 78 kg	Over 73 – 78 kg		
	Male	Red	Under 83 kg	Over 78 – 83 kg		
	Male	Red	Over 83 kg	Over 83 kg		
	Male	Black	Under 33 kg	33 kg & Under		
	Male	Black	Under 36 kg	Over 33 – 36 kg		
	Male	Black	Under 39 kg	Over 36 – 39 kg		
	Male	Black	Under 42 kg	Over 39 – 42 kg		
	Male	Black	Under 45 kg	Over 42 – 45 kg		
	Male	Black	Under 48 kg	Over 45 – 48 kg		
	Male	Black	Under 51 kg	Over 48 – 51 kg		
	Male	Black	Under 55 kg	Over 51 – 55 kg		
	Male	Black	Under 59 kg	Over 55 – 59 kg		
	Male	Black	Under 63 kg	Over 59 – 63 kg		
	Male	Black	Under 68 kg	Over 63 – 68 kg		
	Male	Black	Under 73 kg	Over 68 – 73 kg		
	Male	Black	Under 78 kg	Over 73 – 78 kg		

	Male	Black	Under 83 kg	Over 78 – 83 kg		
	Male	Black	Over 83 kg	Over 83 kg		
	Female	Red	Under 33 kg	33 kg & Under		
	Female	Red	Under 36 kg	Over 33 – 36 kg		
	Female	Red	Under 39 kg	Over 36 – 39 kg		
	Female	Red	Under 42 kg	Over 39 – 42 kg		
	Female	Red	Under 44 kg	Over 42 – 44 kg		
	Female	Red	Under 46 kg	Over 44 – 46 kg		
	Female	Red	Under 49 kg	Over 46 – 49 kg		
	Female	Red	Under 52 kg	Over 49 – 52 kg		
	Female	Red	Under 55 kg	Over 52 – 55 kg		
	Female	Red	Under 59 kg	Over 55 – 59 kg		
	Female	Red	Under 63 kg	Over 59 – 63 kg		
	Female	Red	Under 68 kg	Over 63 – 68 kg		
	Female	Red	Under 73 kg	Over 78 – 73 kg		
	Female	Red	Under 78 kg	Over 73 – 78 kg		
	Female	Red	Over 78 kg	Over 78 kg		
	Female	Black	Under 33 kg	33 kg & Under		
	Female	Black	Under 36 kg	Over 33 – 36 kg		
	Female	Black	Under 39 kg	Over 36 – 39 kg		
	Female	Black	Under 42 kg	Over 39 – 42 kg		
	Female	Black	Under 44 kg	Over 42 – 44 kg		
	Female	Black	Under 46 kg	Over 44 – 46 kg		
	Female	Black	Under 49 kg	Over 46 – 49 kg		
	Female	Black	Under 52 kg	Over 49 – 52 kg		
	Female	Black	Under 55 kg	Over 52 – 55 kg		
	Female	Black	Under 59 kg	Over 55 – 59 kg		
	Female	Black	Under 63 kg	Over 59 – 63 kg		
	Female	Black	Under 68 kg	Over 63 – 68 kg		

	Female	Black	Under 73 kg	Over 68 – 73 kg		
	Female	Black	Under 78 kg	Over 73 – 78 kg		
	Female	Black	Over 78 kg	Over 78 kg		

JUNIOR 2 CATEGORY 1 (15 to 17 years old) (Head Kick)

Form F

s/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 33 kg	33 kg & Under		
	Male	Red	Under 36 kg	Over 33 – 36 kg		
	Male	Red	Under 39 kg	Over 36 – 39 kg		
	Male	Red	Under 42 kg	Over 39 – 42 kg		
	Male	Red	Under 45 kg	Over 42 – 45 kg		
	Male	Red	Under 48 kg	Over 45 – 48 kg		
	Male	Red	Under 51 kg	Over 48 – 51 kg		
	Male	Red	Under 55 kg	Over 51 – 55 kg		
	Male	Red	Under 59 kg	Over 55 – 59 kg		
	Male	Red	Under 63 kg	Over 59 – 63 kg		
	Male	Red	Under 68 kg	Over 63 – 68 kg		
	Male	Red	Under 73 kg	Over 68 – 73 kg		
	Male	Red	Under 78 kg	Over 73 – 78 kg		
	Male	Red	Under 83 kg	Over 78 – 83 kg		
	Male	Red	Over 83 kg	Over 83 kg		
	Male	Black	Under 33 kg	33 kg & Under		
	Male	Black	Under 36 kg	Over 33 – 36 kg		
	Male	Black	Under 39 kg	Over 36 – 39 kg		
	Male	Black	Under 42 kg	Over 39 – 42 kg		
	Male	Black	Under 45 kg	Over 42 – 45 kg		
	Male	Black	Under 48 kg	Over 45 – 48 kg		
	Male	Black	Under 51 kg	Over 48 – 51 kg		
	Male	Black	Under 55 kg	Over 51 – 55 kg		
	Male	Black	Under 59 kg	Over 55 – 59 kg		
	Male	Black	Under 63 kg	Over 59 – 63 kg		
	Male	Black	Under 68 kg	Over 63 – 68 kg		
	Male	Black	Under 73 kg	Over 68 – 73 kg		
	Male	Black	Under 78 kg	Over 73 – 78 kg		

	Male	Black	Under 83 kg	Over 78 – 83 kg		
	Male	Black	Over 83 kg	Over 83 kg		
	Female	Red	Under 33 kg	33 kg & Under		
	Female	Red	Under 36 kg	Over 33 – 36 kg		
	Female	Red	Under 39 kg	Over 36 – 39 kg		
	Female	Red	Under 42 kg	Over 39 – 42 kg		
	Female	Red	Under 44 kg	Over 42 – 44 kg		
	Female	Red	Under 46 kg	Over 44 – 46 kg		
	Female	Red	Under 49 kg	Over 46 – 49 kg		
	Female	Red	Under 52 kg	Over 49 – 52 kg		
	Female	Red	Under 55 kg	Over 52 – 55 kg		
	Female	Red	Under 59 kg	Over 55 – 59 kg		
	Female	Red	Under 63 kg	Over 59 – 63 kg		
	Female	Red	Under 68 kg	Over 63 – 68 kg		
	Female	Red	Under 73 kg	Over 68 – 73 kg		
	Female	Red	Under 78 kg	Over 73 – 78 kg		
	Female	Red	Over 78 kg	Over 78 kg		
	Female	Black	Under 33 kg	33 kg & Under		
	Female	Black	Under 36 kg	Over 33 – 36 kg		
	Female	Black	Under 39 kg	Over 36 – 39 kg		
	Female	Black	Under 42 kg	Over 39 – 42 kg		
	Female	Black	Under 44 kg	Over 42 – 44 kg		
	Female	Black	Under 46 kg	Over 44 – 46 kg		
	Female	Black	Under 49 kg	Over 46 – 49 kg		
	Female	Black	Under 52 kg	Over 49 – 52 kg		
	Female	Black	Under 55 kg	Over 52 – 55 kg		
	Female	Black	Under 59 kg	Over 55 – 59 kg		
	Female	Black	Under 63 kg	Over 59 – 63 kg		
	Female	Black	Under 68 kg	Over 63 – 68 kg		

	Female	Black	Under 73 kg	Over 68 – 73 kg		
	Female	Black	Under 78 kg	Over 73 – 78 kg		
	Female	Black	Over 78 kg	Over 78 kg		

SENIOR (1) CATEGORY (18 to 30 years old)
Form G

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 42 kg	42 kg & Under		
	Male	Red	Under 46 kg	Over 42 – 46 kg		
	Male	Red	Under 50 kg	Over 46 – 50 kg		
	Male	Red	Under 54 kg	Over 50 – 54 kg		
	Male	Red	Under 58 kg	Over 54 – 58 kg		
	Male	Red	Under 62 kg	Over 58 – 62 kg		
	Male	Red	Under 66 kg	Over 62 – 66 kg		
	Male	Red	Under 70 kg	Over 66 – 70 kg		
	Male	Red	Under 74 kg	Over 70 – 74 kg		
	Male	Red	Under 78 kg	Over 74 – 78 kg		
	Male	Red	Under 82 kg	Over 78 – 82 kg		
	Male	Red	Under 86 kg	Over 82 – 86 kg		
	Male	Red	Under 90 kg	Over 86 – 90 kg		
	Male	Red	Under 94 kg	Over 90 – 94 kg		
	Male	Red	Over 94 kg	Over 94 kg		
	Male	Black	Under 42 kg	42 kg & Under		
	Male	Black	Under 46 kg	Over 42 – 46 kg		
	Male	Black	Under 50 kg	Over 46 – 50 kg		
	Male	Black	Under 54 kg	Over 50 – 54 kg		
	Male	Black	Under 58 kg	Over 54 – 58 kg		
	Male	Black	Under 62 kg	Over 58 – 62 kg		
	Male	Black	Under 66 kg	Over 62 – 66 kg		
	Male	Black	Under 70 kg	Over 66 – 70 kg		
	Male	Black	Under 74 kg	Over 70 – 74 kg		
	Male	Black	Under 78 kg	Over 74 – 78 kg		
	Male	Black	Under 82 kg	Over 78 – 82 kg		
	Male	Black	Under 86 kg	Over 82 – 86 kg		
	Male	Black	Under 90 kg	Over 86 – 90 kg		

	Male	Black	Under 94 kg	Over 90 – 94 kg		
	Male	Black	Over 94 kg	Over 94 kg		
	Female	Red	Under 42 kg	42 kg & Under		
	Female	Red	Under 46 kg	Over 42 – 46 kg		
	Female	Red	Under 50 kg	Over 46 – 50 kg		
	Female	Red	Under 54 kg	Over 50 – 54 kg		
	Female	Red	Under 58 kg	Over 54 – 58 kg		
	Female	Red	Under 62 kg	Over 58 – 62 kg		
	Female	Red	Under 66 kg	Over 62 – 66 kg		
	Female	Red	Under 70 kg	Over 66 – 70 kg		
	Female	Red	Under 74 kg	Over 70 – 74 kg		
	Female	Red	Under 78 kg	Over 74 – 78 kg		
	Female	Red	Under 82 kg	Over 78 – 82 kg		
	Female	Red	Under 86 kg	Over 82 – 86 kg		
	Female	Red	Under 90 kg	Over 86 – 90 kg		
	Female	Red	Under 94 kg	Over 90 – 94 kg		
	Female	Red	Over 94 kg	Over 94 kg		
	Female	Black	Under 42 kg	42 kg & Under		
	Female	Black	Under 46 kg	Over 42 – 46 kg		
	Female	Black	Under 50 kg	Over 46 – 50 kg		
	Female	Black	Under 54 kg	Over 50 – 54 kg		
	Female	Black	Under 58 kg	Over 54 – 58 kg		
	Female	Black	Under 62 kg	Over 58 – 62 kg		
	Female	Black	Under 66 kg	Over 62 – 66 kg		
	Female	Black	Under 70 kg	Over 66 – 70 kg		
	Female	Black	Under 74 kg	Over 70 – 74 kg		
	Female	Black	Under 78 kg	Over 74 – 78 kg		
	Female	Black	Under 82 kg	Over 78 – 82 kg		
	Female	Black	Under 86 kg	Over 82 – 86 kg		

	Female	Black	Under 90 kg	Over 86 – 90 kg		
	Female	Black	Under 94 kg	Over 90 – 94 kg		
	Female	Black	Over 94 kg	Over 94 kg		

SENIOR (2) CATEGORY (31 to 40 years old)
Form H

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 42 kg	42 kg & Under		
	Male	Red	Under 46 kg	Over 42 – 46 kg		
	Male	Red	Under 50 kg	Over 46 – 50 kg		
	Male	Red	Under 54 kg	Over 50 – 54 kg		
	Male	Red	Under 58 kg	Over 54 – 58 kg		
	Male	Red	Under 62 kg	Over 58 – 62 kg		
	Male	Red	Under 66 kg	Over 62 – 66 kg		
	Male	Red	Under 70 kg	Over 66 – 70 kg		
	Male	Red	Under 74 kg	Over 70 – 74 kg		
	Male	Red	Under 78 kg	Over 74 – 78 kg		
	Male	Red	Under 82 kg	Over 78 – 82 kg		
	Male	Red	Under 86 kg	Over 82 – 86 kg		
	Male	Red	Under 90 kg	Over 86 – 90 kg		
	Male	Red	Under 94 kg	Over 90 – 94 kg		
	Male	Red	Over 94 kg	Over 94 kg		
	Male	Black	Under 42 kg	42 kg & Under		
	Male	Black	Under 46 kg	Over 42 – 46 kg		
	Male	Black	Under 50 kg	Over 46 – 50 kg		
	Male	Black	Under 54 kg	Over 50 – 54 kg		
	Male	Black	Under 58 kg	Over 54 – 58 kg		
	Male	Black	Under 62 kg	Over 58 – 62 kg		
	Male	Black	Under 66 kg	Over 62 – 66 kg		
	Male	Black	Under 70 kg	Over 66 – 70 kg		
	Male	Black	Under 74 kg	Over 70 – 74 kg		
	Male	Black	Under 78 kg	Over 74 – 78 kg		
	Male	Black	Under 82 kg	Over 78 – 82 kg		
	Male	Black	Under 86 kg	Over 82 – 86 kg		
	Male	Black	Under 90 kg	Over 86 – 90 kg		

	Male	Black	Under 94 kg	Over 90 – 94 kg		
	Male	Black	Over 94 kg	Over 94 kg		
	Female	Red	Under 42 kg	42 kg & Under		
	Female	Red	Under 46 kg	Over 42 – 46 kg		
	Female	Red	Under 50 kg	Over 46 – 50 kg		
	Female	Red	Under 54 kg	Over 50 – 54 kg		
	Female	Red	Under 58 kg	Over 54 – 58 kg		
	Female	Red	Under 62 kg	Over 58 – 62 kg		
	Female	Red	Under 66 kg	Over 62 – 66 kg		
	Female	Red	Under 70 kg	Over 66 – 70 kg		
	Female	Red	Under 74 kg	Over 70 – 74 kg		
	Female	Red	Under 78 kg	Over 74 – 78 kg		
	Female	Red	Under 82 kg	Over 78 – 82 kg		
	Female	Red	Under 86 kg	Over 82 – 86 kg		
	Female	Red	Under 90 kg	Over 86 – 90 kg		
	Female	Red	Under 94 kg	Over 90 – 94 kg		
	Female	Red	Over 94 kg	Over 94 kg		
	Female	Black	Under 42 kg	42 kg & Under		
	Female	Black	Under 46 kg	Over 42 – 46 kg		
	Female	Black	Under 50 kg	Over 46 – 50 kg		
	Female	Black	Under 54 kg	Over 50 – 54 kg		
	Female	Black	Under 58 kg	Over 54 – 58 kg		
	Female	Black	Under 62 kg	Over 58 – 62 kg		
	Female	Black	Under 66 kg	Over 62 – 66 kg		
	Female	Black	Under 70 kg	Over 66 – 70 kg		
	Female	Black	Under 74 kg	Over 70 – 74 kg		
	Female	Black	Under 78 kg	Over 74 – 78 kg		
	Female	Black	Under 82 kg	Over 78 – 82 kg		
	Female	Black	Under 86 kg	Over 82 – 86 kg		

	Female	Black	Under 90 kg	Over 86 – 90 kg		
	Female	Black	Under 94 kg	Over 90 – 94 kg		
	Female	Black	Over 94 kg	Over 94 kg		

MASTER (1) CATEGORY (41 to 50 years old)
Form J

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 42 kg	42 kg & Under		
	Male	Red	Under 46 kg	Over 42 – 46 kg		
	Male	Red	Under 50 kg	Over 46 – 50 kg		
	Male	Red	Under 54 kg	Over 50 – 54 kg		
	Male	Red	Under 58 kg	Over 54 – 58 kg		
	Male	Red	Under 62 kg	Over 58 – 62 kg		
	Male	Red	Under 66 kg	Over 62 – 66 kg		
	Male	Red	Under 70 kg	Over 66 – 70 kg		
	Male	Red	Under 74 kg	Over 70 – 74 kg		
	Male	Red	Under 78 kg	Over 74 – 78 kg		
	Male	Red	Under 82 kg	Over 78 – 82 kg		
	Male	Red	Under 86 kg	Over 82 – 86 kg		
	Male	Red	Under 90 kg	Over 86 – 90 kg		
	Male	Red	Under 94 kg	Over 90 – 94 kg		
	Male	Red	Over 94 kg	Over 94 kg		
	Male	Black	Under 42 kg	42 kg & Under		
	Male	Black	Under 46 kg	Over 42 – 46 kg		
	Male	Black	Under 50 kg	Over 46 – 50 kg		
	Male	Black	Under 54 kg	Over 50 – 54 kg		
	Male	Black	Under 58 kg	Over 54 – 58 kg		
	Male	Black	Under 62 kg	Over 58 – 62 kg		
	Male	Black	Under 66 kg	Over 62 – 66 kg		
	Male	Black	Under 70 kg	Over 66 – 70 kg		
	Male	Black	Under 74 kg	Over 70 – 74 kg		
	Male	Black	Under 78 kg	Over 74 – 78 kg		
	Male	Black	Under 82 kg	Over 78 – 82 kg		
	Male	Black	Under 86 kg	Over 82 – 86 kg		
	Male	Black	Under 90 kg	Over 86 – 90 kg		

	Male	Black	Under 94 kg	Over 90 – 94 kg		
	Male	Black	Over 94 kg	Over 94 kg		
	Female	Red	Under 42 kg	42 kg & Under		
	Female	Red	Under 46 kg	Over 42 – 46 kg		
	Female	Red	Under 50 kg	Over 46 – 50 kg		
	Female	Red	Under 54 kg	Over 50 – 54 kg		
	Female	Red	Under 58 kg	Over 54 – 58 kg		
	Female	Red	Under 62 kg	Over 58 – 62 kg		
	Female	Red	Under 66 kg	Over 62 – 66 kg		
	Female	Red	Under 70 kg	Over 66 – 70 kg		
	Female	Red	Under 74 kg	Over 70 – 74 kg		
	Female	Red	Under 78 kg	Over 74 – 78 kg		
	Female	Red	Under 82 kg	Over 78 – 82 kg		
	Female	Red	Under 86 kg	Over 82 – 86 kg		
	Female	Red	Under 90 kg	Over 86 – 90 kg		
	Female	Red	Under 94 kg	Over 90 – 94 kg		
	Female	Red	Over 94 kg	Over 94 kg		
	Female	Black	Under 42 kg	42 kg & Under		
	Female	Black	Under 46 kg	Over 42 – 46 kg		
	Female	Black	Under 50 kg	Over 46 – 50 kg		
	Female	Black	Under 54 kg	Over 50 – 54 kg		
	Female	Black	Under 58 kg	Over 54 – 58 kg		
	Female	Black	Under 62 kg	Over 58 – 62 kg		
	Female	Black	Under 66 kg	Over 62 – 66 kg		
	Female	Black	Under 70 kg	Over 66 – 70 kg		
	Female	Black	Under 74 kg	Over 70 – 74 kg		
	Female	Black	Under 78 kg	Over 74 – 78 kg		
	Female	Black	Under 82 kg	Over 78 – 82 kg		
	Female	Black	Under 86 kg	Over 82 – 86 kg		

	Female	Black	Under 90 kg	Over 86 – 90 kg		
	Female	Black	Under 94 kg	Over 90 – 94 kg		
	Female	Black	Over 94 kg	Over 94 kg		

MASTER (2) CATEGORY (51 years old & older)

Form K

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Red	Under 42 kg	42 kg & Under		
	Male	Red	Under 46 kg	Over 42 – 46 kg		
	Male	Red	Under 50 kg	Over 46 – 50 kg		
	Male	Red	Under 54 kg	Over 50 – 54 kg		
	Male	Red	Under 58 kg	Over 54 – 58 kg		
	Male	Red	Under 62 kg	Over 58 – 62 kg		
	Male	Red	Under 66 kg	Over 62 – 66 kg		
	Male	Red	Under 70 kg	Over 66 – 70 kg		
	Male	Red	Under 74 kg	Over 70 – 74 kg		
	Male	Red	Under 78 kg	Over 74 – 78 kg		
	Male	Red	Under 82 kg	Over 78 – 82 kg		
	Male	Red	Under 86 kg	Over 82 – 86 kg		
	Male	Red	Under 90 kg	Over 86 – 90 kg		
	Male	Red	Under 94 kg	Over 90 – 94 kg		
	Male	Red	Over 94 kg	Over 94 kg		
	Male	Black	Under 42 kg	42 kg & Under		
	Male	Black	Under 46 kg	Over 42 – 46 kg		
	Male	Black	Under 50 kg	Over 46 – 50 kg		
	Male	Black	Under 54 kg	Over 50 – 54 kg		
	Male	Black	Under 58 kg	Over 54 – 58 kg		
	Male	Black	Under 62 kg	Over 58 – 62 kg		
	Male	Black	Under 66 kg	Over 62 – 66 kg		
	Male	Black	Under 70 kg	Over 66 – 70 kg		
	Male	Black	Under 74 kg	Over 70 – 74 kg		
	Male	Black	Under 78 kg	Over 74 – 78 kg		
	Male	Black	Under 82 kg	Over 78 – 82 kg		
	Male	Black	Under 86 kg	Over 82 – 86 kg		
	Male	Black	Under 90 kg	Over 86 – 90 kg		

	Male	Black	Under 94 kg	Over 90 – 94 kg		
	Male	Black	Over 94 kg	Over 94 kg		
	Female	Red	Under 42 kg	42 kg & Under		
	Female	Red	Under 46 kg	Over 42 – 46 kg		
	Female	Red	Under 50 kg	Over 46 – 50 kg		
	Female	Red	Under 54 kg	Over 50 – 54 kg		
	Female	Red	Under 58 kg	Over 54 – 58 kg		
	Female	Red	Under 62 kg	Over 58 – 62 kg		
	Female	Red	Under 66 kg	Over 62 – 66 kg		
	Female	Red	Under 70 kg	Over 66 – 70 kg		
	Female	Red	Under 74 kg	Over 70 – 74 kg		
	Female	Red	Under 78 kg	Over 74 – 78 kg		
	Female	Red	Under 82 kg	Over 78 – 82 kg		
	Female	Red	Under 86 kg	Over 82 – 86 kg		
	Female	Red	Under 90 kg	Over 86 – 90 kg		
	Female	Red	Under 94 kg	Over 90 – 94 kg		
	Female	Red	Over 94 kg	Over 94 kg		
	Female	Black	Under 42 kg	42 kg & Under		
	Female	Black	Under 46 kg	Over 42 – 46 kg		
	Female	Black	Under 50 kg	Over 46 – 50 kg		
	Female	Black	Under 54 kg	Over 50 – 54 kg		
	Female	Black	Under 58 kg	Over 54 – 58 kg		
	Female	Black	Under 62 kg	Over 58 – 62 kg		
	Female	Black	Under 66 kg	Over 62 – 66 kg		
	Female	Black	Under 70 kg	Over 66 – 70 kg		
	Female	Black	Under 74 kg	Over 70 – 74 kg		
	Female	Black	Under 78 kg	Over 74 – 78 kg		
	Female	Black	Under 82 kg	Over 78 – 82 kg		
	Female	Black	Under 86 kg	Over 82 – 86 kg		

	Female	Black	Under 90 kg	Over 86 – 90 kg		
	Female	Black	Under 94 kg	Over 90 – 94 kg		
	Female	Black	Over 94 kg	Over 94 kg		

OPEN CATEGORY (51 years old & older)

Form L

S/No	SEX	BELT	CATEGORY	WEIGHT	NAME	Kg
	Male	Black	Under 54 kg	< 54 kg		
	Male	Black	Under 58 kg	Over 54 – 58 kg		
	Male	Black	Under 63 kg	Over 58 – 63 kg		
	Male	Black	Under 68 kg	Over 63 – 68 kg		
	Male	Black	Under 74 kg	Over 68 – 74 kg		
	Male	Black	Under 80 kg	Over 74 – 80 kg		
	Male	Black	Under 87 kg	Over 80 – 87 kg		
	Male	Black	Over 87 kg	Over 87 kg		
	Female	Black	Under 46 kg	< 46 kg		
	Female	Black	Under 49 kg	Over 46 – 49 kg		
	Female	Black	Under 53 kg	Over 49 – 53 kg		
	Female	Black	Under 57 kg	Over 53 – 57 kg		
	Female	Black	Under 62 kg	Over 57 – 62 kg		
	Female	Black	Under 67 kg	Over 62 – 67 kg		
	Female	Black	Under 73 kg	Over 67 – 73 kg		
	Female	Black	Over 73 kg	Over 73 kg		

Total Players: _____ **Payment :** _____

Name & Signature of Team Manager / Coach

Receipt No : _____

Cheque No / Bank: _____

Date : _____

Cash : _____

By Invoice : Yes / No