

Taekwondo Grand Slam Youth League - Singapore 2026

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1. COMPETITION ORGANIZATION

- 2.1 Promoted By: World Taekwondo Wuxi Centre
- 2.2 Main Organiser: Taekwondo Masters Academy Singapore
- 2.3 Co-Organised By: KickLab Sports Technologies Pte Ltd
Taekwondo Wuxi Sports Co., Ltd.
Tampines West CSN
- 2.4 Supported By: Singapore Taekwondo Federation

2. COMPETITION SCHEDULE/TIMELINE AND VENUE

Date	Time	Event	Location
1 st June - 30 th June	By 2359hrs (SGT)	Registration & Submissions	Online Registration
23 rd July	By 2359hrs (SGT)	Referees reporting	Official Hotel
24 th July	12pm – 4pm	Weigh – in (Overseas Participants)	Our Tampines Hub @ Level 3 Community Auditorium
24 th July	2pm – 6pm	Referee Training & Briefing	
24 th July	6pm	Team Manager Meeting	
24 th July	7pm	Welcome Dinner	Our Tampines Hub @ Level 2 VIP Lounge
25 th July	9am to 9pm	Competition (Poomsae)	Our Tampines Hub @ Level 3 Community Auditorium
26 th July	9am to 9pm	Competition (Kyorugi)	

The Organising Committee reserves the right to make changes to the schedule and venue as it deems fit.

3. REGISTRATION

- 3.1 Online registration will be as scheduled in the timeline above for all teams and clubs.
- 3.2 Only authorised managers/coaches may register. No individual registration will be accepted.
- 3.3 All participating participant's form must be completed fully and accurately to upload.
- 3.4 All participating clubs must upload a complete set of applications include:
 - 3.4.1 Club Registration Form
 - 3.4.2 Code of conduct Form & Undertaking
 - 3.4.3 All individual participant Registration Form & Medical Declaration Form
 - 3.4.4 Registration fee to be made upon submission of all registration
 - 3.4.5 Registration is only completed after payment of fees

4. ELIGIBILITY

- 4.1 Local Competitors
 - 4.1.1 Open to members of all club affiliated to Singapore Taekwondo Federation (STF), holding a grade or certificate issued by STF.
- 4.2 Overseas Competitors
 - 4.2.1 Open to members of clubs affiliated with their country's Taekwondo Member National Association (MNA) that is recognised by World Taekwondo (WT). Their certification must be issued by or through their MNA.
- 4.3 Proof of Grade
 - 4.3.1 For local competitors, acceptable proof of grade is grading card, Poom/Dan certificate issued by STF (Grade obtained on/before April 2026)
 - 4.3.2 For overseas competitors, acceptable proof of grade are certifications issued by or through their respective country's Taekwondo Member National Association (MNA)
- 4.4 Proof of Age
 - 4.4.1 All competitors must provide proof of age during registration.
 - 4.4.2 Acceptable proof forms include Birth certificates, NRICs, FIN cards, student passes or passports.
- 4.5 Competition Fee
 - 4.5.1 S\$100 per registered participant per individual event
 - 4.5.2 S\$20 per subsequent event including Kyukpa, Speed Kicking and Rope Skipping.
 - 4.5.3 S\$40 per pair for Mixed Pair
 - 4.5.4 S\$60 per team for Team Poomsae
 - 4.5.5 S\$60 per team for Team Kyorugi
- 4.6 Kyupka, Speed Kicking and Rope Skipping event will be opened for on the spot registration at \$40 per participant.
- 4.7 Submission of incomplete registration forms will constitute in disqualification of the competitor.
- 4.8 An application is deemed incomplete if any of the items listed above are not submitted. It will not be processed until all items are received.

5. GENERAL COMPETITION RULES

- 5.1 Poomsae (Individual, Mixed Pair, Team)
 - 5.1.1 A club can send **UNLIMITED** number of players for all divisions and categories for Recognised Poomsae.
 - 5.1.2 A player can participate up to 2 individual recognised poomsae, 1 mixed pair and 1 team event.
 - 5.1.3 A coloured belt player is only allowed to choose their own grade poomsae and higher grade poomsae for additional event.
 - 5.1.4 A Poom/Dan player are allowed to choose from Koryo to Sipjin for individual event.
 - 5.1.5 Player will need to wear the correct belt for the participating poomsae.
- 5.2 Kyorugi (Individual only)
 - 5.2.1 A club can send **UNLIMITED** number of players for all Individual Kyorugi events.
 - 5.2.2 For local competitors, only Blue belt and above are eligible to participate in Kyorugi events under colour belt.
 - 5.2.3 Kyorugi rules will be based on WT Competition Rules & Regulations. All divisions will allow **head kicks**.
 - 5.2.4 For all divisions except U19, U29 and O30 category, competitors will be wearing headguard with a protective face shield.
 - 5.2.5 All competitors are advised to wear mouth guards except for U19, U29 and O30 is a **MUST** and compulsory.
- 5.3 Kyorugi (Team)
 - 5.3.1 There is no limit to the number of team a club can field for all Team Kyorugi events.
 - 5.3.2 Only Poom belt and above for local participants are eligible to participate in Team Kyorugi events.

5.3.3 Kyorugi rules will be based on WT Competition Rules & Regulations. All divisions will allow **head kicks**.

5.3.4 For all divisions except U20, U30 and O30 competitors will be wearing headguard with a protective face shield.

5.3.5 All competitors are advised to wear mouth guards except for U19, U29 and O30 is a **MUST** and compulsory.

5.4 Kyupka (Individual)

5.4.1 A club can send UNLIMITED number of players for all Individual Kyupka events.

5.5 Best of the Best

5.5.1 Minimum of 2 group champions to activate the Best of the Best series

5.5.2 All individual group champions will be competing in the category “Best of the best” event.

5.5.3 Only one (1) trophy and certificate will be awarded for this category

5.6 Age Division (for all categories)

U6	6 years old and below	Born after 1st January 2020
U8	7 years old to 8 years old	Born on 1st January 2018 to 31st December 2019
U10	9 years old to 10 years old	Born on 1st January 2016 to 31st December 2017
U12	11 years old to 12 years old	Born on 1st January 2014 to 31st December 2015
U14	13 years old to 14 years old	Born on 1st January 2012 to 31st December 2013
U16	15 years old to 16 years old	Born on 1st January 2010 to 31st December 2011
U19	17 years old to 19 years old	Born on 1st January 2007 to 31st December 2009
U29	20 years old to 29 years old	Born before 31 st December 2006
O30	30 years old and above	Born before 31 st December 1996

5.7 Uniform and Equipment

5.7.1 All local competitors must wear STF-approved uniforms. Those who fail to observe this rule will be barred from participation. All local officials and competitors are reminded that the STF-approved uniforms must be purchased from the respective approved companies as listed on the Singapore Taekwondo Federation website.

5.7.2 All overseas competitors must wear white-based WT-style uniforms approved by their countries' MNA for international competition. Those who fail to observe this rule will be barred from participation.

5.7.3 The Organising Committee will provide the PSS Headgear and Trunk Protector (Waychamp). For all other required protective equipment, competitors will have to ensure that they have their own.

5.7.4 All competitors are responsible for their own protective equipment (recognized brand from WT) for Kyorugi event. Electronic foot protector is **AVAILABLE** for loan for all participants in exchange for their competitor pass.

5.7.5 Competitors must wear the belt of the category in which they are competing. (E.g. If Competitor A is participating in the Green Belt Category; he/she must wear a Green belt when he/she is competing) Accessories such as rings, any piercings, hair clips, hair pins, necklaces, watches, bracelets shall be forbidden for all events.

5.7.6 For competitors with long hair, they shall ensure that it is neatly tucked into the headgear for Kyorugi events.

5.8 Competition Format

- 5.8.1 For all Poomsae and Kyorugi, participants will be grouped into pools of four (4) and will compete in a single elimination competition format. The winner of the first round will advance to the final round to contend for the gold and silver medals. The other two participants who do not progress from the first round will be awarded with the bronze medal.
- 5.8.2 Gold medallists will advance to the Best of the Best series if there are more than 1 group of the same age division, same weight category.

6. RULES AND REGULATIONS (POOMSAE)

- 6.1 WT and STF rules shall apply.
- 6.2 The cut-off system will be used for this competition.
- 6.3 The Organising Committee reserves the right to vary the number selected for each stage of the competition.
- 6.4 Competitors perform individually.
- 6.5 Judges will be using an electronic scoring system for all poomsae categories. In the event of a system breakdown, the Organising Committee reserves the right to use manual scoring for the finals.
- 6.6 The sequence of performance shall be as follows:
- 6.6.1 Individual/Mixed Pair/Teams (System Generated)
- 6.7 For all age divisions as stated in clause 5.6.
- 6.8 Event
- 6.8.1 Individual Event
- 6.8.1.1 Males and females will compete in separate gender categories. There will be no limits to the number of competitors to each club.
- 6.8.1.2 Competitors can only participate in 1 individual event of their grade and 1 individual event of higher grade.
- 6.8.2 Mixed Pair/Team Event
- 6.8.2.1 Mixed Pair must consist of one male and one female.
- 6.8.2.2 Team can comprises of all males, all females or mixed gender.
- 6.8.2.3 There will be no limits to the number of pairs/teams each club can send.
- 6.8.2.4 Competitors can only participate up to 1 mixed pair and 1 team of their grade or higher grade.
- 6.8.3 Recognised Poomsae (Individual / Mixed Pair/ Team)

Division	Category	Recognised Poomsae
U6 U8 U10 U12 U14 U16 U19 U29 O30	White 9	Preliminary Poomsae
	Yellow 8	Taeguk 1
	Yellow 7	Taeguk 2
	Green 6	Taeguk 3
	Green 5	Taeguk 4
	Blue 4	Taeguk 5
	Blue 3	Taeguk 6
	Red 2	Taeguk 7
	Red 1	Taeguk 8
	Poom	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
	Dan	

7. RULES AND REGULATIONS (KYORUGI)

- 7.1 WT and STF rules will apply.
- 7.2 The best of three (3) system will be used for this competition. The duration will be three 3 rounds of one (1) minute each with a 20 seconds rest period between rounds.
- 7.2.1 There will be no Golden round after the 3rd round.
- 7.3 The Organising Committee, with the approval of STF, reserves the right to modify the duration to 2 rounds of 1 minute each with 30 seconds rest in between rounds.
- 7.4 For all rounds, PSS scoring system will be used. In the event where PSS headgear is not used, the judges' decision shall be final.
- 7.5 There will be **no** Instant Video Replay for this competition.
- 7.6 Changes of competitors **will not** be allowed.
- 7.7 Competitors will compete in the same gender, age division, weight category,
- 7.8 Age will be based of the competition year.
- 7.9 Weight category

U6 (Born after 1st January 2020)										
Male	-20kg	-22kg	-24kg	-26kg	-28kg	-31kg	-34kg	-37kg	-40kg	-45kg
Female	-17kg	-19kg	-21kg	-23kg	-25kg	-28kg	-31kg	-34kg	-38kg	-43kg
U8 (Born on 1st January 2018 to 31st December 2019)										
Male	-24kg	-26kg	-29kg	-32kg	-36kg	-40kg	-44kg	-48kg	-53kg	-58kg
Female	-22kg	-24kg	-26kg	-28kg	-31kg	-34kg	-38kg	-42kg	-46kg	-51kg
U10 (Born on 1st January 2016 to 31st December 2017)										
Male	-26kg	-29kg	-32kg	-35kg	-38kg	-42kg	-46kg	-50kg	-55kg	-60kg
Female	-24kg	-26kg	-28kg	-31kg	-34kg	-37kg	-41kg	-45kg	-49kg	-54kg
U12 (Born on 1st January 2014 to 31st December 2015)										
Male	-26kg	-29kg	-32kg	-35kg	-38kg	-42kg	-46kg	-50kg	-55kg	-60kg
Female	-24kg	-26kg	-28kg	-31kg	-34kg	-37kg	-41kg	-45kg	-49kg	-54kg
U14 (Born on 1st January 2012 to 31st December 2013)										
Male	-33kg	-37kg	-41kg	-45kg	-49kg	-53kg	-57kg	-61kg	-65kg	-71kg
Female	-29kg	-33kg	-37kg	-41kg	-44kg	-47kg	-51kg	-55kg	-59kg	-64kg
U16 (Born on 1st January 2010 to 31st December 2011)										
Male	-36kg	-40kg	-44kg	-48kg	-52kg	-56kg	-60kg	-65kg	-70kg	-75kg
Female	-31kg	-34kg	-37kg	-41kg	-45kg	-49kg	-54kg	-59kg	-64kg	-69kg
U19 (Born on 1st January 2007 to 31st December 2009)										
Male	-45kg	-48kg	-52kg	-56kg	-60kg	-65kg	-71kg	-77kg	-85kg	-95kg
Female	-42kg	-44kg	-46kg	-49kg	-54kg	-59kg	-64kg	-69kg	-75kg	-85kg
U29 (Born before 31st December 2006)										
Male	-45kg	-48kg	-52kg	-56kg	-60kg	-65kg	-71kg	-77kg	-85kg	-95kg
Female	-42kg	-44kg	-46kg	-49kg	-54kg	-59kg	-64kg	-69kg	-75kg	-85kg

8. RULES AND REGULATIONS (TEAM KYORUGI)

- 8.1 STF rules will apply.
- 8.2 Traditional Team Match Format: (1st Round)
- In the 1st round, each competitor from a team will fight for one (1) round x one (1) minute against a competitor from another team in the order from lightest to heaviest. Points scored and gam-jeom by each competitor will be added up. When a contestant receives five (5) gam-jeom in a round, the opponent will be declared the winner of that round.

8.3 Tag-Team Match Format: (2nd & 3rd Round)

The 2nd and 3rd rounds shall be conducted based on a tag-team match format for 3 minutes. If the system is not able to support tag-team match format, either manual scoring or traditional team match format will be used. There is no limit to the number of replacements for both rounds. A competitor can be replaced at any time after he/she has completed a minimum of five (5) attacks. The number of attacks is independent of the opponent's number of attacks or substitutions. The number of attacks will be monitored by a special referee assistant for each team.

8.4 Declaration of winner

A team can be declared the winner in the following ways:

8.4.1 [Win By Final Score - PTF] The team that scores more points in the accumulation of the three rounds shall be declared the winner.

8.4.2 [Win By Point Ceiling - PTC] The team that scores 80 points first shall be declared the winner at any time during the competition.

8.4.3 [Win By Punitive Declaration - PUN] The team that reaches 30 gam-jeom in total shall be declared the loser at any time during the competition.

8.4.4 [Win By Point Gap - PTG] When there is a score gap of 40 points, the match shall be automatically concluded at any time during the competition.

8.4.5 [Win by Referee Stop Contest - RSC] If a team has less than 50% of remaining active competitors due to injury/knock-out (KO), the match shall be concluded at any time during the competition.

8.4.6 [Win by Disqualification - DSQ] All competitors in the team must compete in all rounds or the team will be declared the loser.

8.5 Other rules and considerations

For all rounds, only PSS scoring shall be applied. In the absence of the electronic head gear, the judges' decision is final, and no video replay will be allowed for head kicks/contacts to the head. No video replay is allowed for the team sparring event. No slotting/changing of competitors is allowed after the registration closing date. The OC reserves the right to modify the team sparring rules due to clarifications and consensus during the Briefing and Drawing of Lots. Team managers and coaches should reach a consensus during the Head of Teams briefing. The OC reserves the right to stop any team from registering or competing due to safety concerns about the composition of the team.

8.6 Method of competition – Kyorugi (Team)

8.6.1 System: Single elimination tournament system (U16,U19 & U29)

8.6.2 Team of 3: 3 rounds x 3 minutes x 1 minute rest break

Male Division		Female Division	
Category	Weight Allowance	Category	Weight Allowance
U16 & U19	U49kg, U53kg, U58kg	U16 & U19	U45kg, U48kg, U53kg
U29	U58kg, U62kg, U66kg	U29	U51kg, U55kg, U59kg

9. RULES AND REGULATIONS (KYUPKA)

9.1 Individual Event

9.2 Male and female will compete in same gender categories. There will be no limits to the number of competitors to each club

9.3 Separators **will not** be used between the boards for the event.

9.4 Participants may wear kyorugi hand glove for all kyupka event.

9.5 Kyupka Category

Category	Breaking Technique	Board Thickness	Number of Board to Break	Medals
U6 & U8 & U10	Fist (Knuckle) / Hammer Fist	1.0cm	3	To achieve the highest award, break all boards for the Gold medal 1 try – Gold 2 tries – Silver 3 tries – Bronze
U12 & U14	Fist (Knuckle)	1.0cm	5	
U16 & U19				
U29 & O30			7	

10. RULES AND REGULATIONS (SPEED KICKING)

- 10.1 Individual Event
- 10.2 Male and female will compete in same gender categories. There will be no limits to the number of competitors to each club
- 10.3 Only competing in Front Kick and Turning
- 10.4 Speed Kick Category

Category	Kicking Technique	Duration	GOLD	SILVER	BRONZE
U6 & U8 & U10	Front Kick (Double Leg)	10 secs	20	17	14
U12 & U14			25	21	17
U16 & U19	Turning Kick (Single Leg)	10 secs	25	20	15
U29 & O30			30	25	20

11. RULES AND REGULATIONS (ROPE SKIPPING)

- 11.1 30-second single bounce jump (for the children's group, the double-footed jump method is required; other groups can only use one jump method);
- 11.2 30-second reverse single bounce jump (no distinction by gender or age group, only one jump method is used);
- 11.3 1-minute single bounce jump (for the children's group, the double-footed jump method is required; other groups can only use one jump method);
- 11.4 1-minute one-handle one-bounce jump (no distinction by gender or age group).

12. FIXTURES

- 11.1 The tournament fixtures will be ready for dissemination during the Team Manager Conference.

13. WEIGHT IN

- 13.1 It is compulsory for all competitors to undergo the official weigh-in at the scheduled time.
- 13.2 Competitors will be disqualified if they do not meet the weight for their respective weight divisions which includes the random weigh-in conducted prior to the match when the official is of the opinion that there is weight discrepancy.
- 13.3 There will be a **0.5kg weight allowance**. Competitors who are underweight or overweight shall be disqualified.
- 13.4 Weigh-in will be conducted once. Switching of weight categories after registration will not be entertained.

13.5 During the weigh-in, competitors may weigh in tee-shirts and shorts. **No nude weigh-in** is allowed.

14. PROVISION OF REFEREES

14.1 All referees are being selected and arranged by the organiser.

14.2 Referees are to wear official refereeing attire on competition day.

15. COMPETITION OFFICIAL COACH PASS

15.1 Professional coach passes are required for all tournaments organised or sanctioned by the STF.

15.2 The Organising Committee will be issuing professional coach pass to all registered coaches. Registered coaches are required to prominently always display their professional coach pass when they are within the field of play.

15.3 All coaches must sign and submit their **Individual** Code of Conduct form.

16. COACH ATTIRE

16.1 Coaches should be appropriately attired when they enter the field of play. Only track pants, business pants, collar tee-shirts, tee-shirts with jackets or windbreakers, and 70% white-covered shoes are allowed. Slippers, collarless tee-shirts, singlet, jeans, cargo pants, tights and shorts are **strictly not permitted**.

17. DRAWING OF LOTS

17.1 Drawing of lots will be held internally by the organiser.

18. AWARDS

18.1 The following prizes will be presented Poomsae and Kyorugi event:

1st Place: One Gold Medal

2nd Place: One Silver Medal

3rd Place: Two Bronze Medal

18.2 Competitors who have no opponents in their registered Poomsae category will be required to perform the required Poomsae, to be awarded with the Gold medal.

18.3 Competitors who have no opponents in their registered Kyorugi category are required to do the official weigh-in and collect the medal by the coaches or team manager.

18.4 All medal winners are awarded after each of their category event..

19. TEAM AWARDS

19.1 Team rankings will be determined based on the following points system:

Gold Medal: 100 points

Silver Medal: 80 points

Bronze Medal: 60 points

Each Registered Participant: 10 points

19.2 This system rewards both performance and participation, encouraging clubs to bring strong and active teams to compete.

19.3 Top 3 clubs in both local and international categories will receive 1 set of Waychamp PSS System (Bluetooth Edition)

19.4 Each set includes 1 pair of Electronic Body Protectors, 1 pair of Electronic Head Guards, 2 pair of Sensor Socks and 1 receiver. Sizes are randomly assigned based on shipment stock.

20. DECLARATION

20.1 Any previous training in other martial arts must be declared in the registration form.

20.2 Affiliate representatives (Managers/Coaches) must ensure that parents of competitors personally endorse the indemnity forms. They will be held responsible if the forms contain fake signatures.

- 20.3 Doctor's clearance will be required for those with pre-existing medical conditions. The organising committee and the Technical Delegate, with the approval of the STF reserve the right to stop any competitor from competing due to safety concerns.
- 20.4 Managers/Coaches are to ensure that their competitors are prepared and fit for the competition. They should withdraw any competitor who is not feeling well on the day of the competition. The organising committee and the Technical Delegate, with the approval of the STF reserve the right to stop any competitor from competing due to safety concerns.

21. PROTEST/ARBITRATION

- 21.1 Any protest on a judgement shall be made on a prescribed form and submitted together with a fee of USD300 to the Competition Supervisory Board **within 10 minutes** of the pertinent contest.
- 21.2 Only the team manager is permitted to submit a formal protest.
- 21.3 Any protest that fails to meet the above conditions will not be entertained.

22. GENERAL CODE OF CONDUCT

- 22.1 The following guidelines are not intended to be exhaustive and include the absolute minimum code of conduct expected of coaches, team delegates and competitors.
- 22.2 All participants (e.g. coaches, team delegates and competitors) must always conduct and behave themselves in a manner befitting of a Taekwondo exponent and will take reasonable care to ensure that the good name of Taekwondo will not be tarnished by rowdy or bad behaviour.
- 22.3 Coaches are to ensure that they and any other members of their delegation:
- 22.3.1 Do not smoke anywhere on the premises.
 - 22.3.2 Do not damage or steal the premise's property.
 - 22.3.3 Do not wander into unauthorised areas that are outside the designated competition venue.
 - 22.3.4 Accept that the decisions of all judges and referees are deemed final, save that in the event of a genuine dispute or disagreement, the complainant must:
 - 22.3.4.1 Refrain from using abusive language and aggressive behaviour.
 - 22.3.4.2 Channel his/her protest through the Team Manager or coach of his/her club to the Competition Supervisory Board.
 - 22.3.4.3 Disciplinary action shall be taken against those who attempt to discredit the officials, judges or referees.
 - 22.3.4.4 No one, including the Team Manager or coach, is allowed to approach the Recorder's table
 - 22.3.4.5 Anyone previously disqualified from STF tournaments is not allowed to participate without first seeking clearance from the STF Secretariat

23. RANDOM WEIGHT CHECK

- 23.1 Random weight checks and competitors' grade and age checks will be conducted during the championships. Competitors who fail any requirements will be disqualified.

24. INSURANCE COVERAGE

- 24.1 The Organizing Committee shall provide public liability insurance coverage throughout the duration of the tournament to ensure protection against claims for bodily injury or property damage arising from the event.
- 24.2 However, it is the sole responsibility of participating clubs to ensure that their team officials, coaches, and athletes have adequate personal accident and medical insurance coverage for the entirety of their participation in the tournament. The Organising Committee shall not be liable for any claims related to personal injuries, health issues, or other incidents beyond the scope of public liability insurance coverages.

25. ORGANIZING COMMITTEE

25.1 This championship is promoted by World Taekwondo Wuxi Centre and supported by Singapore Taekwondo Federation, organised by Taekwondo Masters Academy Singapore and co-organised by Kicklab Sports Technologies Pte Ltd, Taekwondo Wuxi Sports Co., Ltd. And Tampines West CSN. The committee comprises of:

Organising Chairman:	Mr Kelvin Lim
Deputy Chairman:	Mr Romeo Ng
Operation Manager:	Mr William Lee
Logistic Manager:	Mr Jonas Lim
Administrative Manager:	Ms Liu Jia Ai

26. ENQUIRIES

26.1 For further clarifications, please contact Mr Kelvin Lim @ +65 90616858 (whatsapp) or email kicklabsg@gmail.com.

27. AMENDMENT OF COMPETITION RULES

27.1 The Organising Committee, with the sanction of the STF, reserves the right to vary or add to the above if and whenever necessary.

Taekwondo Grand Slam Youth League - Singapore 2026

REGISTRATION FORM

PARTICULARS OF PARTICIPANT:			
Name in Full (Underline your Surname):		NRIC/FIN/Passport No.:	Citizenship:
Home Address:		Photo:	
Name of Club:		Date of Birth (DD/MM/YYYY):	Sex: *Male/Female
Mobile/Home No.:	Current Weight (kg):	Current Grade (as of April 2026):	Age (as of 2026):
COMPETITION EVENT (please tick accordingly):			
Poomsae:	<input type="checkbox"/> White 9 <input type="checkbox"/> Yellow 8 <input type="checkbox"/> Yellow 7 <input type="checkbox"/> Green 6 <input type="checkbox"/> Green 5	<input type="checkbox"/> Blue 4 <input type="checkbox"/> Blue 3 <input type="checkbox"/> Red 2 <input type="checkbox"/> Red 1 <input type="checkbox"/> Koryo	<input type="checkbox"/> Keumgang <input type="checkbox"/> Taebaek <input type="checkbox"/> Pyongwon <input type="checkbox"/> Sipjin <input type="checkbox"/> Kyorugi (Colour) <input type="checkbox"/> Kyorugi (Red) <input type="checkbox"/> Kyorugi (Poom) <input type="checkbox"/> Kyorugi (Dan)
NEXT-OF-KIN PARTICULARS:			
Name in Full:		Citizenship:	Relationship to Participant:
Home Address:		Mobile/Home No.:	
DECLARATION AND INDEMNITY (to be completed by applicant):			
<p>I agree to abide by the rules and regulations of the tournament. I will uphold good sportsmanship and understand that any misconduct on my part may result in the removal of the tournament and disqualification from the competition. I hold myself solely responsible for any injuries, damage or loss sustained as a result of my participation during this Championships.</p>			
_____ Signature of Participant		_____ Date	
INDEMNITY (to be completed by Parent/Guardian for applicant below 21 years of age):			
<p>I, (Name in Full) _____, hereby acknowledge and consent my *son/daughter/ward (Name in Full) _____ to take part in the Taekwondo Grand Slam Youth League - Singapore 2026. I do hereby understand that my *son/daughter/ward will be participating in this event at *his/her own risk and therefore, I will not hold the Singapore Taekwondo Federation, the event organiser or anyone so concerned, responsible for any injuries, accidents or mishaps that may befall on *him/her during the course of the event.</p>			
_____ Parent's/Guardian's Signature		_____ Date	

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MEDICAL DECLARATION FORM

MEDICAL DECLARATION BY PARTICIPANT (please tick accordingly):			
Have you ever had:	Yes	No	Remarks
Chest pain, heart problems/conditions, murmurs, high blood pressure			
Asthma, tuberculosis, lung problems			
Fits, fainting spells, severe head injury			
Dizziness, loss of balance, loss of consciousness			
Eye problems			
Ear problems			
Nervous illness			
Diabetes			
Bone or joint injury			
Medical treatment within the last 2 years			
Do you require routine medication?			
Do you have any other medical history/drug allergies?			

I declare that all the information provided above are true. I am currently not suffering from any acute ailment or diseases. I hereby declare that I am fit to participate in the Taekwondo Grand Slam Youth League - Singapore 2026.

I am aware that any consumption of illegal substances and vaping in Singapore is not allowed and will face severe penalties, including lengthy imprisonment, fines and even death penalty in some cases. I am also aware that smoking and littering are strictly not allowed in the competition venue.

Name & Signature of Participant

Date

Name of Parent/Guardian & Signature

Date

Taekwondo Grand Slam Youth League - Singapore 2026

To: Chairman of the organising committee
Taekwondo Grand Slam Youth League – Singapore 2026

On behalf of _____ (participating club), I hereby submit the attached entry forms and confirmed that the competitors are all the members of the club.

Our team agrees to abide by the rules and regulations of this championship.

NAME OF TEAM COACH		
NAME OF TEAM MANAGER		
Authorized Signature	Official Club Stamp	Date of Submission

Taekwondo Grand Slam Youth League - Singapore 2026

CODE OF CONDUCT

The following guidelines are not intended to be exhaustive and include at the absolute minimum the code of conduct herein described.

1. All participants (e.g. coaches, team delegates and competitors) must at all times conduct and behave themselves in a manner befitting of a Taekwondo exponent and will take reasonable care to ensure that the good name of the Federation will not be tarnished by rowdy or bad behaviour.
2. The decisions of all judges and referees are deemed final, save that in the event of a genuine dispute or disagreement, the complainant must:
 - a) Refrain from use of abusive language.
 - b) Channel his / her protest through the Team Manager or coach of his / her club to an authorised official of the Federation on the day of the event.
3. Any attempts to discredit any officials, judges, and referees without good cause subjects those competitors to disciplinary actions.
4. No one, including the Team Manager or coaches is allowed to step beyond the boundary line of the RECORDER'S table.
5. Anyone previously disqualified is not allowed to participate without first seeking clearance from the Secretariat.
6. The Federation and/or its organising committee reserve the right to vary or add to the above rules if and whenever necessary.

RULES, ARBITRATION AND SANCTION

The Competition Supervisory Board shall make corrections of misjudgements according to their decision regarding protests and take disciplinary action against the officials committing the misjudgement or any illegal behaviour and the results of which shall be sent to the Secretariat of the STF. The Competition Supervisory Board shall also be entitled the Extraordinary Committee of Sanction concurrently at the competition for the matters in relation to competition management.

1. The Sanctions Committee shall comprise three senior members appointed by the STF President. In his absence, the Tournament Chairman shall appoint the members.
2. The STF President or Hon Secretary (in case of their absence, the Technical Delegate) may request the Extraordinary Committee of Sanction for deliberation when any of the following behaviours are committed by a coach or a competitor.
 - 2.1 Interfering with the management of contest or stirring up the spectators for the same purpose.
 - 2.2 Interfering with the operation of the competition conducted by the STF and the organising committee.
 - 2.3 Spreading false rumour for the purpose of exerting an unwarranted influence on the judgement.
3. The competitor and his/her coach will face the Sanctions Committee if the competitor displays unsporting behaviour including but not limited to
 - 3.1 Failing to shake the opponent's hand or hug the opponent after the declaration of the winner.
 - 3.2 Playing the fool during the match.
 - 3.3 Inviting the opponent condescendingly or in any manner to attack.
 - 3.4 Failing to approach and bow to the opponent's coach
 - 3.6 Refusing to leave the competition area after the match.
 - 3.7 Ignoring competition officials' instructions or commands.
 - 3.8 Questioning or cursing the referees or other officials.
4. The coach shall face the Sanctions Committee if he or she misconducts himself or herself.
5. When judged reasonable, the Extraordinary Committee of Sanction shall deliberate over the matter and takes disciplinary action immediately. The result of deliberation shall be announced to the public and reported to the STF Secretariat afterwards.
6. The Extraordinary Committee of Sanction may summon the person concerned for confirmation of events.

AGREEMENT

I/Our team agree to abide by the guidelines.

CLUB

Full Name & Signature of Team Manager/Coach

Date