

Poomsae Level 1 Coach Course

(Registration Closing Date: 21 March 2025)

The Poomsae Level 1 Coach Course will be held on 29 and 30 March 2025. The course objective is to qualify black belt practitioners as Poomsae coaches and provide them with the passport to become a full-fledged national Poomsae referee. The course information are as follows:

Date/Time:	29 Mar 2025 (Saturday) 2.00pm to 7.00pm 30 Mar 2025 (Sunday) 10.00am to 7.00pm (with a lunch break from 1.00PM to 2.00pm)
Location:	STF National Training Centre Block 80 Lorong Limau #04-191 Singapore 320080

Requirements

Dress Code:	STF approved 'Dobok'
Pre-Requisite/s:	Minimum 1st Dan Black Belt Minimum 15 years old
Attendance:	100% attendance is mandatory to be eligible for the tests.
Tests:	Theory and Practical tests will be conducted at the end of the Course.
Certification:	Participants will be awarded Poomsae Coach Certificate (Level 1) upon successfully meeting the requirement of the course.

Fees

Registration	Registration Closing Date: 21 Mar 2025 (Friday)
Course Fees:	*\$70.00 (excluding GST) if registered by 21 March 2025 *\$110.00 (excluding GST) if registered after 21 Mar 2025 *course fees subjected to prevailing GST
Additional Notes:	
<ul style="list-style-type: none">• Slots are limited to 60 participants on a first-come, first-served basis registration• The Singapore Taekwondo Federation (STF) reserves the right to cancel or postpone the course at its discretion.• Participants agree to the STF's data protection policy by interacting with the federation.	