

Singapore Taekwondo Federation (STF) 2025 Calendar* (as of 16 April 2025)			
S/No.	Programme	Date(s)	Venue
1	STF 2025 National Development Squad (NDS) Open Selection	4, 5 & 11 Jan 2025	Bedok National Training Centre (Bedok NTC)
2	STF 195th Centralised Grading	12 Jan 2025	Bedok NTC
3	STF 2025 Virtual Taekwondo National Development Squad (VTKD NDS) Open Selection	22 & 23 Feb 2025	Bedok NTC
4	STF 2025 NDS Closed Selection for 33rd SEA Games (Kyorugi & Poomsae)	29 Mar & 12 Apr 2025	Bedok NTC
5	Poomsae Coach Level 1	29 & 30 Mar 2025	80 Lor Limau NTC
6	2nd STF Para Taekwondo Competition	5 Apr 2025	Bedok NTC
7	Coach Induction Course	5 Apr 2025	80 lor Limau NTC
8	Poomsae Referee Course	5 & 6 Apr 2025	80 Lor Limau NTC
9	Kyorugi Referee Course	12, 13, 19 & 20 Apr 2025	80 Lor Limau NTC
10	STF 196th Centralised Grading	20 Apr 2025	Bedok NTC
11	Kyorugi Referee Refresher Course	26 Apr 2025	Downtown East
12	Senior Belt Grading (4th Dan & Above)	1 May 2025	80 Lor Limau NTC
13	Closed Selection for Asian Cadet & Junior Championships and 2025 Asian Youth Games (AYG)	10 May 2025	Bedok NTC
14	National School Games 2025	6 to 9 May & 13 to 16 May 2025	Jurong East Sports Hall
15	Proposed SG Coach Level 1	Jun to Aug 2025	To be advised (TBA)
16	Singapore Open Poomsae Championships 2025	4 & 5 Jul 2025	Woodlands Sports Hall

*Correct as of the date and subject to update

S/No.	Programme	Date(s)	Venue
17	Singapore Open Kyorugi Championships 2025	5 & 6 Jul 2025	Woodlands Sports Hall
18	STF 197th Centralised Grading	13 Jul 2025	TBA
19	Singapore Open Invitational Virtual Taekwondo Championships	26 & 27 Jul or 23 & 24 Aug 2025	Bedok NTC
20	GetActive! Singapore (Taekwondo)	30 Jul to 3 Aug 2025	TBA
21	STF 2025 NDS 2nd Periodic Assessment / Closed Selection for Wuxi 2025 WT Championships	16 & 17 Aug 2025	Bedok NTC
22	2025 National Poomsae Championships	23 & 24 Aug 2025	Pasir Ris Sports Hall
23	Proposed SG Coach Level 2	Sep to Nov 2025	TBA
24	2025 National Kyorugi Championships	13 & 14 Sep 2025	Pasir Ris Sports Hall
25	STF 198th Centralised Grading	12 Oct 2025	TBA
26	Senior Belt Grading (4th Dan & Above)	25 Oct 2025	80 Lor Limau NTC
27	STF 2026 National Development Squad (NDS) Open Selection	Nov 2025 / Jan 2026	Bedok NTC
28	33rd SEA Games @ Thailand	10 to 13 Dec 2025	Bangkok, Chonburi & Songkhla
29	STF 2026 Virtual Taekwondo NDS Open Selection	Dec 2025 / Jan 2026	Bedok NTC
30	Proposed SG Coach Level 3	Dec 2025 to Feb 2026	TBA
31	Coach Refresher Course	Feb/Mar 2026	TBA

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