
SINGAPORE OPEN VIRTUAL CHAMPIONSHIPS 2024 OUTLINE

1. ORGANISER : SINGAPORE TAEKWONDO FEDERATION (STF)

Address : Singapore Taekwondo Federation (STF)
7 Bedok North Street 2
Singapore 469646

Telephone : +65 6345 1491

Email : stfvtc@gmail.com (Taekwondo Related Matters)
Tournament.stf@gmail.com (Competition Related Matters)

Website: www.stf.sg

2. COMPETITION DETAILS

Date & Time : **8 June 2024, 2 pm to 10 pm**
9 June 2024, 10 am to 8 pm

Venue : STF Bedok National Training Centre
7 Bedok North Street 2, Singapore 469646

Organizer reserves the right to amend competition schedule, any changes will be posted on STF website.

3. REGISTRATION INFORMATION

Registration Period: **23 April 2024 to 17 May 2024**

Submission To: Singapore Taekwondo Federation
7 Bedok North Street 2
Singapore 469646

Registration Fee: \$54.50 per participant (Inclusive of GST, 9% as of 2024)

Team Managers: **4 June 2024, 7pm @ 7 Bedok Noeth Street 2**

3. COMPETITION RULES

Competition Rules in force as of 1st June 2024 shall be apply. (Available on STF website)

4. REGISTRATION

- i. **Registration for the championships will be opened from 23 April 2024, Tuesday, from 9am to 12.30pm and 2pm to 5pm at the STF office.**
- ii. Affiliates must produce proof of grade during registration. They may either produce the hardcopy proof or photocopy of participants' grades (Grading cards, black belt/poom certificates) are acceptable.
- iii. **Grade will be based upon registration closing date i.e. 17 May 2024**
- iv. Doctor's clearance will be required for those with pre-existing medical conditions.
- v. Submission of incomplete registration form will constitute in disqualification of the participant. Submission after 20 May 2024, 5pm will not be accepted.

5. QUALIFICATIONS

Criterion #1: Members of Clubs affiliated to Singapore Taekwondo Federation (STF)*

Criterion #2: Only opened to Poom and Black belt holders
(Grades obtained before competition registration date)

**Non-STF grade holders must be either STF invited parties or are under respective National Sports Association (NSA).*

Special circumstances and request should be directed to Organizing Tournament Committee email and subjected to approval on a case-by-case basis.

6. COMPETITION CATEGORIES

COMPETITION CATEGORY	GENDER	AGE (As Of 31 st Dec 2024)	YEAR BIRTHED
Junior Mixed	Female & Male	13 to 15	2009 to 2011
Individual Mixed	Female & Male	16 to 35	2008 to 1989
Individual Female	Female		
Individual Male	Male		
Masters Mixed	Female & Male	36 and above	1988 and before

7. METHOD OF COMPETITION

- i. Single Elimination System
- ii. Number of courts: 1 or 2
- iii. Each match is best of 3 rounds
- iv. Contest Time*: 90 seconds per round with a 1-minute rest period between rounds
**Round duration may be adjusted to ninety seconds or one-minute contest with a thirty-seconds rest between each round upon decision of the Technical Delegate.*
- v. Knock Out: Round winner by Knock Out will apply for all events
- vi. Number of participants: No limit to number of participants fielded for all events

8. EQUIPMENT AND UNIFORM

- i. Organiser will provide Virtual Taekwondo equipment (VR head & handset, wearable straps and nodes)
- ii. To ensure flow of competition and better fitting of equipment, participants must remove accessories on wrist and head (bracelet, wristlet, earring, necklace).
- iii. Taping (if any) must be inspected and signed by STF on-site medical team before competing. View STF rule at www.stf.sg for full detail on taping guideline.
- iv. Only STF approved uniforms should be worn, participants who wears unapproved uniform will not be permitted to compete. The latest STF approved uniform list can be viewed at www.stf.sg under Guidelines.
- v. Participants may wear **Full set** (Top and pants) of Taekwondo kyorugi competition uniform to compete. Uniform must have the trademark 'Singapore Taekwondo Federation' wording and logo emblazoned on the uniform adhering to the STF Taekwondo uniform guideline.
- vi. Competition Poomsae uniform is not permitted.
- vii. No wearing of shoes nor sock i.e. barefoot when competing

9. COACH REQUIREMENTS

- i. Only Kyorugi level 2 coaches wearing coach pass will be allowed to enter the Field of Play (FOP) and coach their participants.
- ii. Team Manager and Kyorugi level 1 coaches (wearing coach pass) are allowed to assist participants only at the holding area. They are not allowed to enter the FOP with participants.
- iii. Non-qualified coaches or coaches holding the wrong coach pass entering the FOP will result in immediate disqualification with follow-up disciplinary action taken against the affected coach and team, following the STF Rules and Regulations.
- iv. All coaches must attire in either track pants or business pants, collared shirt or jackets/windbreakers and 70% white-covered shoes.
- v. Teams must provide sufficient coaches to accompany participants into the FOP when their bouts are called to ensure flow of the competition. Insufficient coaches causing a delay in competition flow may result in disqualification of affected participant.
- vi. Participant entering the FOP without their coach will result in disqualification of affected participant.

10. AWARD & CLASSIFICATION OF RESULTS

- i. The following prizes will be awarded

1st Placing: 1 Gold Medal
2nd Placing: 1 Silver Medal
3rd Placing*: 1 Bronze Medal

** An additional match to determine 3rd and 4th placing will take place between loser of semi-finals*

- ii. Minus one rule will apply for awarding of medal (Refer to below table)

No. of participants in category	No. of medals awarded
2	1
3	2
4 and above	3

- iii. All medallists must be attired in full uniform during prize presentation.

11. TEAM MANAGER BRIEFING & DRAWING OF LOT

- i. Team Manager Briefing will be held on **4 June 2024, 7pm at 7 Bedok North Street 2**
Any changes will be posted on STF website at www.stf.sg.
- ii. Drawing of lot will be done via computerized random draw prior to Team Manager's briefing, drawn bout list will be sent to Team Managers a week i.e. **28 May 2024** before Team Manager's briefing.

Organizing Committee reserves the right to merge competition categories for categories with only 1 participant. In such cases, registered actual weight of participants will be taken into consideration for merger purpose.

In the event of multiple participants from the same team competing in one competition category, Organizing Committee reserves the right to place these participants in separate bout trees. Such adjustment will only be made for the first 2 draw of same team participants.

(i.e. Team A has 4 participants in the same competition category [1, 2, 3, 4], on the first draw participants 1 and 2 met in the same bout tree, in this case a redraw will be done to ensure participants 1 and 2 are in two separate trees. Subsequently, if participant 3 receive a draw to compete against participant 1 in the first match, there will not be another redraw.)

- iii. Team Managers may write in to Organising Committee at Tournament.stf@gmail.com for competition related matters.
- iv. All form of communication from Organising Committee will be directed to Team Manager's email stated in the registration form.
- v. Competition bout list will be FINALISED after Team Manager's briefing and uploaded on STF website, **strictly no request for change** will be entertained after Team Managers briefing.

12. ARBITRATION & PROTEST MATTERS

- i. Protest with regards to competition matters and results must be made by registered Team Manager or Coach.
- ii. Any protest made against a judgment shall be made on the arbitration form and submitted together with the fee of \$327.00 (GST inclusive) to the Competition Supervisory Board within 10 minutes of the pertinent contest.
- iii. Arbitration form may be found in Annex B – Forms.

13. DECLARATION & INDEMNITIES

- i. Team Manager must ensure that parents of participants under 21 years old (**Based on birthdate**) personally endorse the indemnity forms. Team Manager will be held responsible if the forms contain fake signatures.
- ii. Team Manager / Coach(es) to ensure that their participants are prepared and fit for the competition. Team Manager / Coach (es) should withdraw any participant who is not feeling well on the day of the competition.
- iii. Team Manager must declare pre-existing medical conditions on registration form and attach document of doctor's clearance during registration.
- iv. Team Manager must ensure all team members* shall have their own medical insurance coverage, including first aid and personal accident insurance.

*Team members refer to all member that identifies with the Team, including but not limited to Team Manager, Coaches, Participants, Volunteers, Referees and Supporters.

Annex B – Forms

CODE OF CONDUCT

The following guidelines are not intended to be exhaustive and include at the absolute minimum the code of conduct herein described. For the full list of acceptable decorum please view STF Rules & Regulation at www.stf.sg.

1. Team Members* must always conduct and behave themselves in a pleasant manner. They should take reasonable care to ensure that the good name of the Federation will not be tarnished by rowdy or bad behavior.
2. The decisions of all judges and referees are deemed final, in the event of a genuine dispute or disagreement, affected member(s) must:
 - a) **Refrain from use of abusive language or aggressive behavior**
 - b) **Gracefully accept the official decision**
 - c) **Logge an official protest through the Team Manager or Coach if they wish so**
3. Any dispute or protest must be made through the official channel as stated in the Competition Outline (Arbitration & Protest Matter).
4. Any attempts to discredit any competition officials, inclusive but not limited to Technical Delegate, Competition Supervisory Board (CSB) members, judges, referees, or volunteers will be faced with disciplinary actions.
5. No one, including the Team Manager or coaches, is allowed to step beyond the boundary line unless escorted by a competition official.
6. Participant(s) or Team(s) that has a record of ban / debarment are not allowed to participate in competition without first seeking clearance from the Tournament Committee.
7. The Federation and competition organizer reserves the right to vary or add to the above rules when necessary.
8. The Team Manager is responsible for ensuring that all team members adhere to the expected decorum stated within both the Code of Conduct and STF Rules & Regulation (Found in www.stf.sg)

**Team Members stated within Official Outline and Code of Conduct refers to any member that identifies with the Team, including but not limited to Team Manager, Coaches, Participants, Volunteers, Referees and Supporters.*

ARBITRATION AND SANCTION

1. CSB shall make corrections of misjudgments (if any) in accordance with decision(s) made after protest review, disciplinary action will be taken against official(s) who commits any misjudgment or illegal behavior.
2. CSB shall also be entitled Competition Extraordinary Committee of Sanction concurrently for matters in relation to competition management.
3. The Extraordinary Committee of Sanction may summon person concerned for confirmation of events.
4. The STF President or Secretary General (in case of their absence, the Technical Delegate) may request the Extraordinary Committee of Sanction for deliberation when any of the following behaviors are committed by Team Manager, Coach, or other team member(s),
 - a) Interfering with the management of contest or stirring up the spectators for the same purpose.
 - b) Interfering with the operation of the competition conducted by the STF and the Organizing Committee.
 - c) Spreading rumors for the purpose of exerting an unwarranted influence on official judgements.

AGREEMENT

Our team, with team manager as representative, hereby agrees to abide by all above guidelines **AND** the STF Competition Rules & Regulation listed on the STF website.

Team Name

Team Manager Full Name
& Signature

Date

REGISTRATION FORM A - Junior Mixed

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____

Emergency Contact Name: _____ Relation: _____ Contact No: _____

Address: _____ Postal: (S) _____

Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____

Team Name: _____ Team Manager Name: _____

Declaration

Medical condition* (NILL if none): _____ (Attach Medical Clearance) Years : _____

JUNIOR MIXED CATEGORY (13 to 15 years old, born in year 2009 to 2011)

(Please X the appropriate box)

DIVISION	FEMALE	
BELT	Poom	

DIVISION	MALE	
BELT	Poom	

Participant
Signature

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Team Manager Email

Team Manager Signature

REGISTRATION FORM B - Individual Male

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: M Year of Birth: _____ Age: _____

Emergency Contact Name: _____ Relation: _____ Contact No: _____

Address: _____ Postal: (S) _____

Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____

Team Name: _____ Team Manager Name: _____

Declaration

Medical condition* (NILL if none): _____ (Attach Medical Clearance) Years : _____

INDIVIDUAL MALE CATEGORY (16 to 35 years old, born in year 2008b to 1989)

(Please X the appropriate box)

DIVISION	MALE	
BELT	Black	

Participant
Signature

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Team Manager Email

Team Manager Signature

REGISTRATION FORM C - Individual Female

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F Year of Birth: _____ Age: _____

Emergency Contact Name: _____ Relation: _____ Contact No: _____

Address: _____ Postal: (S) _____

Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____

Team Name: _____ Team Manager Name: _____

Declaration

Medical condition* (NILL if none): _____ (Attach Medical Clearance) Years : _____

**INDIVIDUAL FEMALE CATEGORY
(16 to 35 years old, born in year 2008 to 1989)**

(Please X the appropriate box)

DIVISION	FEMALE	
BELT	Black	

**Participant
Signature**

(To be completed by parent / guardian of participant below 21 years old)

I, Mr/Mrs/Ms _____, the parent / guardian of _____ consent to his / her participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her participation in the event.

Name of Parent / Guardian

Contact No.

Signature / Date

Name of Team Manager

Team Manager Email

Team Manager Signature

REGISTRATION FORM D - Individual Mixed Category

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F/M Year of Birth: _____ Age: _____

Emergency Contact Name: _____ Relation: _____ Contact No: _____

Address: _____ Postal: (S) _____

Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____

Team Name: _____ Team Manager Name: _____

Declaration

Medical condition* (NILL if none): _____ (Attach Medical Clearance) Years : _____

**INDIVIDUAL MIXED CATEGORY
(16 to 35 years old, born in year 2008 to 1989)**

(Please X the appropriate box)

DIVISION	FEMALE	
BELT	Poom	

DIVISION	MALE	
BELT	Poom	

**Participant's
Signature**

(To be completed by parent/guardian for ages below 21, completed by participant for ages 21 and above. please circle and cross out appropriately)*

I, Mr/ Mrs/ Ms* _____, the participant / parent/ guardian* of _____ consent to his/ her/ my* participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of his / her / my* participation in the event.

Name of Parent/Guardian/Participant

Contact No.

Signature / Date

Name of Team Manager

Team Manager Email

Team Manager Signature

REGISTRATION FORM E - Masters Mixed Category

I agree to abide by the rules and regulations of the tournament and hold myself solely responsible for any injury, damage or loss sustained as a result of my participation.

Name (As per NRIC): _____ Gender: F / M Year of Birth: _____ Age: _____

Emergency Contact Name: _____ Relation: _____ Contact No: _____

Address: _____ Postal: (S) _____

Grade: _____ Date Obtained: _____ Coach Name: _____ HP: _____

Team Name: _____ Team Manager Name: _____

Declaration

Medical condition* (NILL if none): _____ (Attach Medical Clearance) Years : _____

MASTERS MIXED CATEGORY (36 years old and above, born 1988 or before)

(Please X the appropriate box)

DIVISION	FEMALE	
BELT	Poom	

DIVISION	MALE	
BELT	Poom	

(To be completed by participant)

I, Mr/Mrs/Ms _____, consent to my participation in the competition and undertake to indemnify and keep indemnified, Singapore Taekwondo Federation and the organizing committee against all claims arising out of injury, damage or loss suffered or caused in the course of my participation in the event.

Name of Participant

Contact No.

Signature / Date

Name of Team Manager

Team Manager Email

Team Manager Signature

ENTRIES FOR TEAM

Team Name: _____

Team Manager's Name: _____ **Contact No (HP):** _____

Email Address: _____

Head Coach Name: _____ **Contact No (HP):** _____

REGISTRATION SUMMARY

S/N	Name	Gender	Year of Birth	Competition Categories (Please 'X' Accordingly)				
				Mixed Junior	Mixed Senior	Individual Female	Individual Male	Mixed Masters

Payment Summary

Team Name: _____ Team Manager/Coach: _____
 Name & Signature

Total Players: _____ Payment Amount: \$ _____ Date: _____

Payment Mode: Cash / Paynow / Cheque* Receipt No : _____ *Cheque No: _____

TAEKWONDO COMPETITION ARBITRATION FORM

EVENT : _____

For Treasurer's Use
Administrative amount of S\$ 327.00 paid by: Cash / Paynow
Official Receipt No. : _____
Protest Lodged On : _____ (Date) _____ (Time)

Protestee's Particulars
Affiliate : _____
Name of Protestee : _____ Position: Coach / Team Manager

Information of Protest Concerned
Bout No. : _____ Court No. : _____ Time: _____
Category* : Male / Female Chung / Hong
Name of Player Concerned : _____
Detailed Description of Protest : _____

I declare that :
1. All the information provided in this form is accurate and true to the best of my knowledge.
2. I fully understand that any false or inaccurate data or wilful omission of information will render my protest invalid by the Competition Supervisory Board
3. I fully understand and will authorise the Competition Supervisory Board to obtain further information from me or any parties involved in relation to my protest where necessary.
4. I have read and fully understand the arbitration procedure and will abide by the decision of the Competition Supervisory Board.
<div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;"> _____ Signature of Protestee (Name) </div> <div style="text-align: center;"> _____ Date </div> </div>

For Competition Supervisory Board Use
Findings : _____
Conclusion : _____
Action : _____
Protestee informed of conclusion / action taken at : _____ (Date & Time)
<div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;"> _____ Signature of Competition Supervisory Board (Representative) </div> <div style="text-align: center;"> _____ Date </div> </div>

* Please delete, where appropriate