

# Section 1: To be completed by candidate

`	DK's	. H/I	P:	
Name of Affiliate Coach: Tel:  Affiliate is Email Address:  Medical condition of candidate (if any):  I am attending the Open Selection for *Kyorugi / Poomsae (Circle where appropriate – Only 1 category is a Section 2: Coach's evaluation on candidate (To be completed by Affiliate Coach) - Please tick (	illow			
Affiliate's Email Address:  Medical condition of candidate (if any):  I am attending the Open Selection for *Kyorugi / Poomsae (Circle where appropriate – Only 1 category is a Section 2: Coach's evaluation on candidate (To be completed by Affiliate Coach) - Please tick (	ıllow			
Medical condition of candidate (if any):  I am attending the Open Selection for *Kyorugi / Poomsae (Circle where appropriate – Only 1 category is a Section 2: Coach's evaluation on candidate (To be completed by Affiliate Coach) - Please tick (	ıllow			
I am attending the Open Selection for *Kyorugi / Poomsae (Circle where appropriate – Only 1 category is a Section 2: Coach's evaluation on candidate (To be completed by Affiliate Coach) - Please tick (	ıllow			
Section 2: Coach's evaluation on candidate (To be completed by Affiliate Coach) - Please tick (		ved)	)	
Section 2: Coach's evaluation on candidate (To be completed by Affiliate Coach) - Please tick (appropriate box	<b>√</b> ) :			
		at 1	the	
Qualities of candidate	Cond (2)	G00d (2)	Very Good (3)	Excellent (4)
1. Attitude and behavior towards coaches, teammates, fellow athletes, officials, and sports administrators, whether in relation to sporting matters or otherwise		]		
2. General conduct and character which may affect the reputation, image, values or best interests				
of the athlete or the sport  3. Discipline				
4. Ability to demonstrate team spirit and work well with teammates and officials				
Section 3: Approval for Application of Candidate to attend Open Selection Boot Camp (To be Affiliate Coach) - Please tick (√) at the appropriate box  Approved  Not Approved	com	npl		
Affiliate Coach's comments about the candidate:				
Name of Afflicts Cooch Date of Americal Company of Afflicts		A 64	<b>6</b> 515 - 4	
Name of Affiliate Coach  Date of Approval  Signature of Affiliate Coach  Stamp	<b>U</b> 1 1	AII	111121	<u> </u>



Section 4: To be completed by Candidate - Please tick ( $\checkmark$ ) at the appropriate box (ONLY 1 Category (Kyorugi OR Poomsae) is allowed)

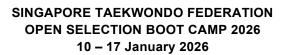
### **KYORUGI**

# CADET (Born in 2012 or 2013)

Please ( $\sqrt{\ }$ ) at the appropriate box

Please (✓) at the appropriate box					
	Male			Female	
Under 33kg	32.9 kg & Under		Under 29kg	28.9 kg & Under	
Under 37kg	33 kg – 36.9 kg		Under 33kg	29 kg – 32.9 kg	
Under 41kg	37 kg – 40.9 kg		Under 37kg	33 kg – 36.9 kg	
Under 45kg	41 kg – 44.9 kg		Under 41kg	37 kg – 40.9 kg	
Under 49kg	45 kg – 48.9 kg		Under 44kg	41 kg – 43.9 kg	
Under 53kg	49 kg – 52.9 kg		Under 47kg	44 kg – 46.9 kg	
Under 57kg	53 kg – 56.9 kg		Under 51kg	47 kg – 50.9 kg	
Under 61kg	57 kg – 60.9 kg		Under 55kg	51 kg – 54.9 kg	
Under 65kg	61 kg – 64.9 kg		Under 59kg	55 kg – 58.9 kg	
Over 65kg	Over 65 kg		Over 59kg	Over 59 kg	

Name of Accompanying Coach	Level 2 Coach Pass No.
	Contact Number





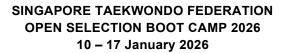
### **KYORUGI**

### JUNIOR (Born in 2011, 2010 or 2009)

Please ( $\sqrt{\ }$ ) at the appropriate box

Please (√) at the appropriate box				
	Male			Female
Under 45kg	Not exceeding 45kg		Under 42kg	Not exceeding 42kg
Under 48kg	45 kg – 47.9 kg		Under 44kg	42 kg – 43.9kg
Under 51kg	48 kg – 50.9 kg		Under 46kg	44 kg – 45.9 kg
Under 55kg	51 kg – 54.9 kg		Under 49kg	46 kg – 48.9 kg
Under 59kg	55 kg – 58.9 kg		Under 52kg	49 kg – 51.9 kg
Under 63kg	59 kg – 62.9 kg		Under 55kg	52 kg – 54.9 kg
Under 68kg	63 kg – 67.9 kg		Under 59kg	55 kg – 58.9 kg
Under 73kg	68 kg – 72.9 kg		Under 63kg	59 kg – 62.9 kg
Under 78kg	73 kg – 77.9 kg		Under 68kg	63 kg – 67.9 kg
Over 78kg	Over 78 kg		Over 68kg	Over 68 kg

Name of Accompanying Coach	Level 2 Coach Pass No.
	Contact Number





### **KYORUGI**

# SENIOR (Born in 2008 or earlier)

Please ( $\sqrt{\ }$ ) at the appropriate box

Please (√) at the appropriate box					
	Male			Female	
Under 54kg	Not exceeding 54 kg		Under 46kg	Not exceeding 46 kg	
Under 58kg	54 kg to 57.9 kg		Under 49kg	46 kg to 48.9 kg	
Under 63kg	58 kg to 62.9 kg		Under 53kg	49 kg to 52.9 kg	
Under 68kg	63 kg to 67.9 kg		Under 57kg	53 kg to 56.9 kg	
Under 74kg	68 kg to 73.9 kg		Under 62kg	57kg to 61.9 kg	
Under 80kg	74 kg to 79.9 kg		Under 67kg	62 kg to 66.9 kg	
Under 87kg	80 kg to 86.9 kg		Under 73kg	67 kg to 72.9 kg	
Over 87kg	Over 87 kg		Over 73kg	Over 73 kg	

Name of Accompanying Coach	Level 2 Coach Pass No.
	Contact Number



### **POOMSAE**

	Male				
Division	Age	Circle where appropriate*			
Cadet	Born in 2012 or 2013	Recognised / Freestyle			
Junior	Born in 2009, 2010 or 2011	Recognised / Freestyle			
Under 30	Born between 1996 - 2008	Recognised / Freestyle			
Under 40	Born between 1995 - 1986	Recognised			
Under 50	Born between 1985 - 1976	Recognised			
Under 60	Born between 1975 - 1966	Recognised			
Under 65	Born between 1965 - 1961	Recognised			
Over 65	Born in 1960 or earlier	Recognised			

<sup>\*</sup>Candidate may choose either one or both category (i.e. Recognised or Freestyle or both)

Name of Accompanying Coach	Level 2 Coach Pass No.
	Contact Number



### **POOMSAE**

	Female	
Division	Age	Circle where appropriate*
Cadet	Born in 2012 or 2013	Recognised / Freestyle
Junior	Born in 2009, 2010 or 2011	Recognised / Freestyle
Under 30	Born between 1996 - 2008	Recognised / Freestyle
Under 40	Born between 1995 - 1986	Recognised
Under 50	Born between 1985 - 1976	Recognised
Under 60	Born between 1975 - 1966	Recognised
Under 65	Born between 1965 - 1961	Recognised
Over 65	Born in 1960 or earlier	Recognised

<sup>\*</sup>Candidate may choose either one or both category (i.e. Recognised or Freestyle or both)

Name of Accompanying Coach	Level 2 Coach Pass No.
	Contact Number



# **ATHLETE'S UNDERTAKING**

	(Las	st 4 digit of NR	RIC No	)
me of Affiliate)	_			
e that the information give	n is true, correct a	nd complete. I	n the event if th	ne declaration is
be sanctioned by the relev	ant authorities.			
Date			Signature	
	Dicalaimar 9 Inc	lomnity		
	<u>Disclaimer &amp; Ind</u>	<u>iemnity</u>		
I hereby declare that I shall of its officers for any loss declare that I shall indemr against any claims losses Selection Boot Camp 20 the venue of the activities.	es and liabilities sut nify the Singapore T s liabilities suffered	ffered by me di aekwondo Fed directly or indi	irectly or indirectl eration and/or an irectly as a resu	ly and I hereby ny of its officers alt of the <b>Open</b>
Date	Signatur	e	Contact I	Number
<u>Parent</u>	al Consent for Athl	lete Below 21 \	ears of Age	
I consent to the above nam 2026. I hereby release the liabilities that may arise in	Singapore Taekwor			
·				
Name/Relationship	to Athlete		Signature/Date	:
Last four digits of	NRIC No.		Telephone Numbe	(Mobile)
		<u> </u>	reightione mailibe	519