

## Poomsae Level 2 Coach Course (Registration Closing Date: 13 June 2025)

<p>The Poomsae Level 2 Coach Course will be held on 22 June 2025.</p> <p>The course objective is to enhance coaches' understanding of Poomsae patterns, techniques, and movements while improving their coaching skills to effectively guide athletes.</p> <p>Upon completion, coaches can expect to advance their skills and be awarded the Poomsae Coach Certificate (Level 2).</p>	
<b>Date/Time</b>	<b>22 June 2025 (Sunday)</b> 1.00pm to 5.00pm
<b>Location</b>	STF National Training Centre Block 80 Lorong Limau #04-191 Singapore 320080

### Requirements

<b>Dress Code</b>	STF approved 'Dobok'
<b>Pre-requisite(s)</b>	Minimum 2 <sup>ND</sup> Dan Black Belt and minimum age of 18 years old Minimum Poomsae knowledge up to Shipjin Poomsae
<b>Attendance</b>	100% attendance is mandatory to be eligible for the tests
<b>Tests</b>	<p>Theory and Practical tests will be conducted at the end of the course.</p> <ul style="list-style-type: none"> <li>Participant who fails both the theory and practical components on their first attempt will be considered to have failed the course, with no option for retake or re-attempt</li> <li>If participant fails only one component (either theory or practical), they are eligible for a retake or second attempt on specific component that they failed</li> <li>If a participant fails any component after two attempts, they will be required to register the course again</li> </ul>
<b>Certification</b>	Participant will be awarded Poomsae Coach Certificate (Level 2) upon successfully meeting the requirement of the course

### Fees & Registration

<b>Registration</b>	<b>Registration Closing Date: 13 June 2025 (Friday)</b>
<b>Course Fees</b>	<p>*SGD \$70.00 (excluding GST) if registered by 13 June 2025</p> <p>*SGD \$120.00 (excluding GST) <u>if registered after 13 June 2025</u></p> <p>(Registration closing date is 18 June 2025, 4.00pm)</p> <p>*course fees subjected to prevailing GST</p>
<b>Additional Notes</b>	
<ul style="list-style-type: none"> <li>Registration is on a first-come, first-served basis, with limited slots available for <b>40 participants</b></li> <li>The Singapore Taekwondo Federation (STF) reserves the right to cancel or postpone the course at its discretion</li> <li>Participants acknowledge and agree to abide by STF's data protection policy upon interaction with the federation</li> </ul>	

